

CONFOCAL MICROSCOPY

Jeremy Adler

Boulevard du Temple..... a busy street ?



Daguerrotype (Paris,1838)

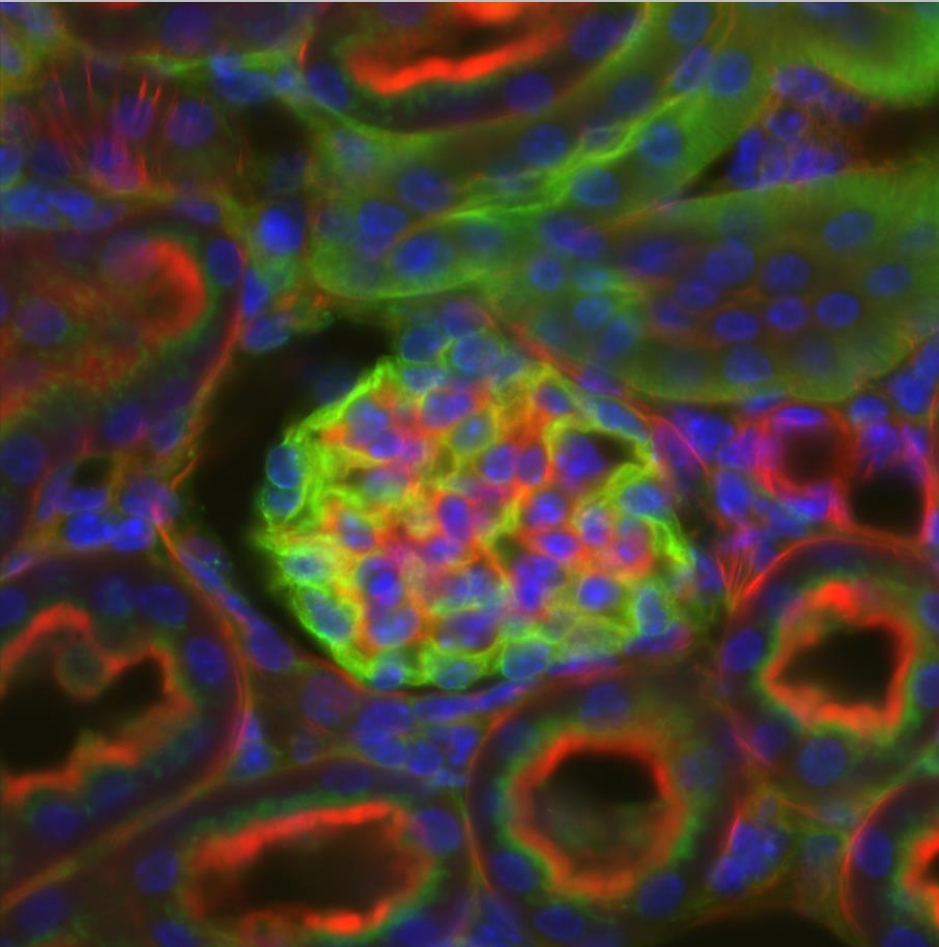


. Uppsala University . Platform . Biological Visualization .

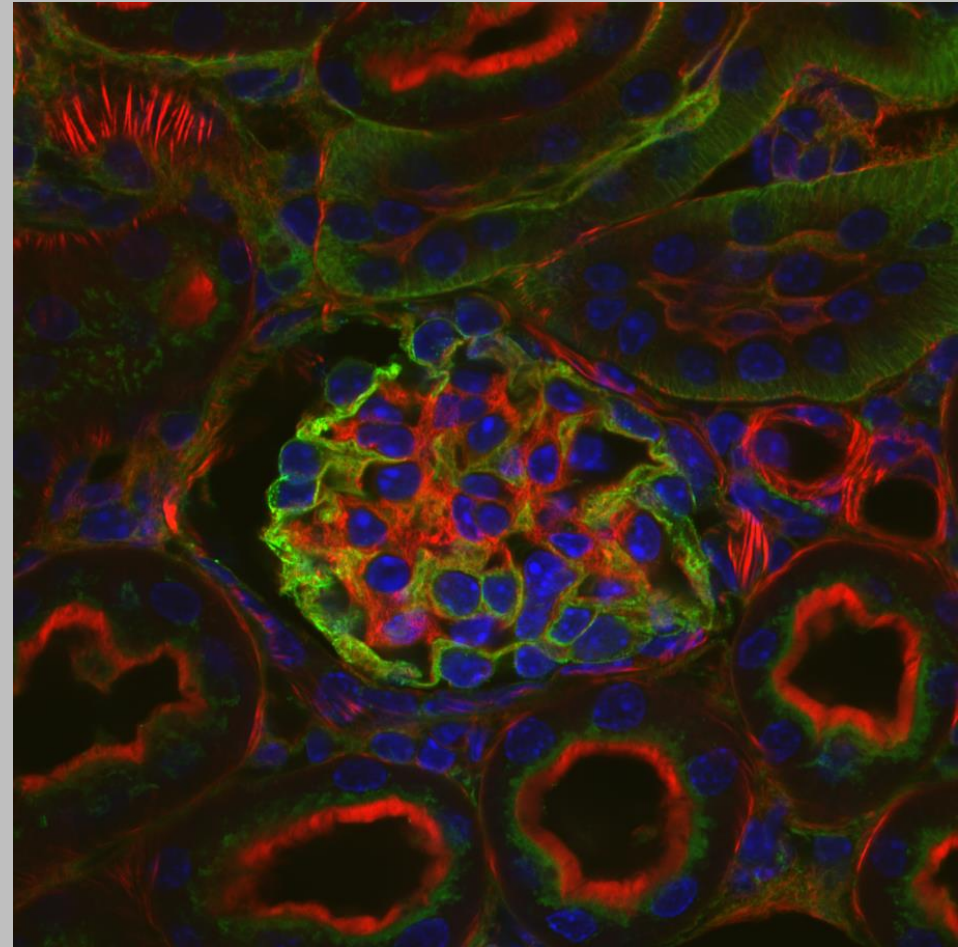
BIOVIS

Light & Electron Microscopy : Flow Cytometry : Image Analysis

Widefield & Confocal Microscopy



Widefield



Confocal

Laser Scanning Microscopy (LSM)

Comparison

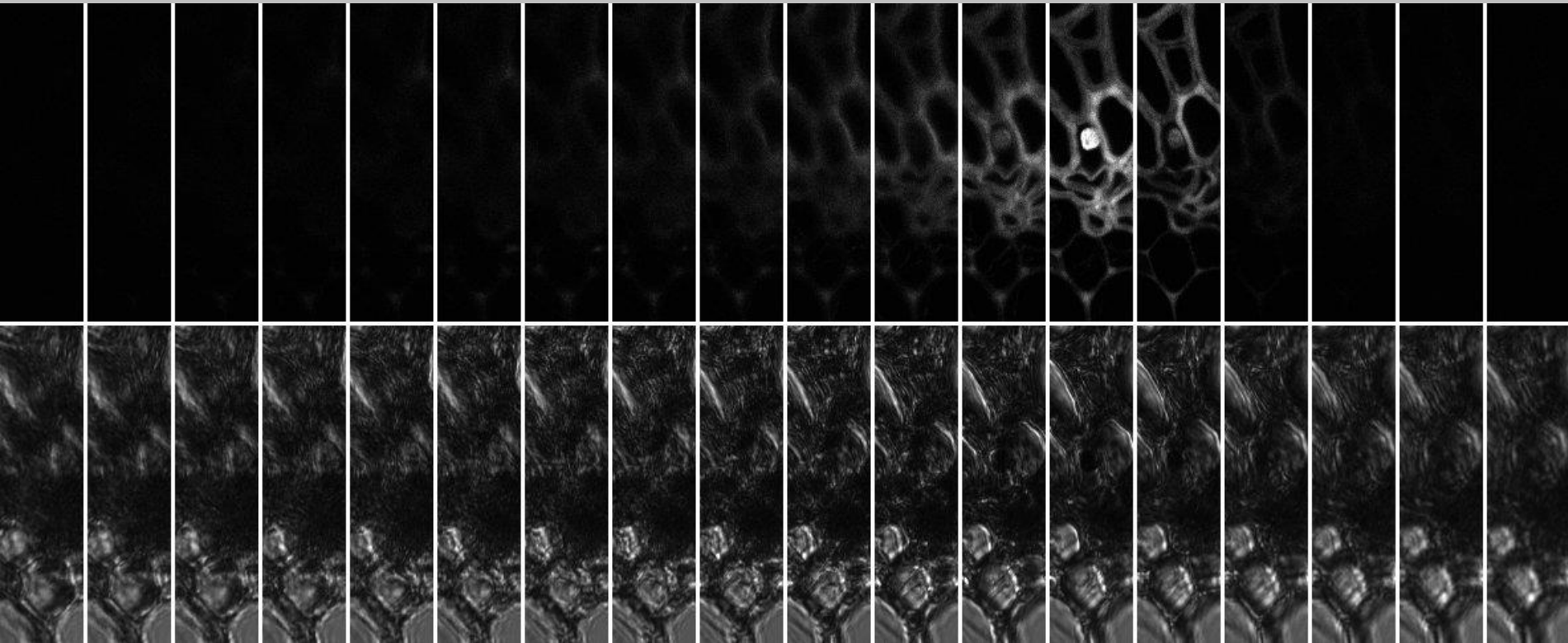
Confocal & Widefield

Z series

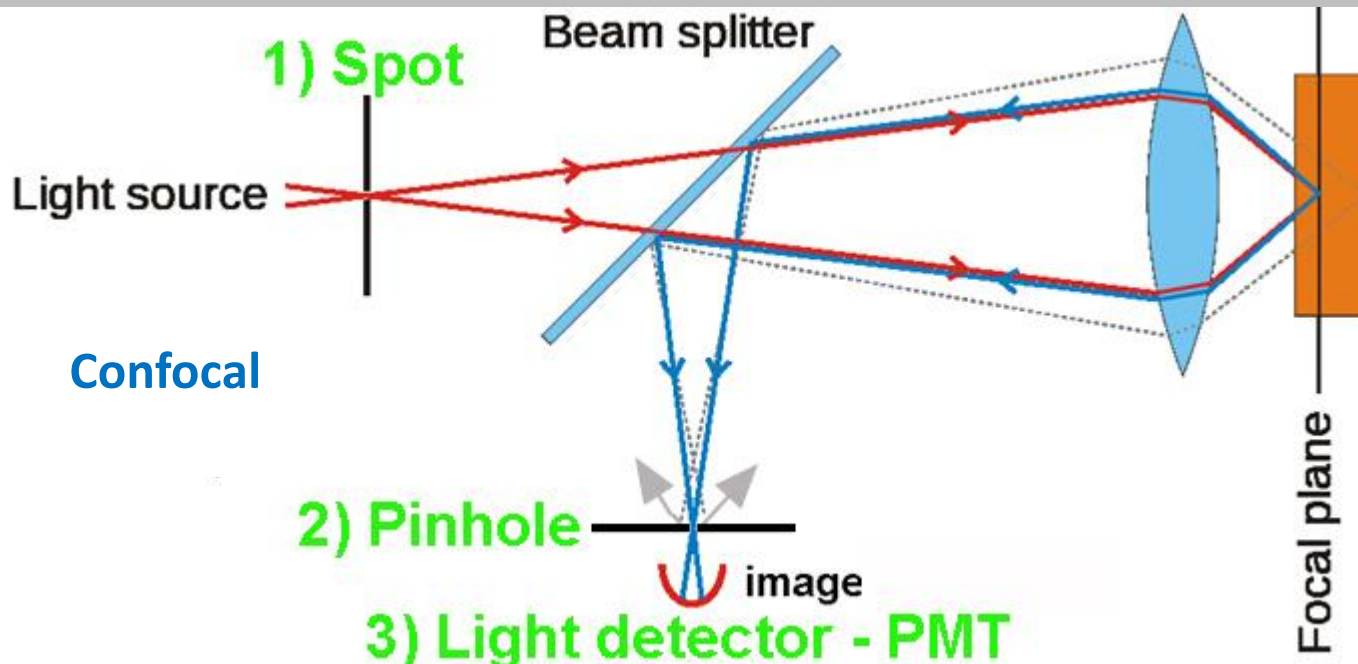
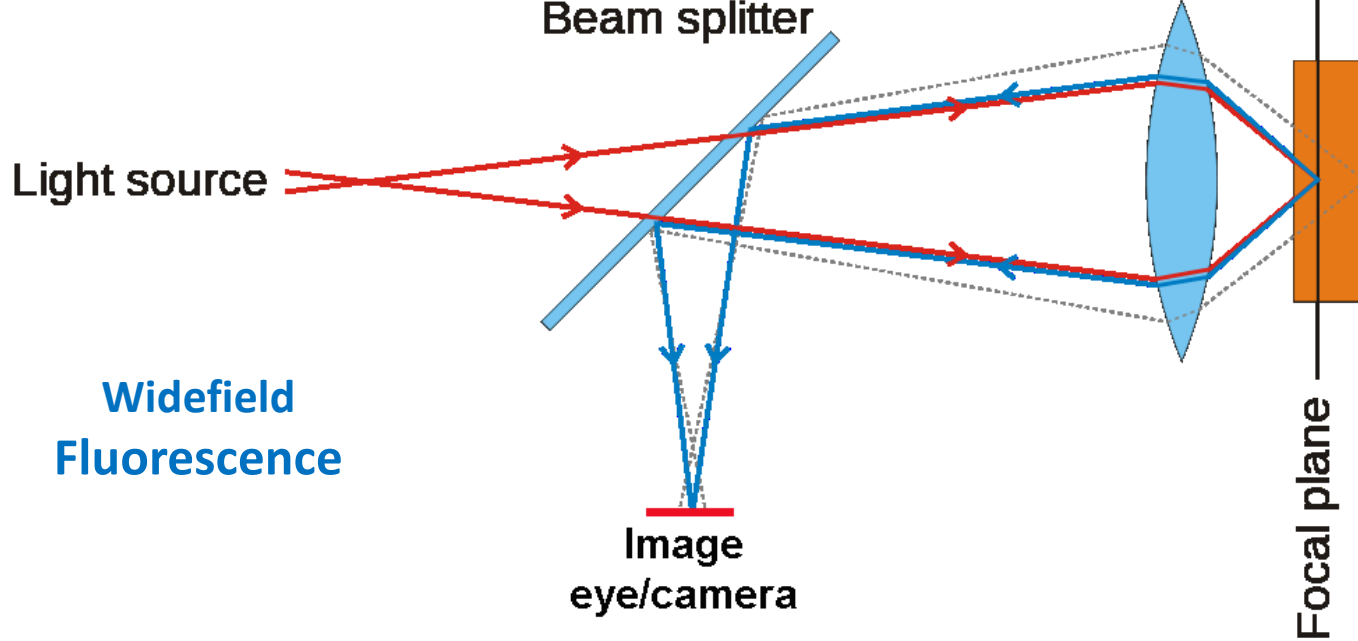
3um steps

20x NA 0.8

Confocal



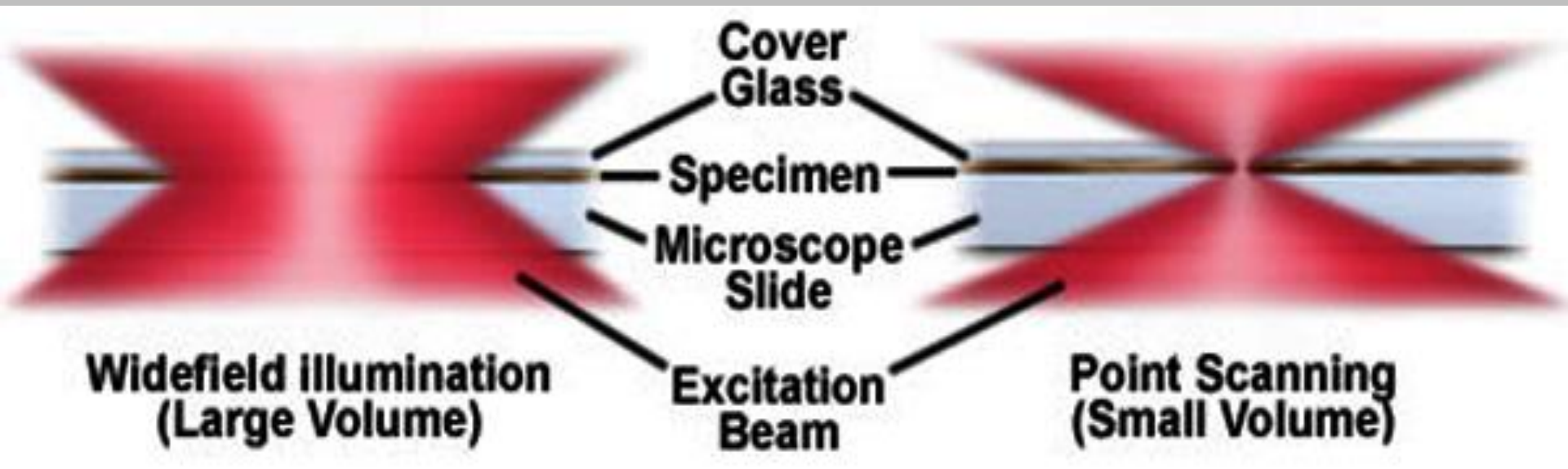
Widefield



Illumination

Widefield

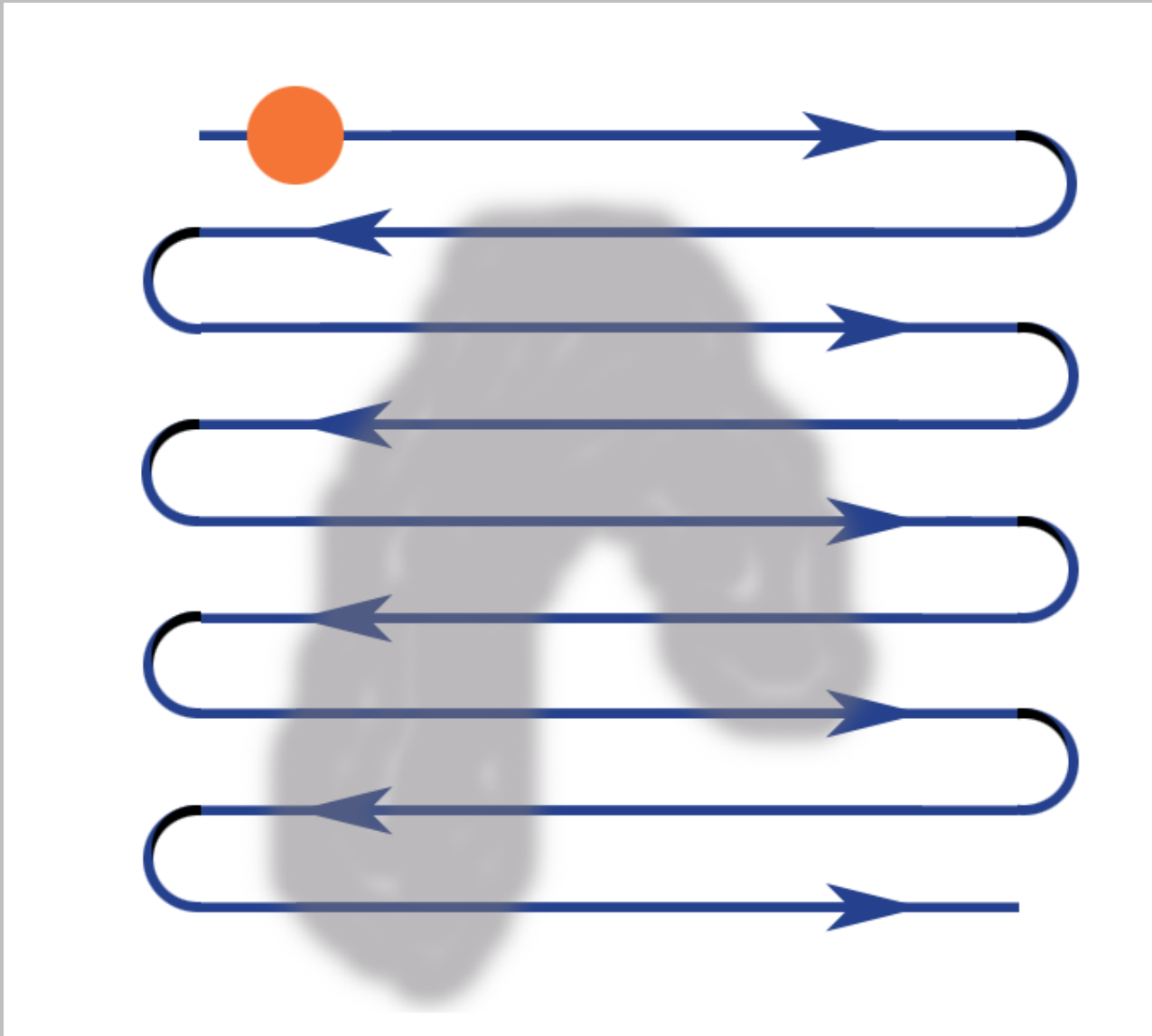
Confocal



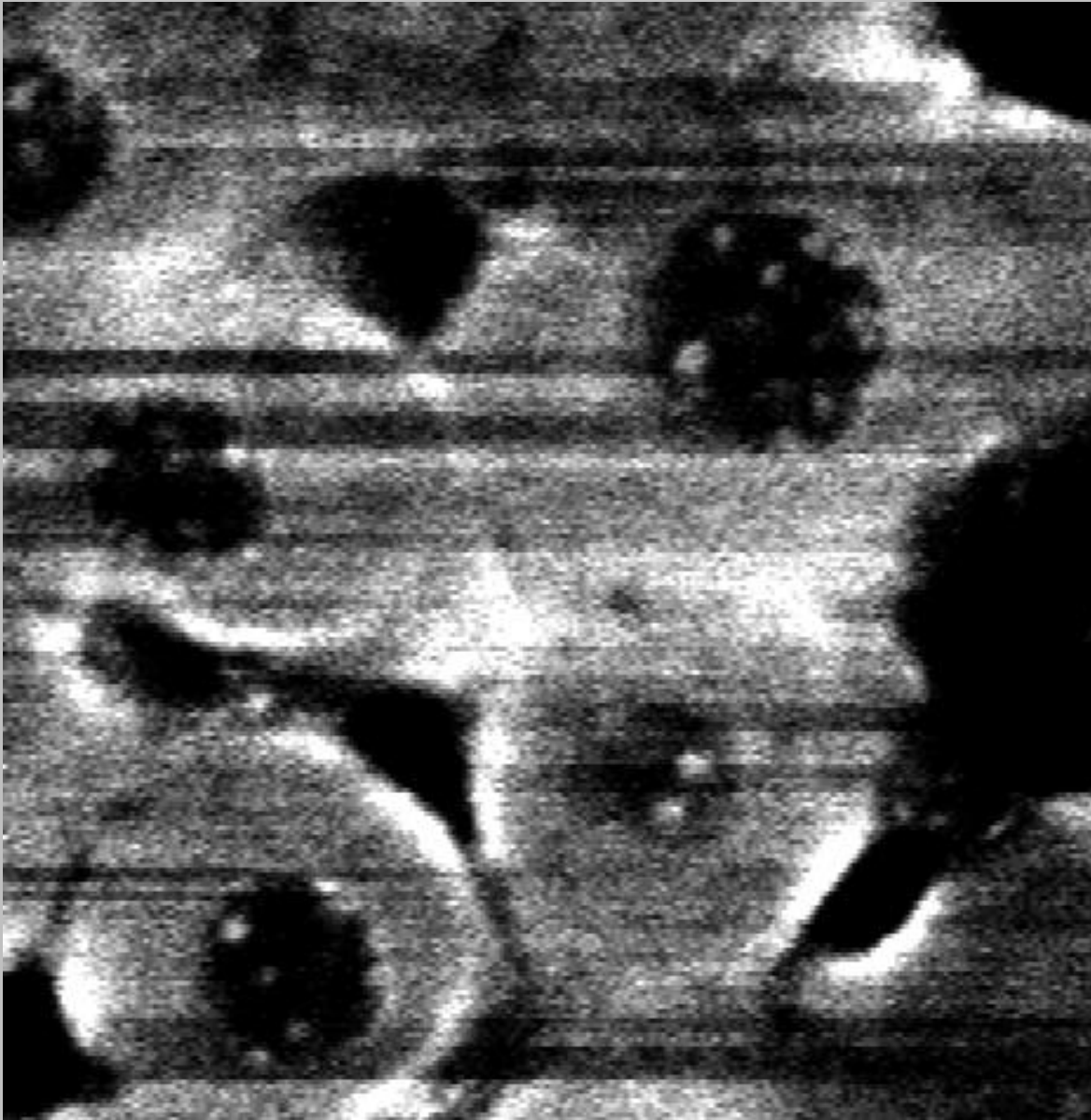
AREA

SPOT

Build an image by scanning the single spot



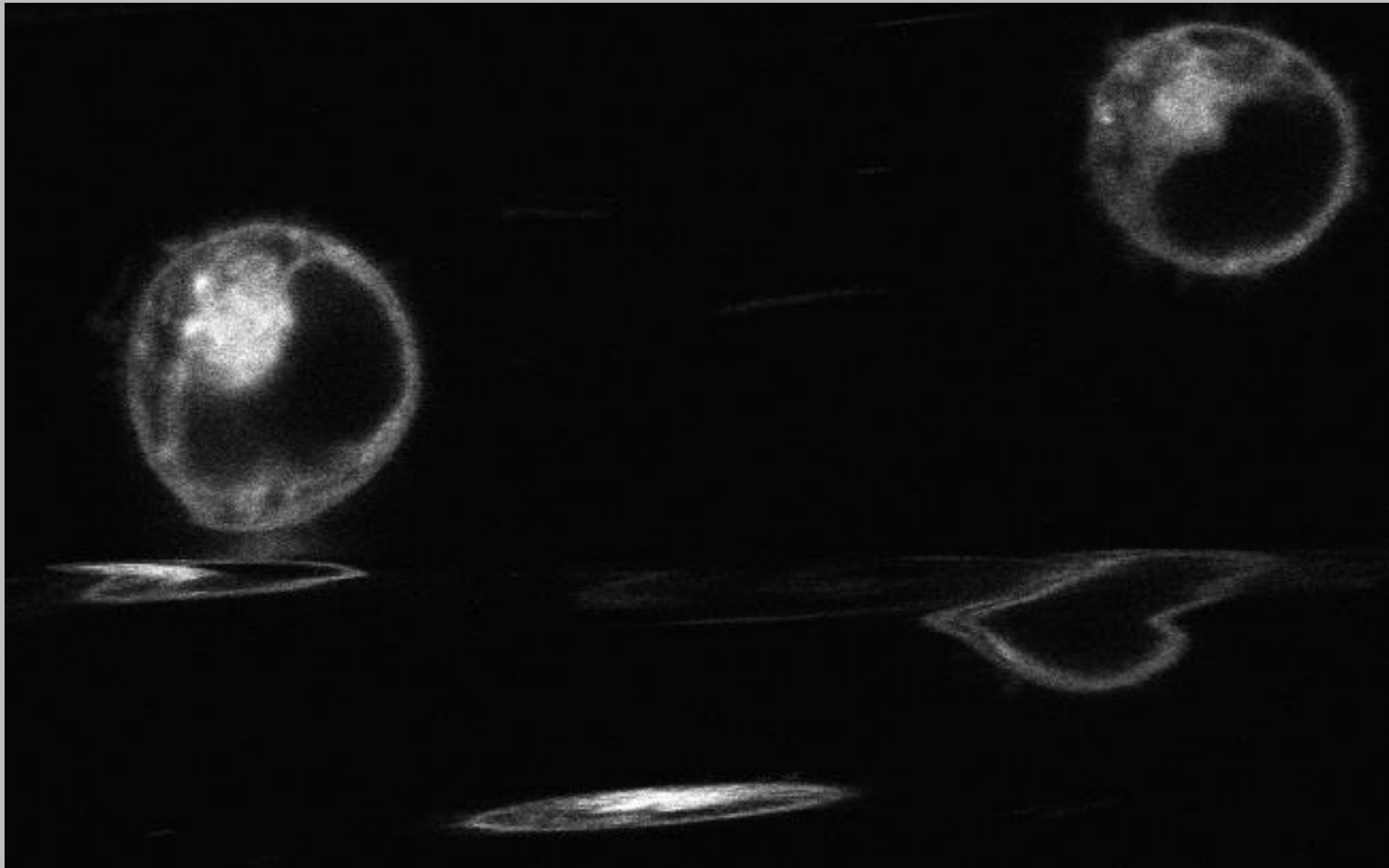
Scanning
optics
In the
confocal



Note

Horizontal
lines !

Unstable
laser
or
light detector



Round cells moving during image acquisition

Confocal – Clever Bits

1) spot of light
scanned
to build image

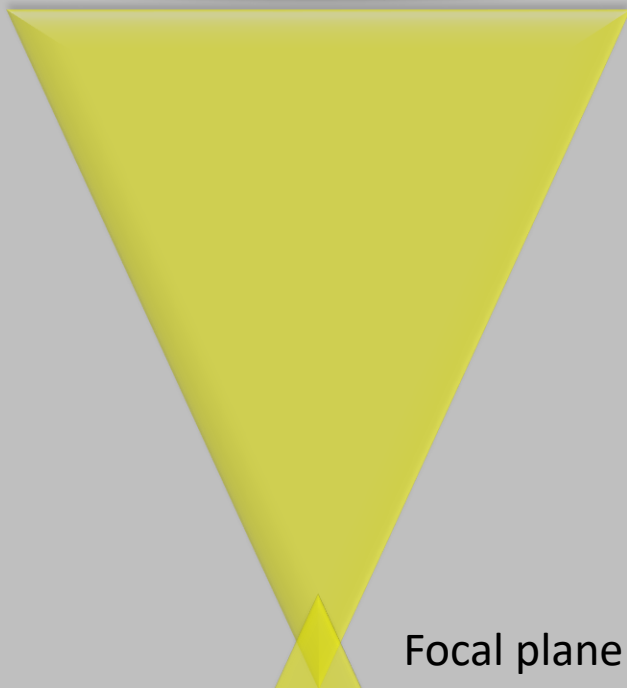
2) A pinhole in front of the detector
Rejects out of focus light

Result – Optical Sectioning

Illumination - fluorescence



Lens



Focal plane

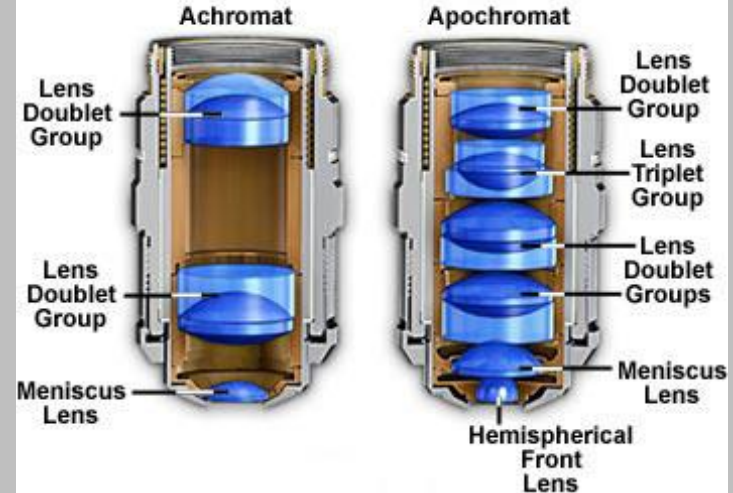
Fluorophores inside
the illumination cones are
excited

More excitation
at the
Focal plane

Objectives



Achromatic and Apochromatic Objective Correction



Numerical aperture (resolution)

Immersion medium: air, water, oil

Corrections: spherical, chromatic

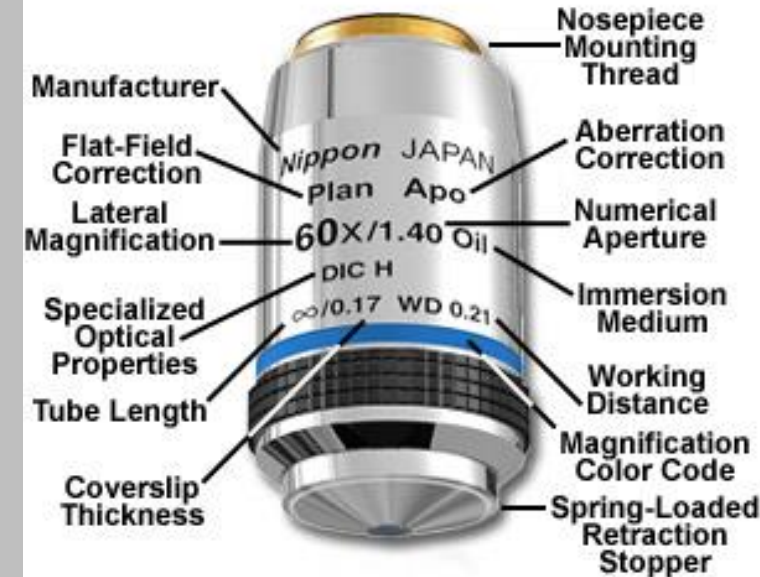
Working distance

Coverslip thickness

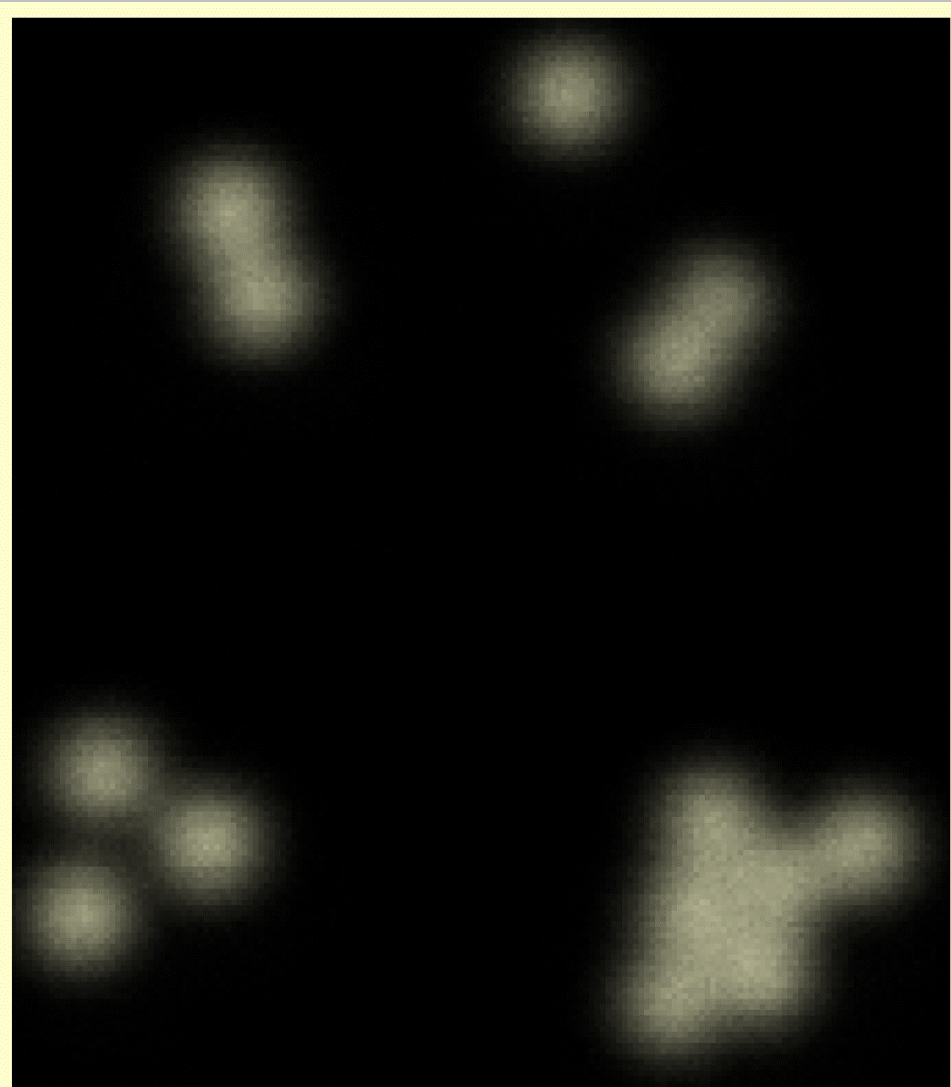
Transmission

Magnification – not very important

60x Plan Apochromat Objective



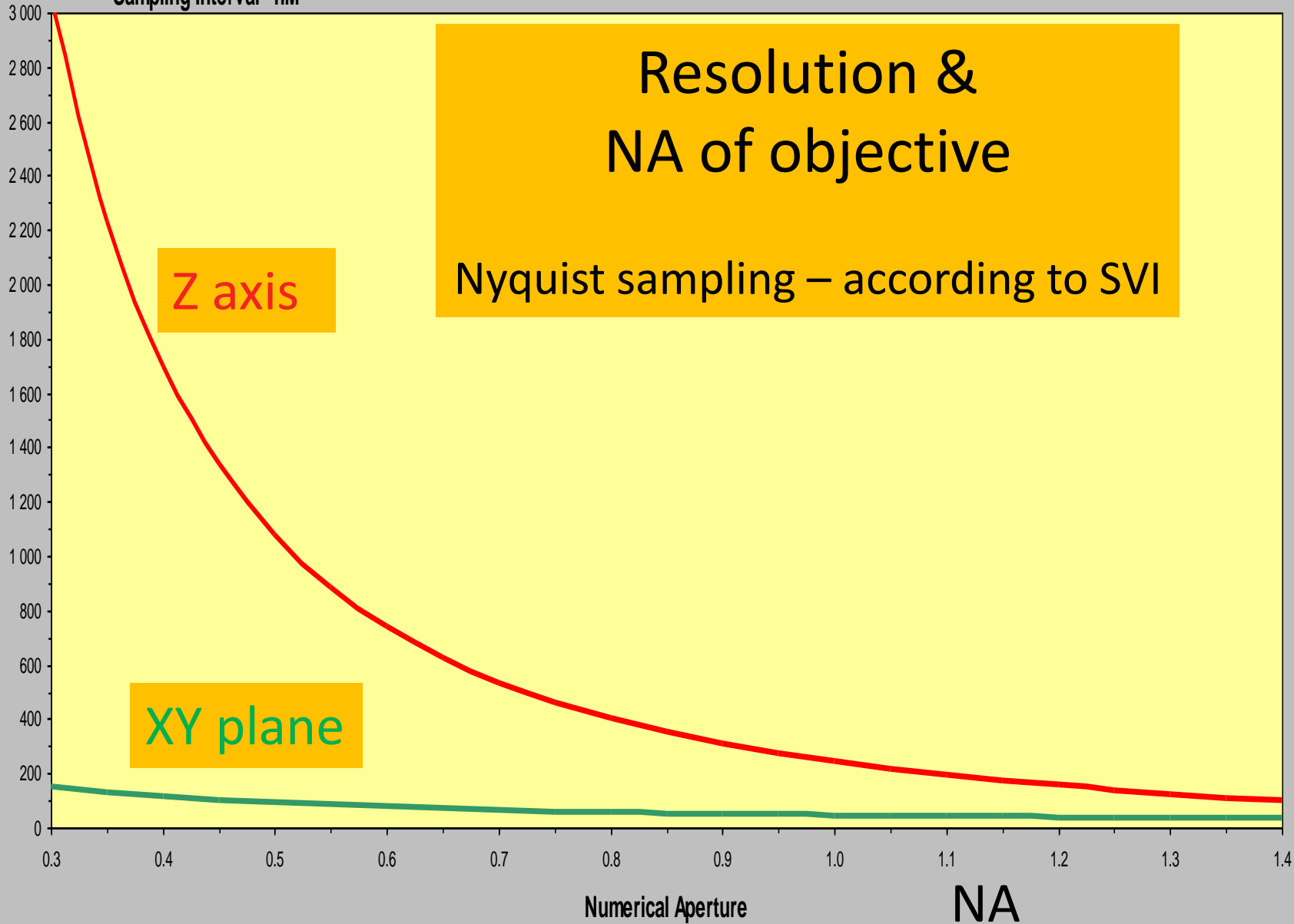
Same magnification - different NA



20x NA 0.8

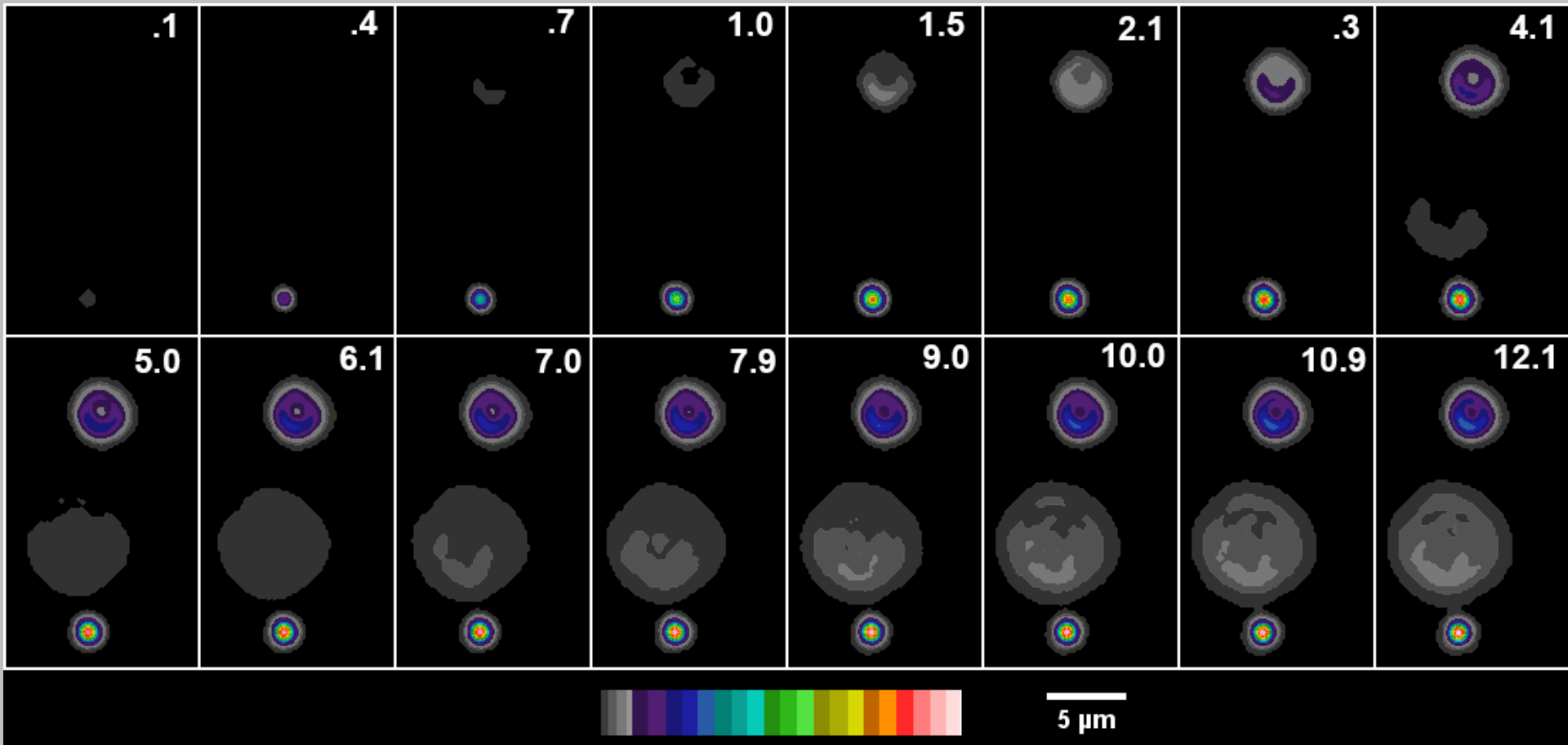
5x NA 0.16

Sampling Interval nM



Progressively open the pinhole

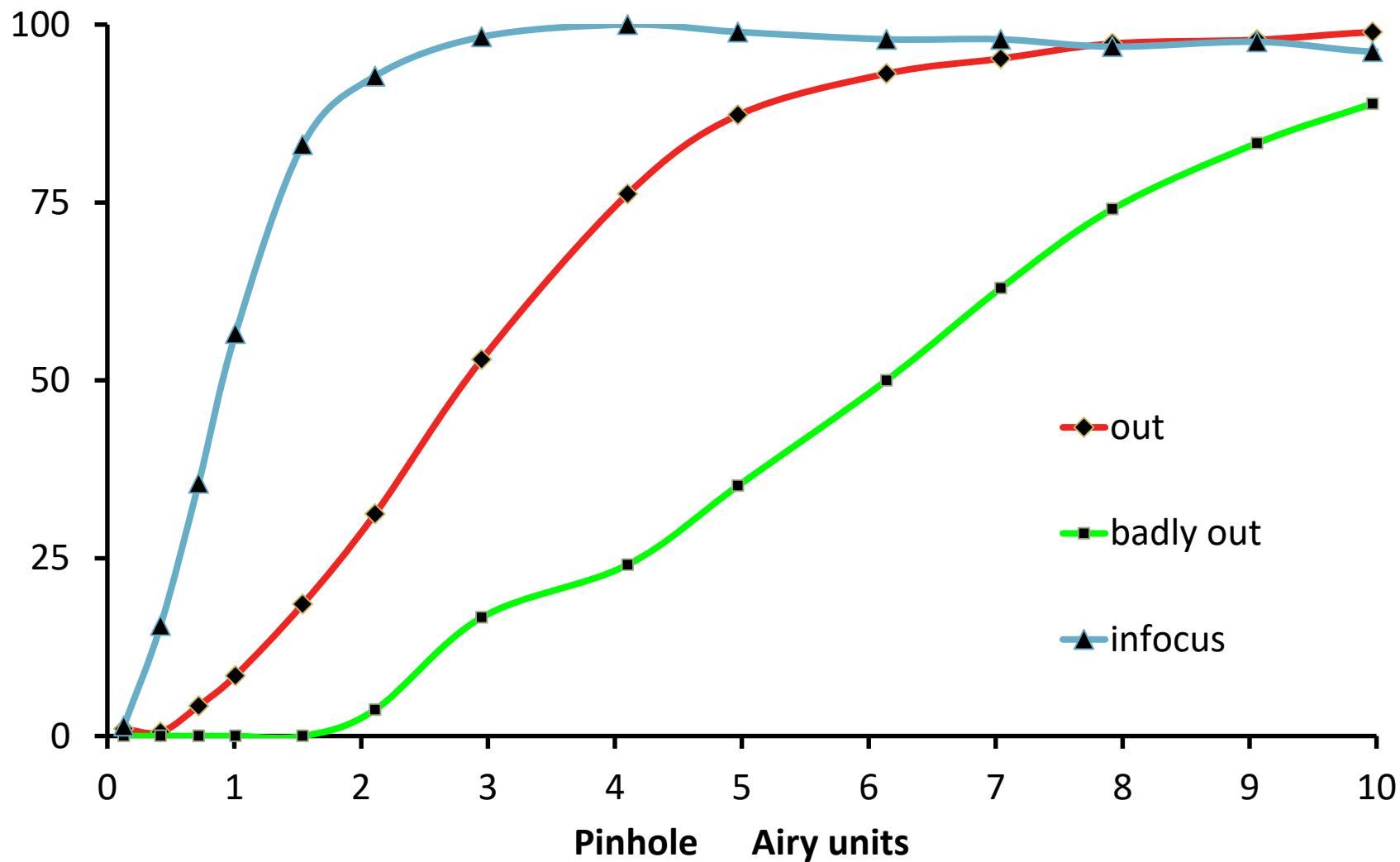
More light, but out of focus light



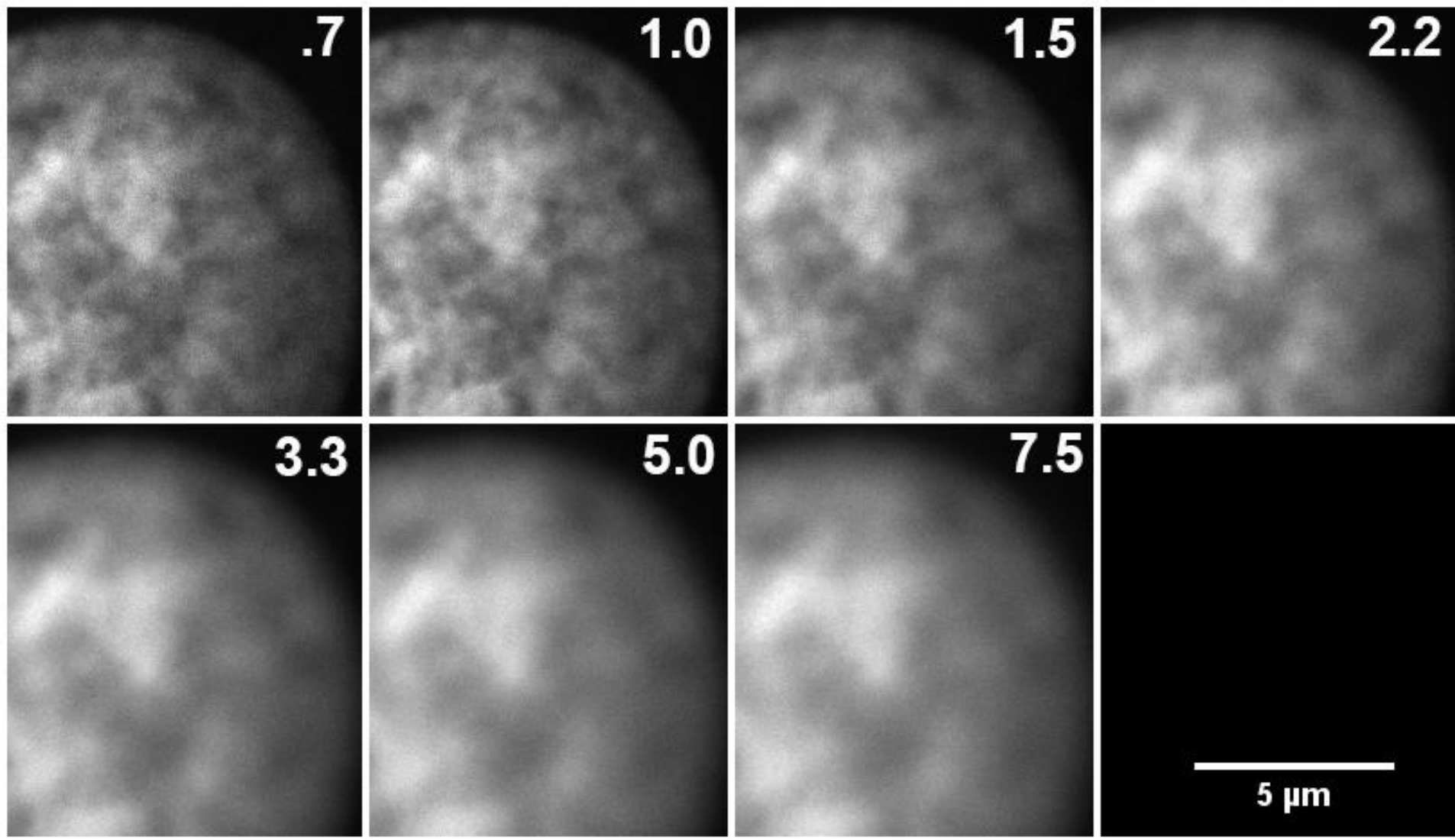
Fluorescent microspheres NA 1.4 oil objective pixels 45nm

Pinhole size and intensity

% Max



Pinhole Size: nucleus

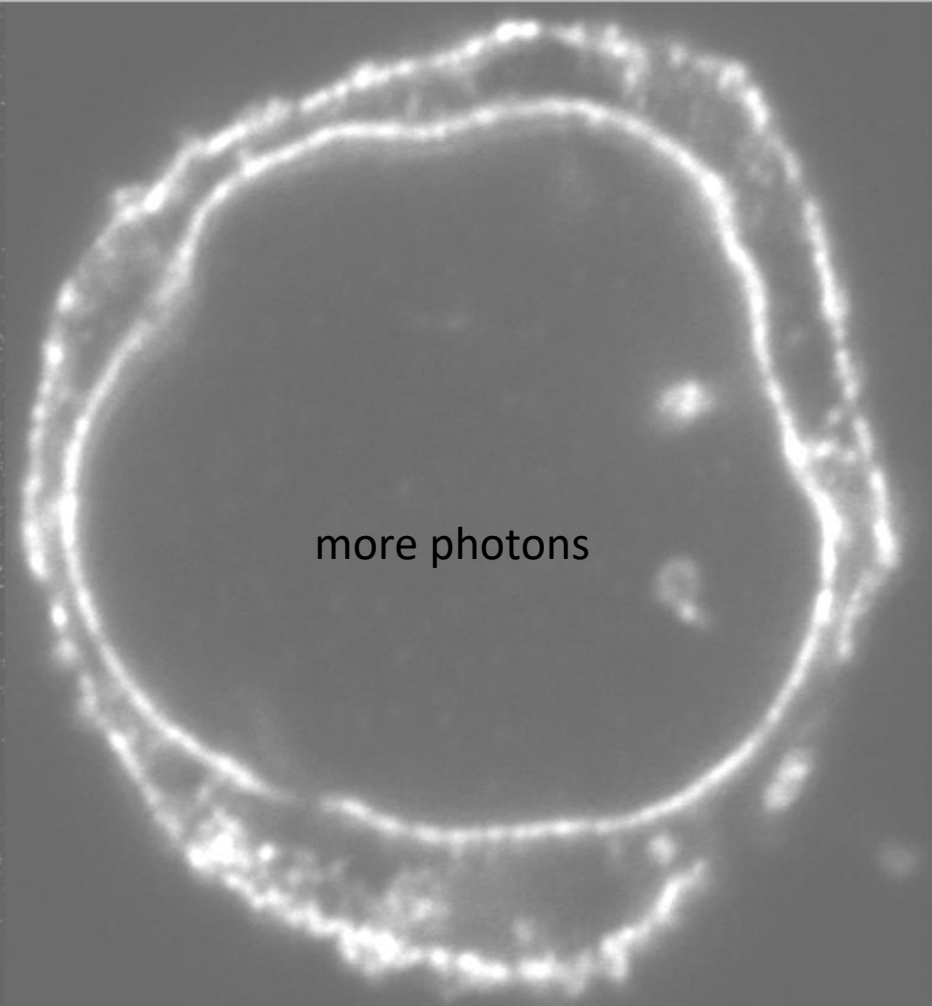
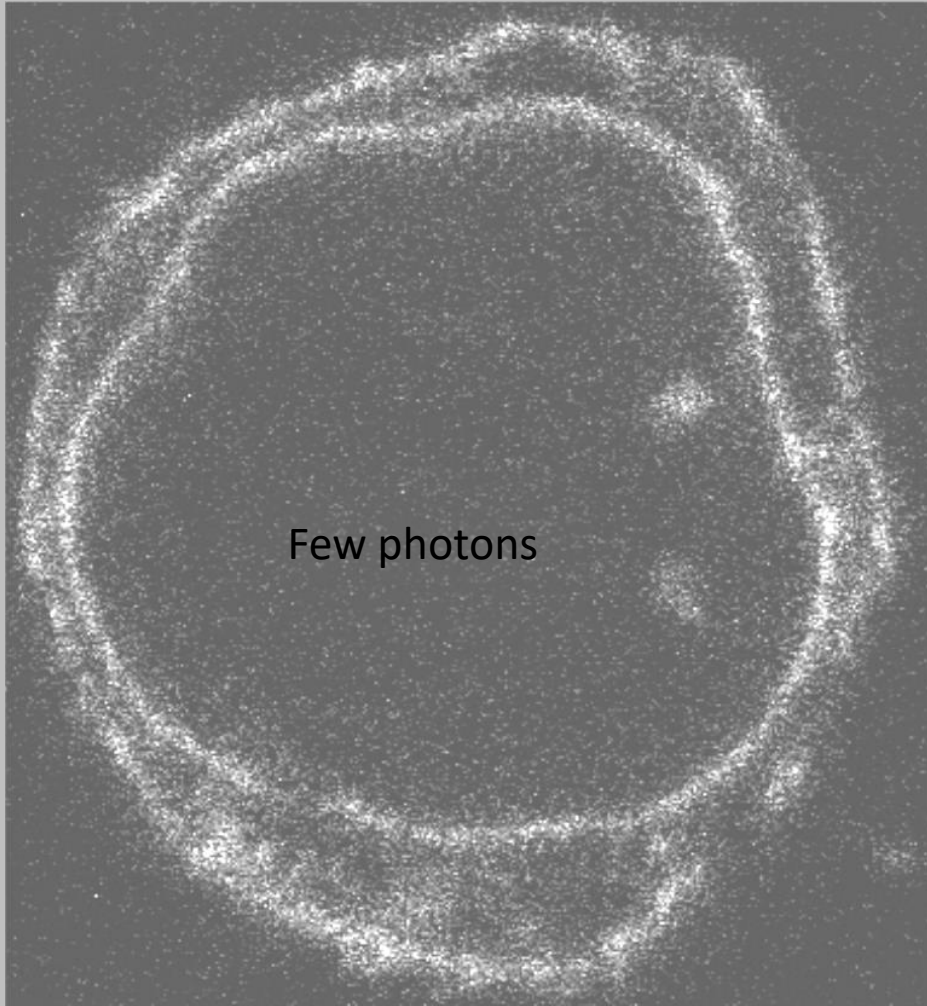


LSM700 NA 1.4 oil

adjusted for equal maximum intensity

Poisson Noise

(confocal images)

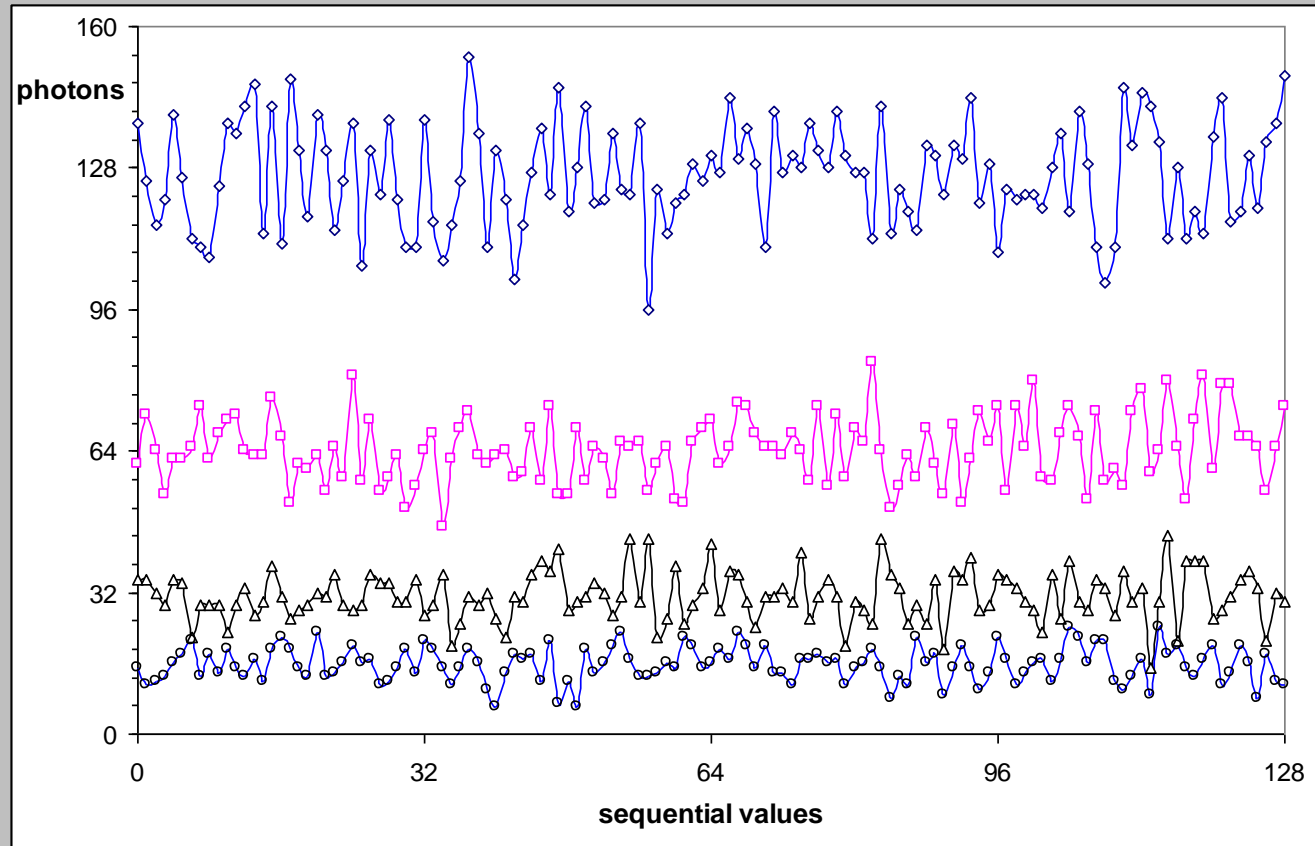


photon count is usually unknown

Limited by (i) time (ii) photobleaching & photodamage

Poisson Noise – how many photons ?

Single pixels in a timeseries



photons	128	64	32	16
mean	126.31	64.26	31.22	15.72
SD	11.81	7.66	5.57	3.91
sqrt	11.31	8.00	5.66	4.00

More Photons – increase laser power ?

Lens

But

Fluorophore
saturation

More photons from
fluorophores
outside the point of
focus

A *

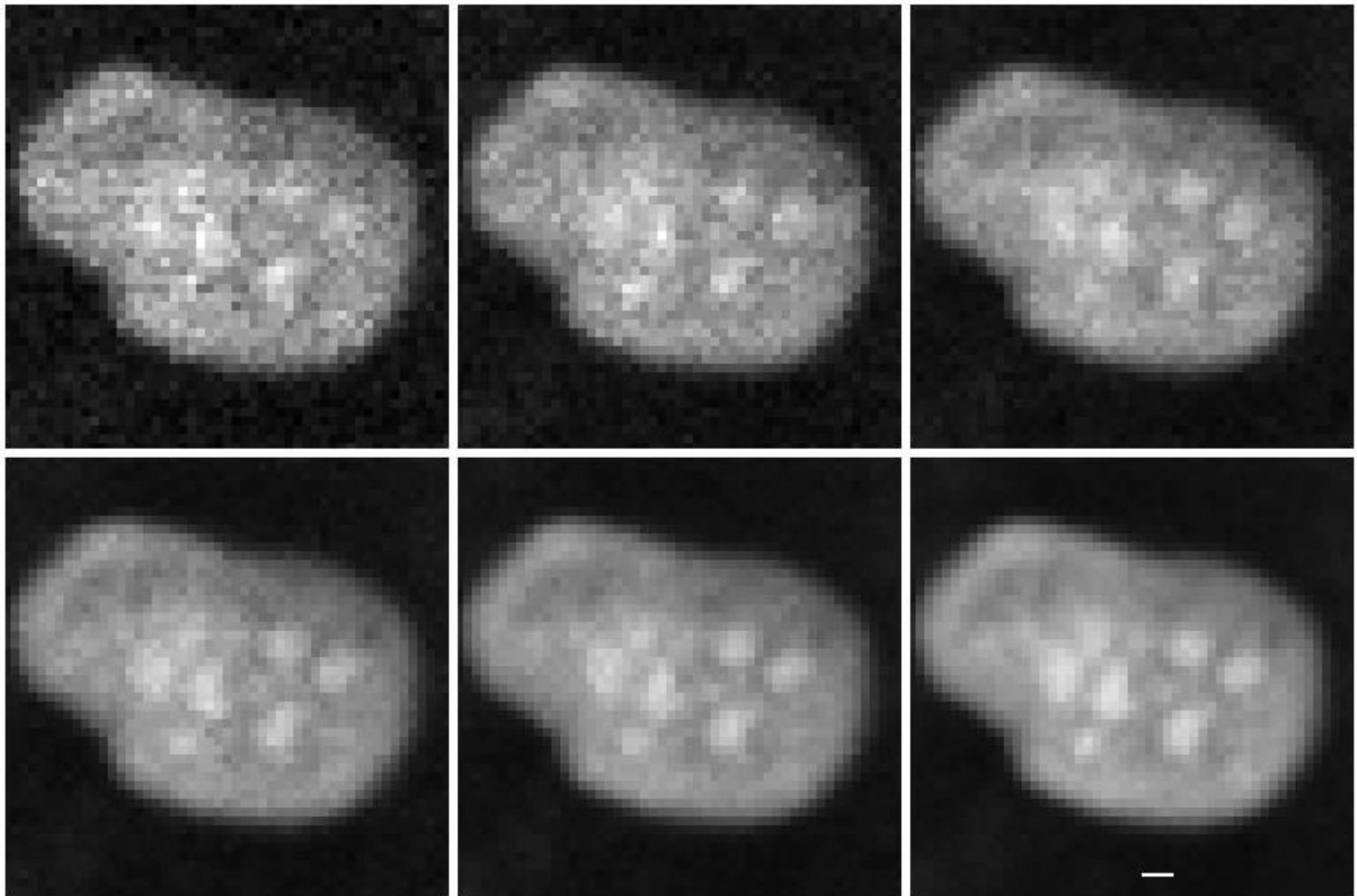
B *

C * Focal plane

Improving Image Quality

Doubling the image acquisition time:

MORE PHOTONS, less variability



Confocal Illumination

Lasers

monochromatic

coherent



types: gas, solid, diode

Argon Ion

353-361, 488, 514 nm

Krypton -Argon

488, 568, 647 nm

Helium Neon

543 nm, 633 nm

Helium Cadmium

543 nm, 633 nm

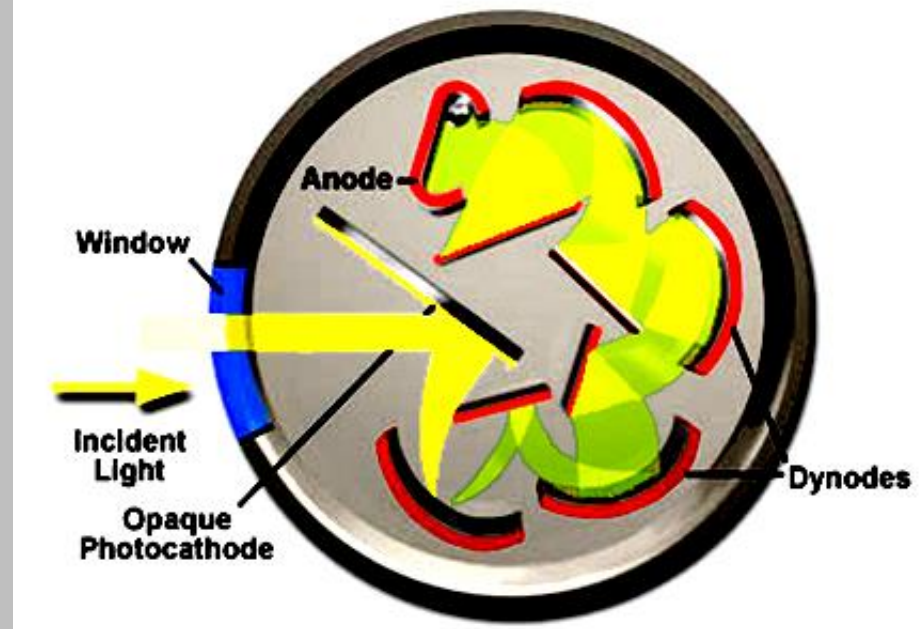
Diode lasers

405, 488, 635 nm etc

individual lines

The Photomultiplier tube (PMT) 1930s

One Photon hits photocathode
emits photoelectron
which cascades along the application
chain



Photon counting possible

Adjust:

- 1) Gain (voltage)
- 2) Zero - offset

The screenshot shows a software interface for adjusting PMT parameters. It features three horizontal sliders on a dark blue background. Each slider has a white knob and is accompanied by a numerical display box on the right with up and down arrow buttons. The parameters and their values are:

Parameter	Value
Gain (Master)	736
Digital Offset	0
Digital Gain	1.0

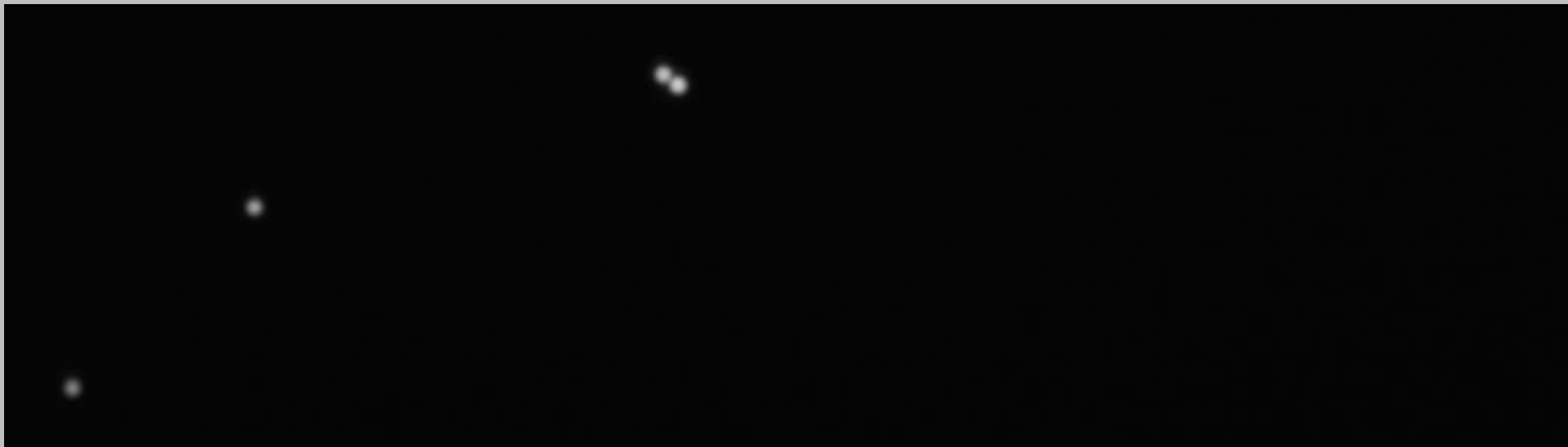
PMTs reach 30% quantum efficiency

How good are cameras ?

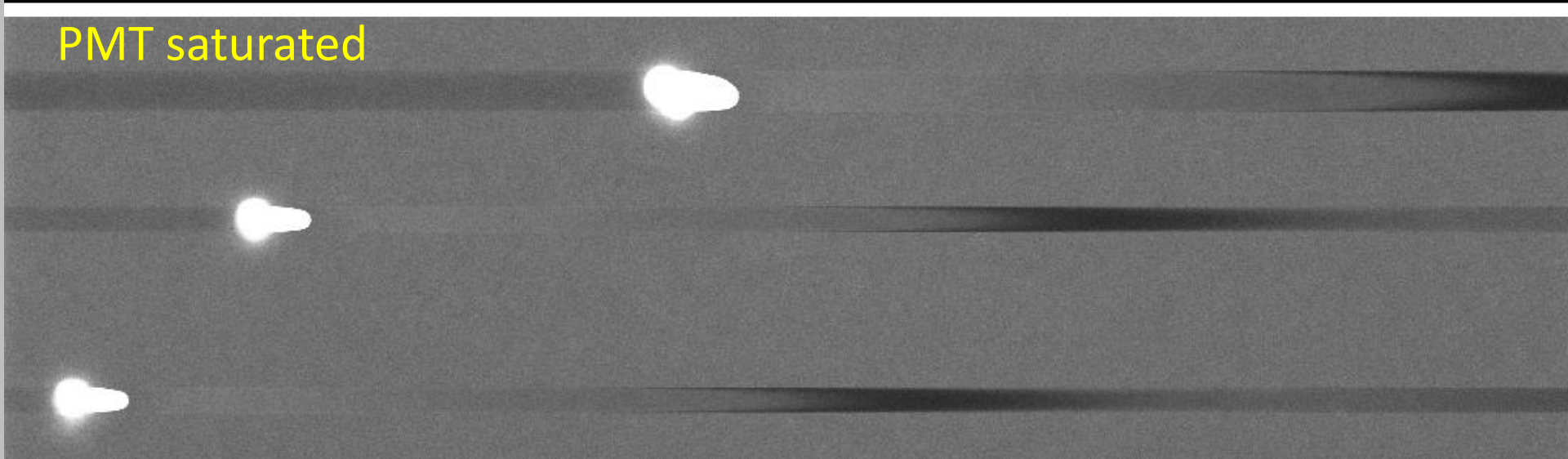
PMT

saturation

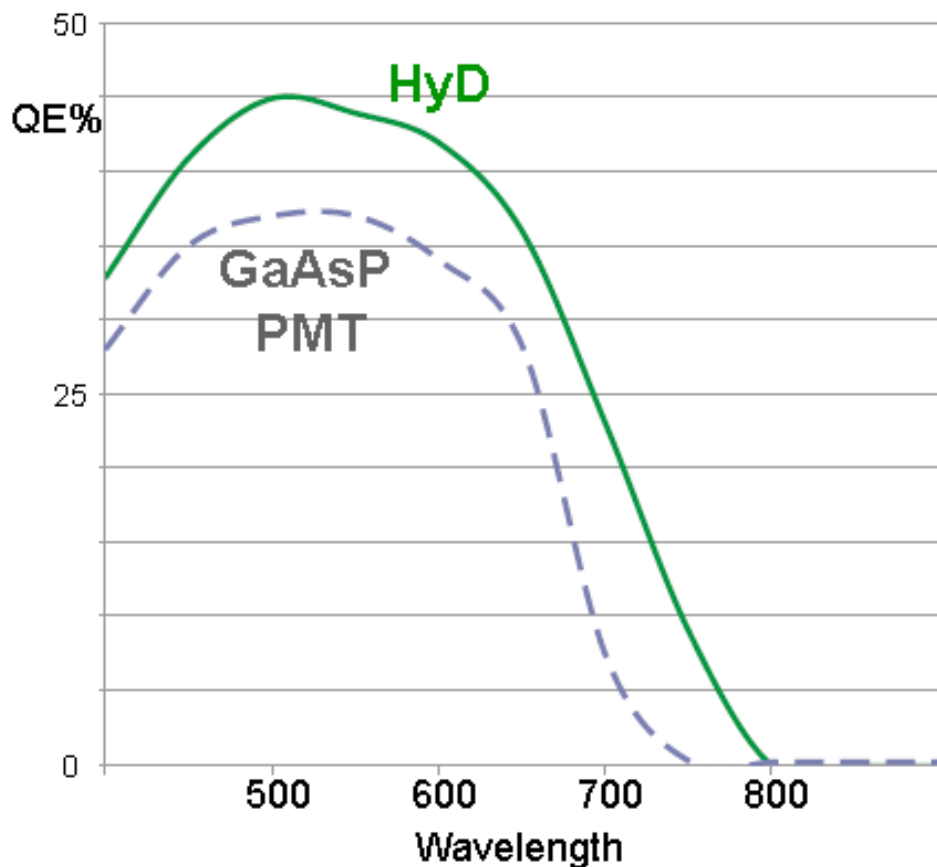
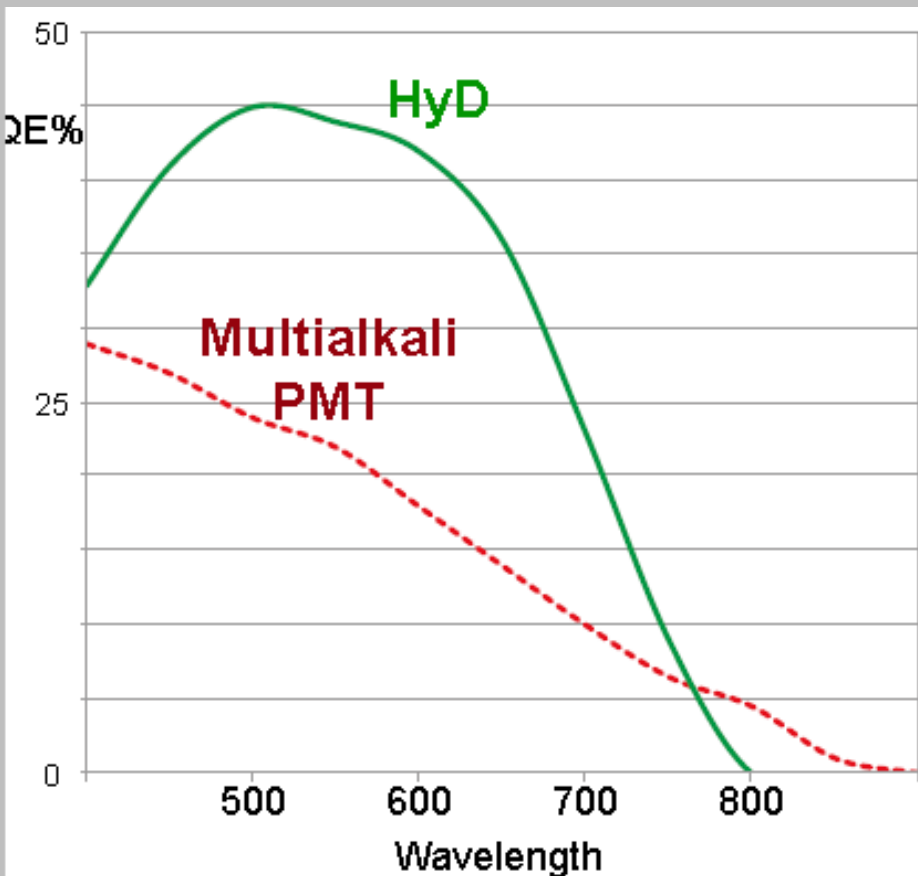
Point scanning



PMT saturated

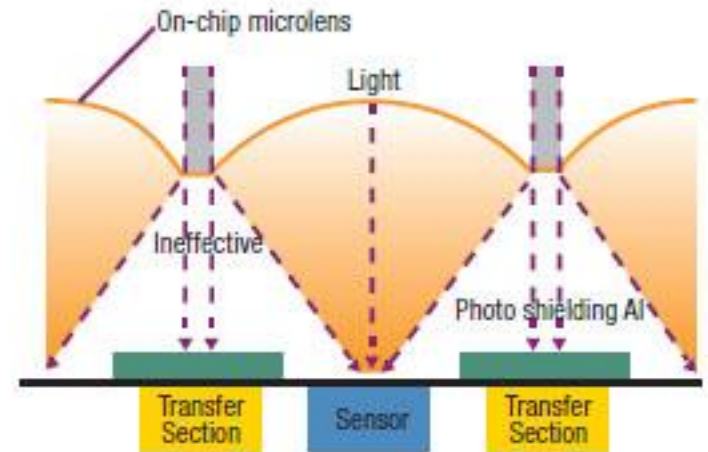
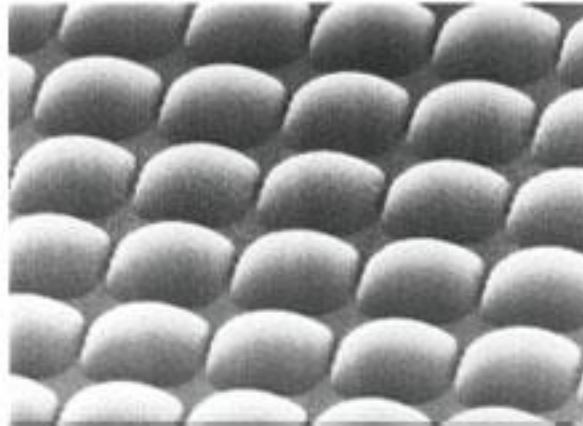


Confocal; detectors



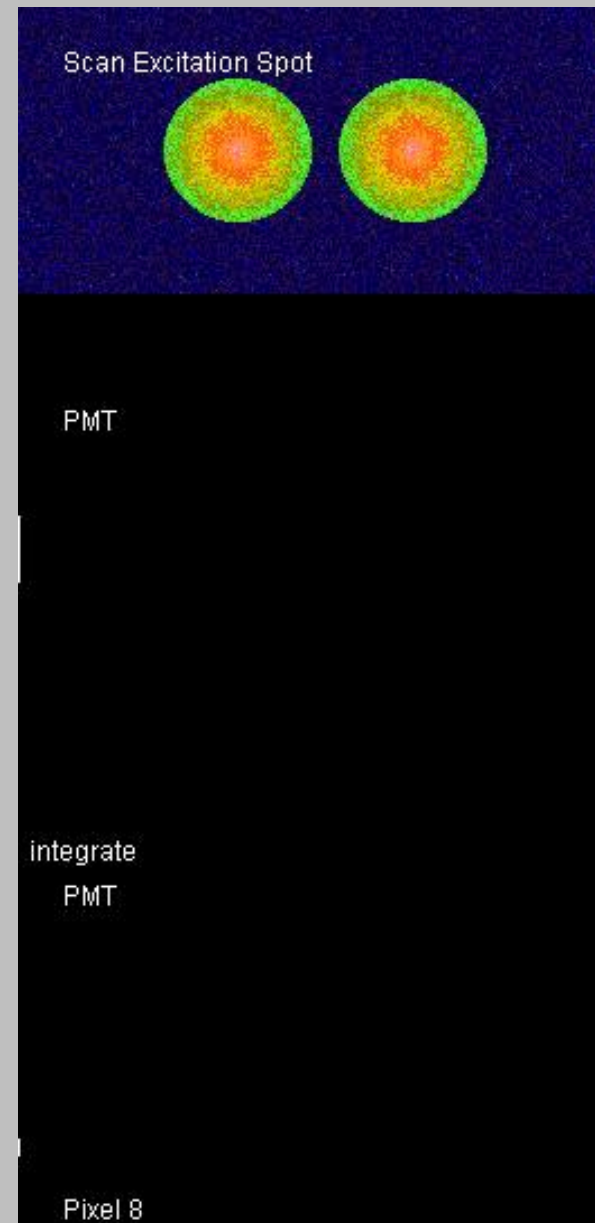
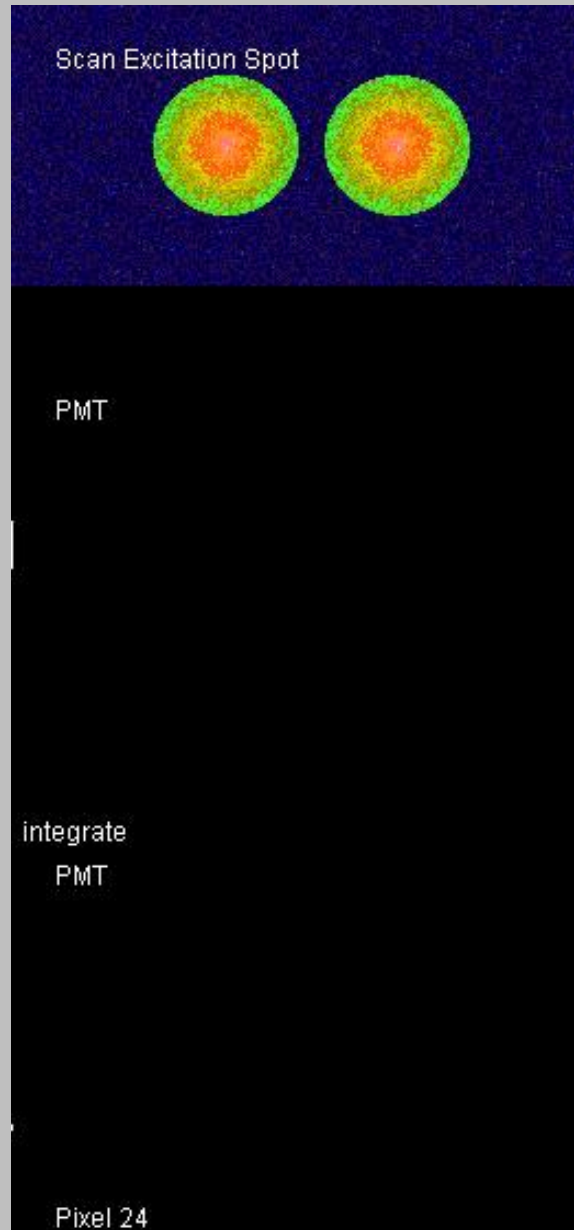
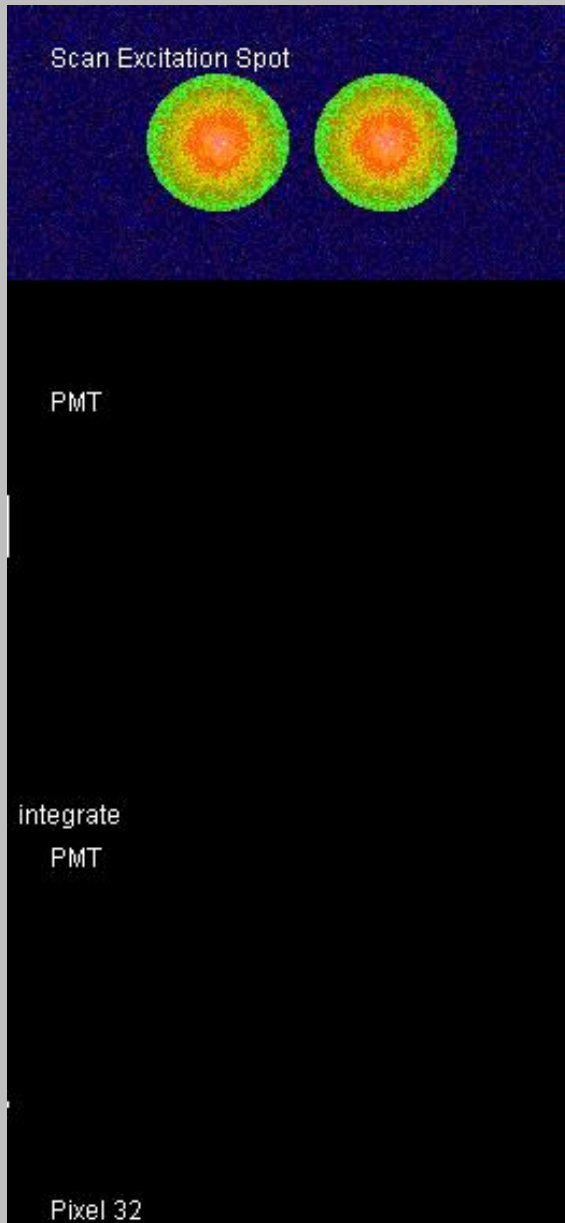
Where do pixels come from ?

Camera

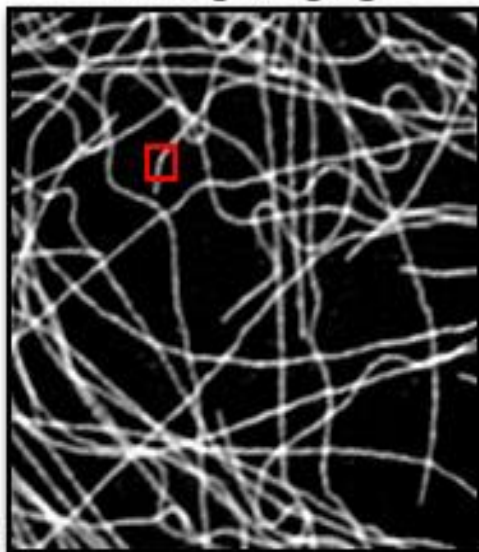


Confocal ?

Pixels in Confocal Microscope

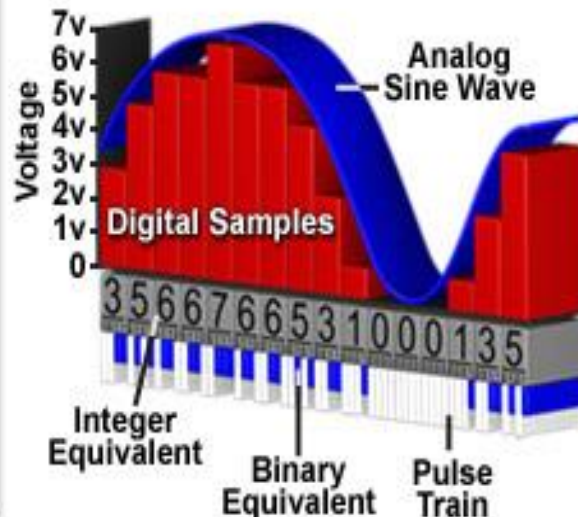


Analog Imaging



(a)

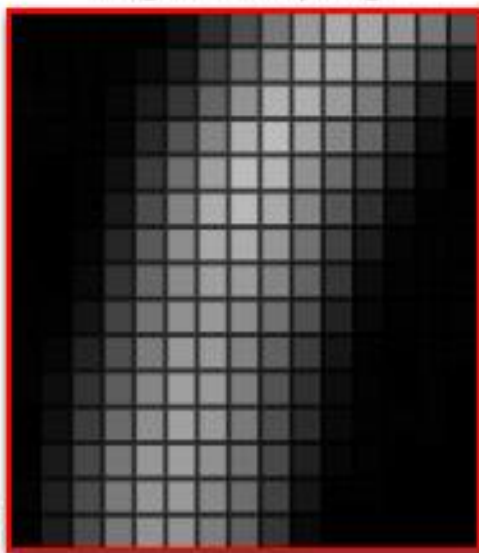
Analog and Digital Signals



Pixels

The signal from the PMT is digitized

Digital Sampling



(b)

Pixel Quantization

2	3	3	2	3	16	47	78	118	152	170	165	149	119	83	
3	2	3	3	11	31	72	113	150	170	168	149	118	78	41	
5	3	2	7	28	51	100	147	177	175	155	123	82	38	10	
3	3	3	8	41	83	132	177	188	165	132	98	52	15	0	
2	0	3	16	59	111	160	188	181	145	105	72	31	7	0	
0	0	3	26	75	131	172	170	132	85	47	13	3	2		
0	0	7	38	90	141	168	172	140	113	67	28	5	3	2	
2	0	10	51	103	139	159	155	132	98	52	13	3	3	3	
2	2	2	2	2	2	2	2	2	2	8	34	8	2	3	3
3	7	3	3	3	3	3	3	3	3	0	21	3	0	3	2
3	13	4	4	4	4	4	4	4	4	7	13	3	0	2	0
0	16	6	6	6	6	6	6	6	6	3	10	2	2	2	0
2	25	7	7	7	7	7	7	7	7	1	7	3	0	0	0
5	31	7	7	7	7	7	7	7	7	1	2	2	0	0	0
3	29	7	7	7	7	7	7	7	7	1	0	0	0	0	0

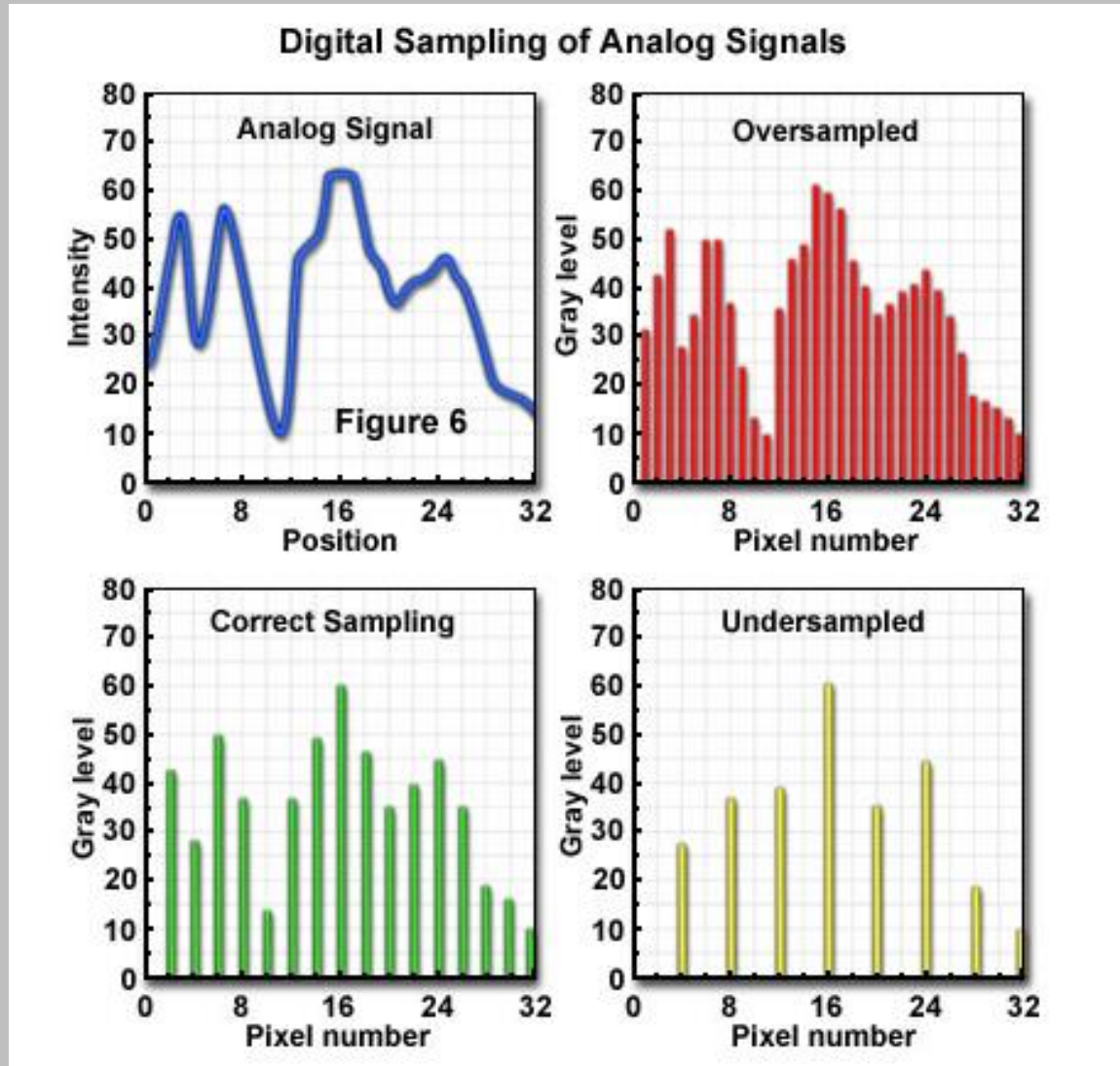
(c)

0-255
(8bit)

How large should pixels be ?

Figure 1

Nyquist sampling theory



to reconstruct a pure sine wave,
sample at least twice in each cycle,
2x the frequency.

Nyquist Pixel size: fluorophore and NA

an OPTIMAL button in confocal software calculates the (Zeiss) Nyquist pixel size

LSM700		Widefield	Nyquist	Confocal	Nyquist
	NA	x,y nm	Z nm	x,y nm	Z nm
5x	0.16	812	20181	381	9469
10x	0.5	260	1940	122	910
20x	0.8	162	650	76	305
40x	0.95	136	378	64	177
63x oil	1.4	92	277	43	130
63x water	1.2	108	348	50	163

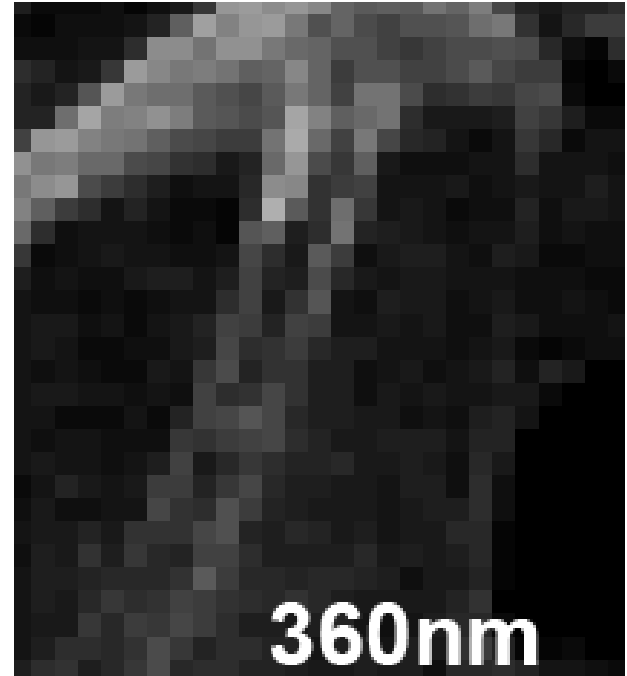
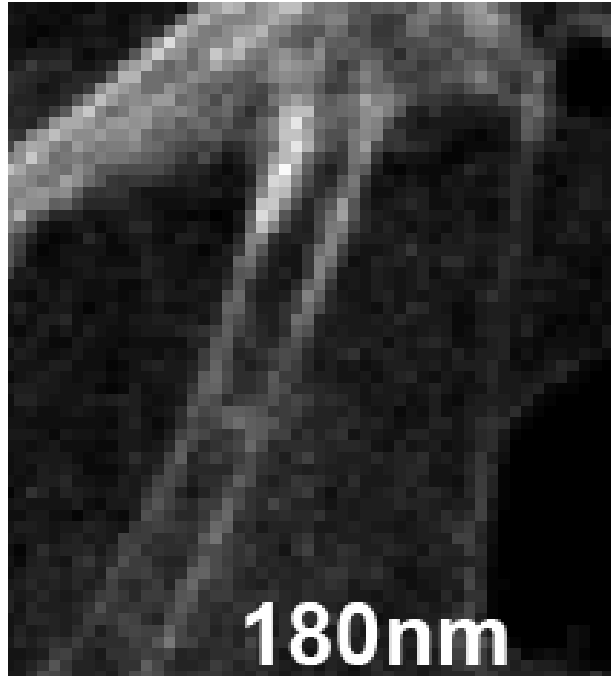
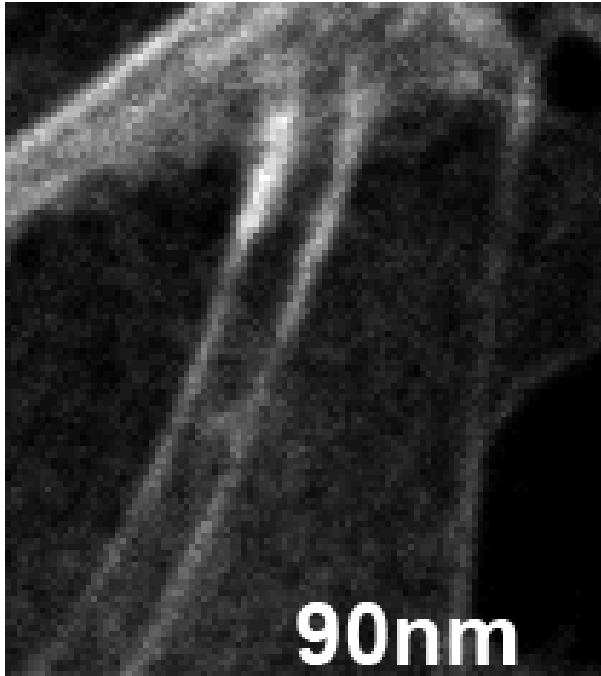
In Practice: **Compromise between**

Image quality: noise & resolution

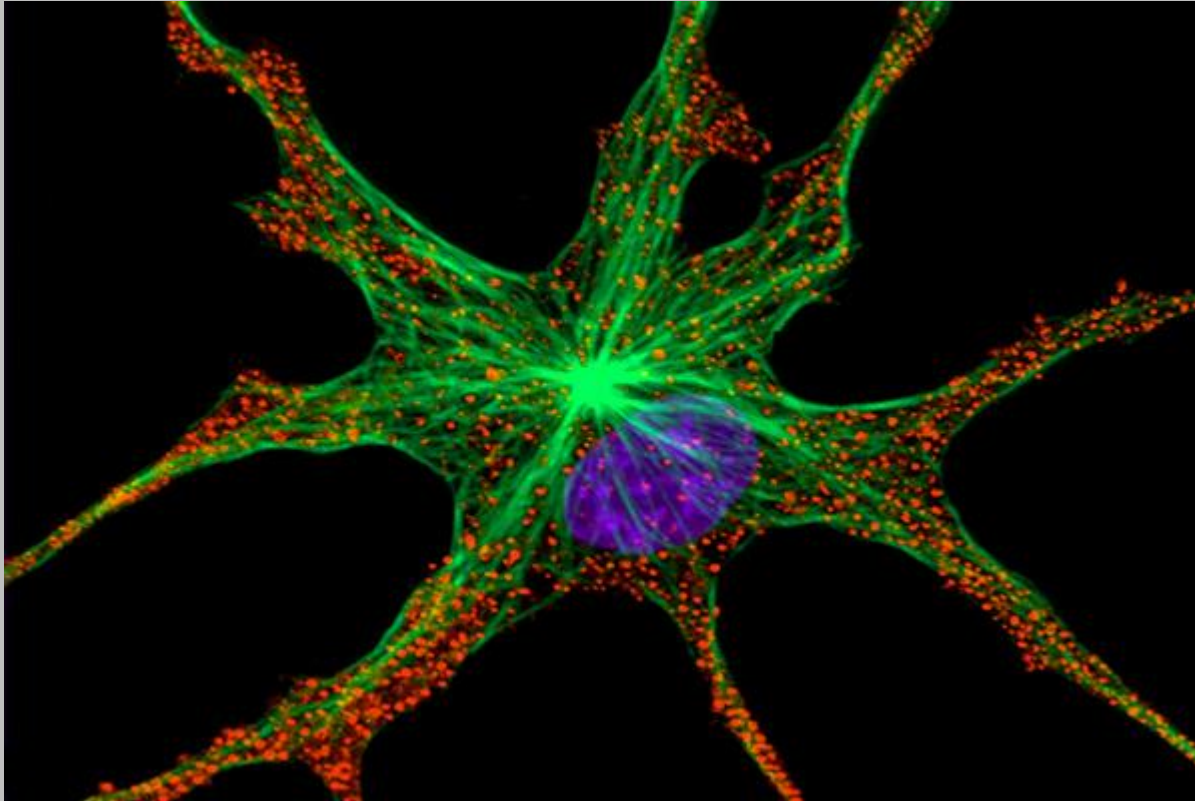
V

Acquisition time, bleaching, photodamage

Pixels – how large ?



IMAGING WITH LSM



MRC 500
confocal
microscope

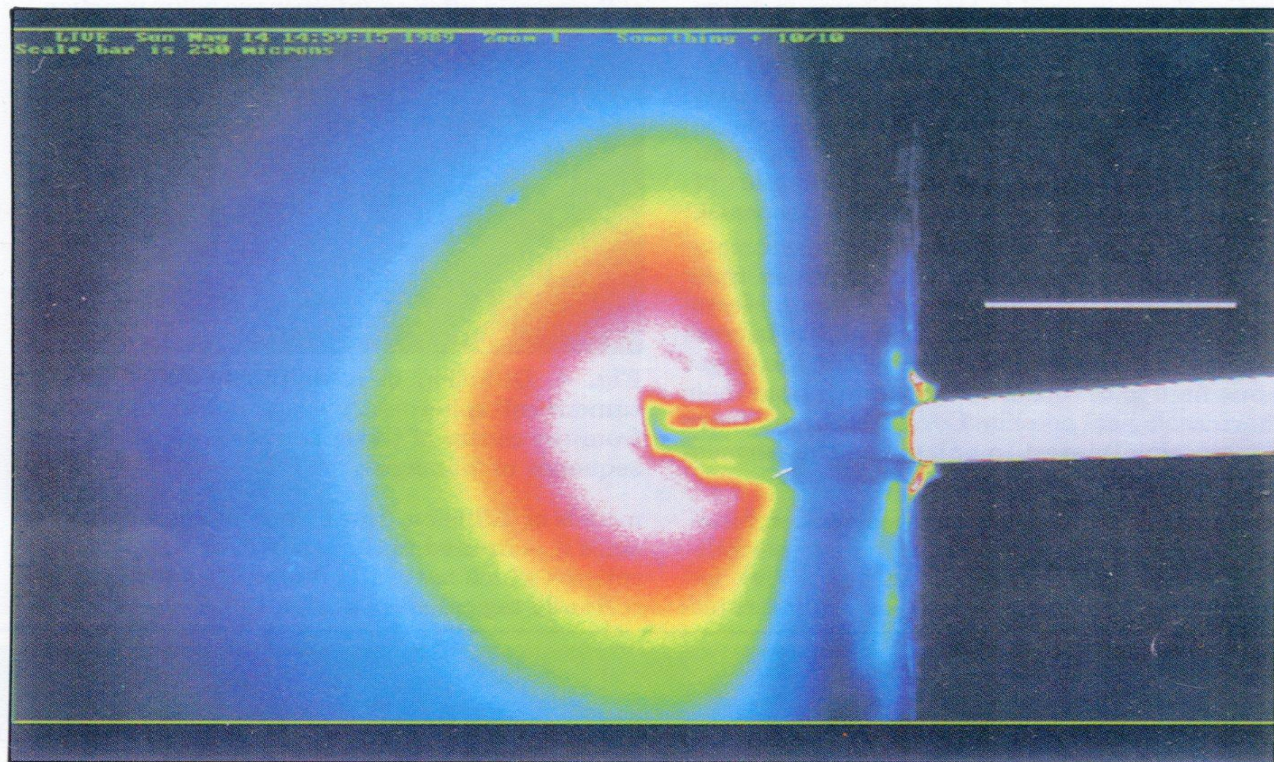


Fig 1. Diffusion of fluorescein from a micropipette into an agar block.

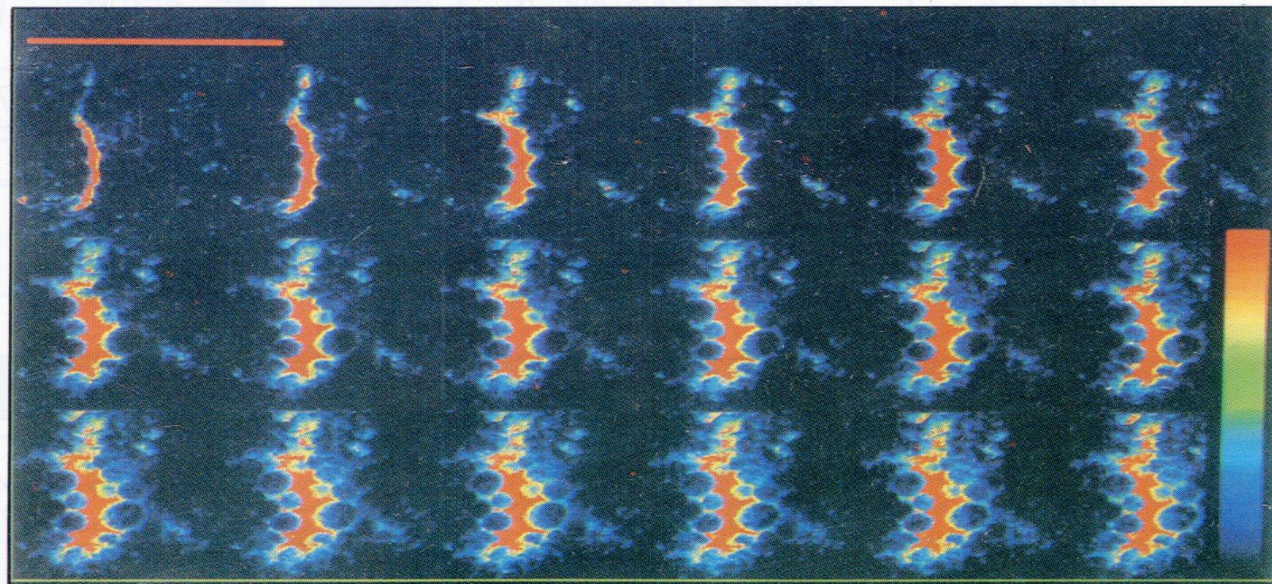
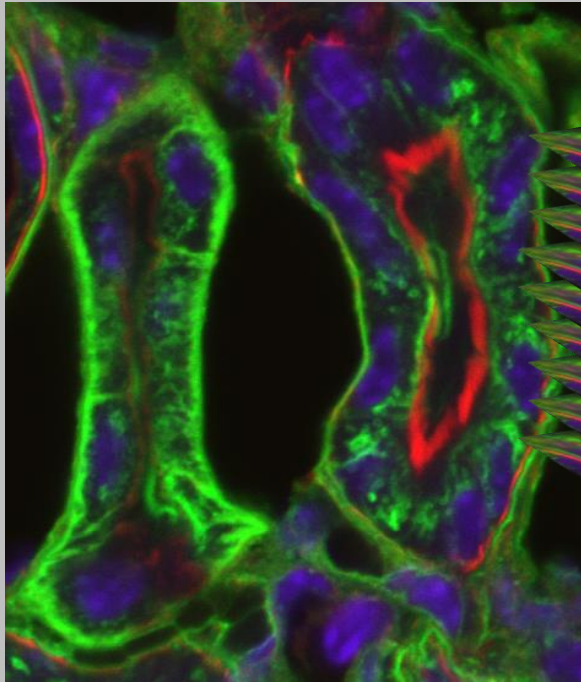


Fig. 2. Sequence (2 second intervals) of fluorescein diffusing from a capillary into adipose tissue.

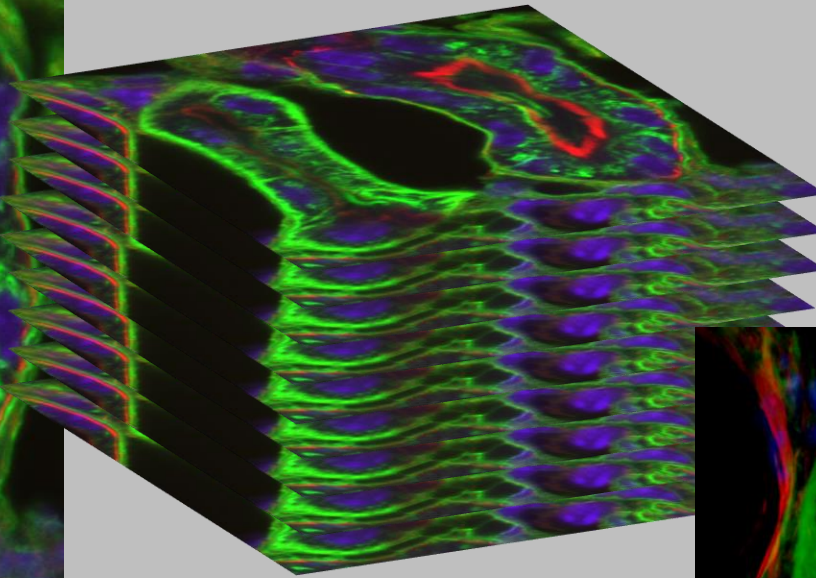


Optical sectioning: Z series

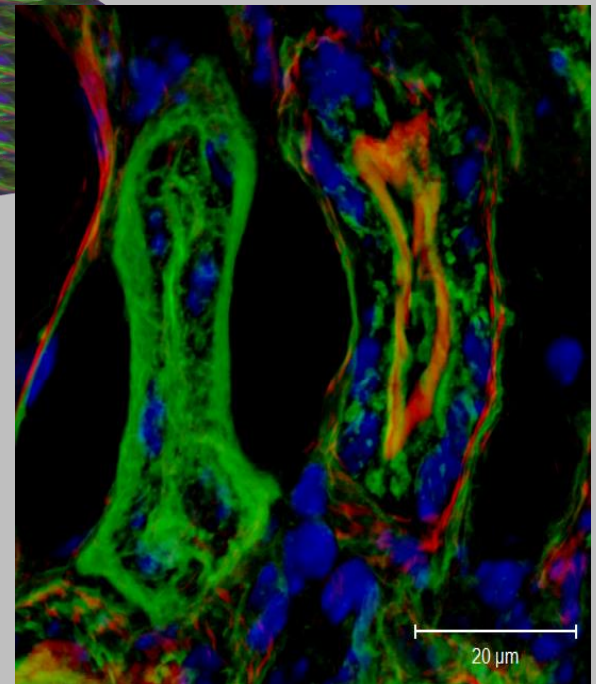
Optical slice from certain depth in sample



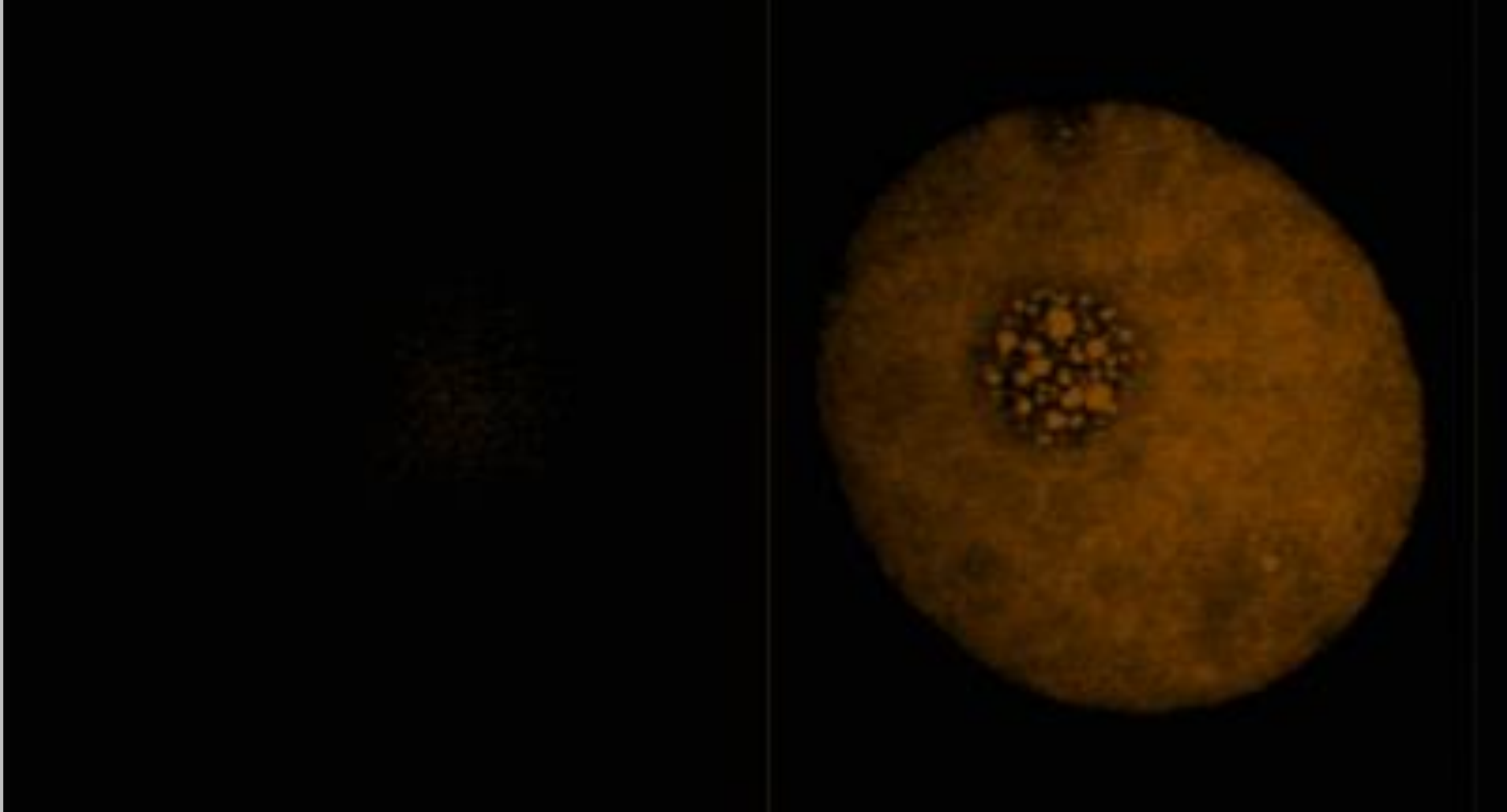
Many slices from adjacent depths



reconstruction
from slices

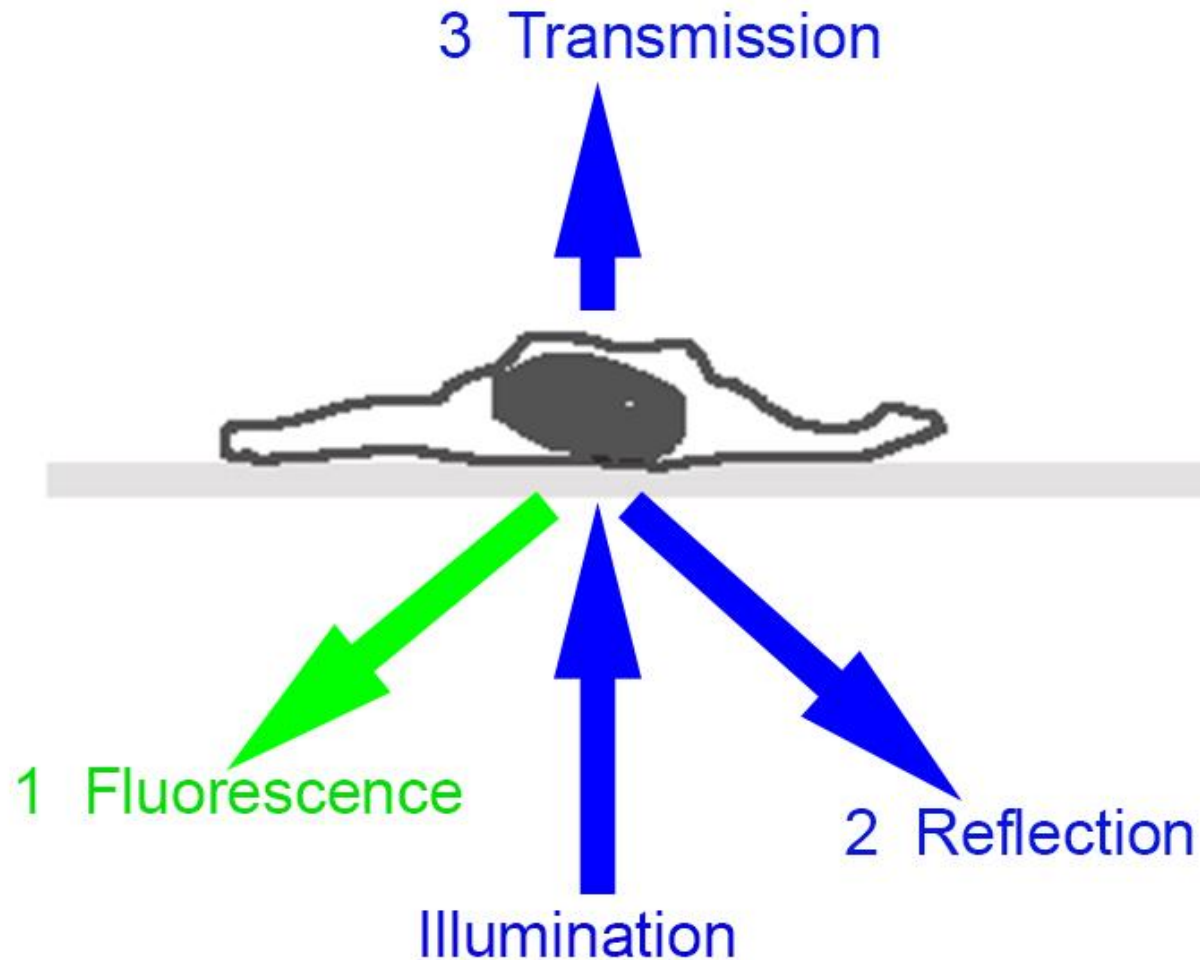


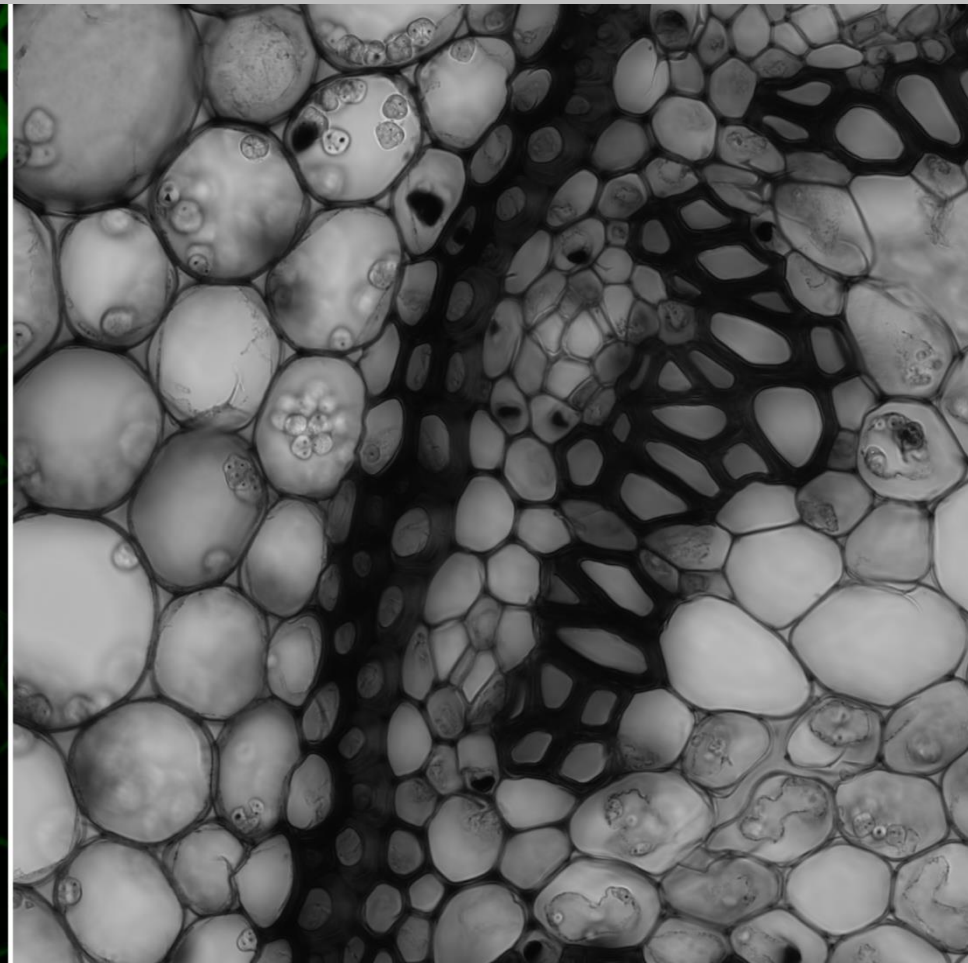
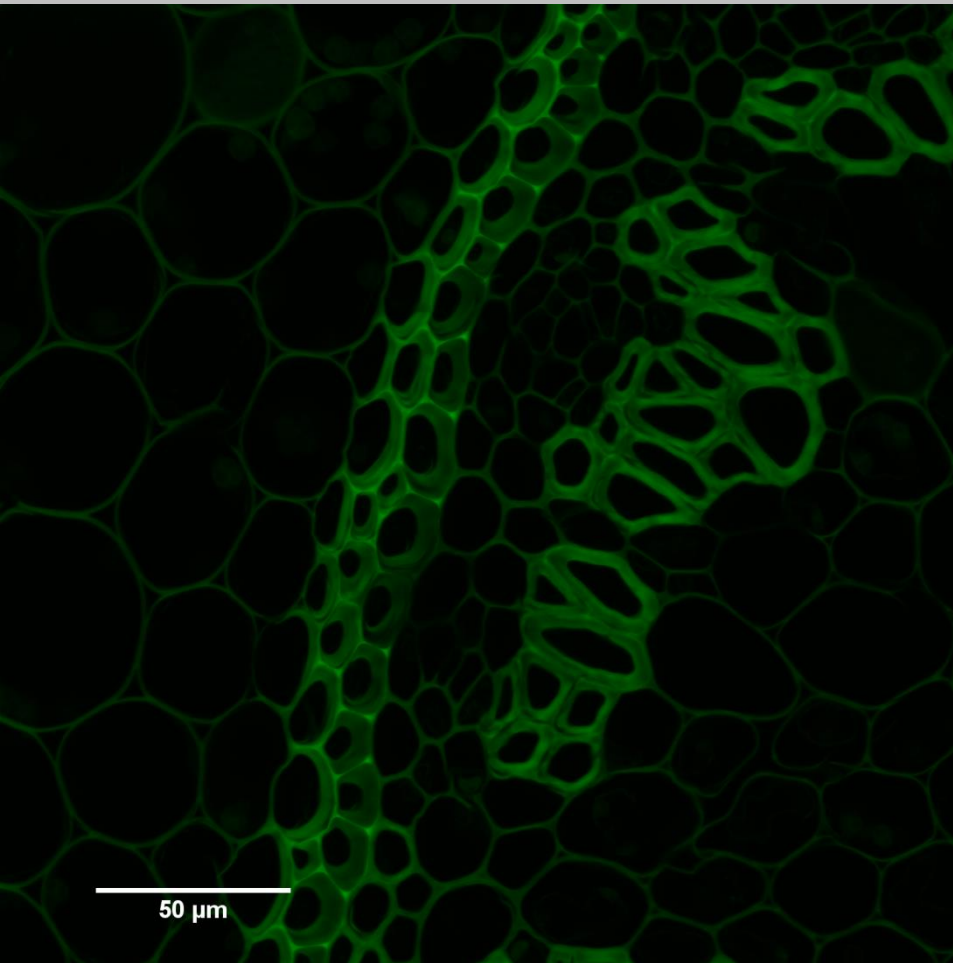
Z series - 3D rendered



Imaging with a Confocal

Possible Images



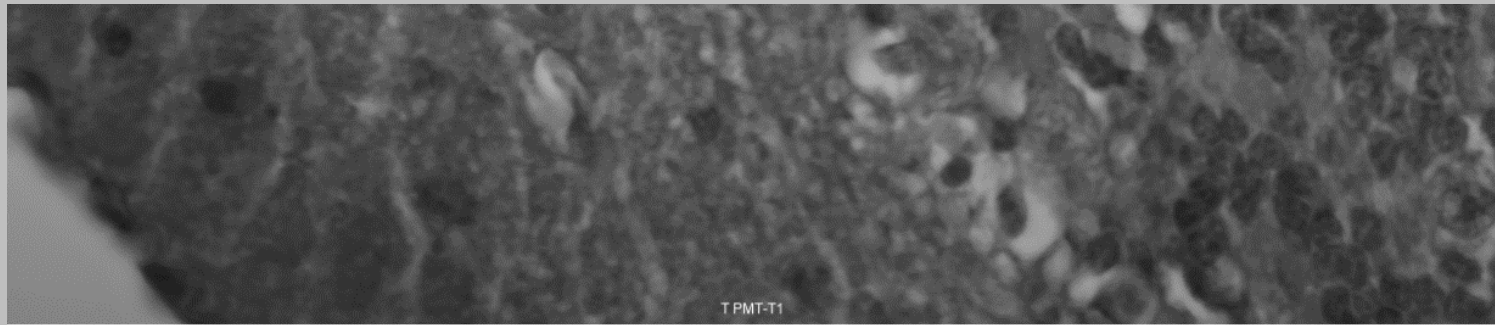


Fluorescence (excite 555nm)

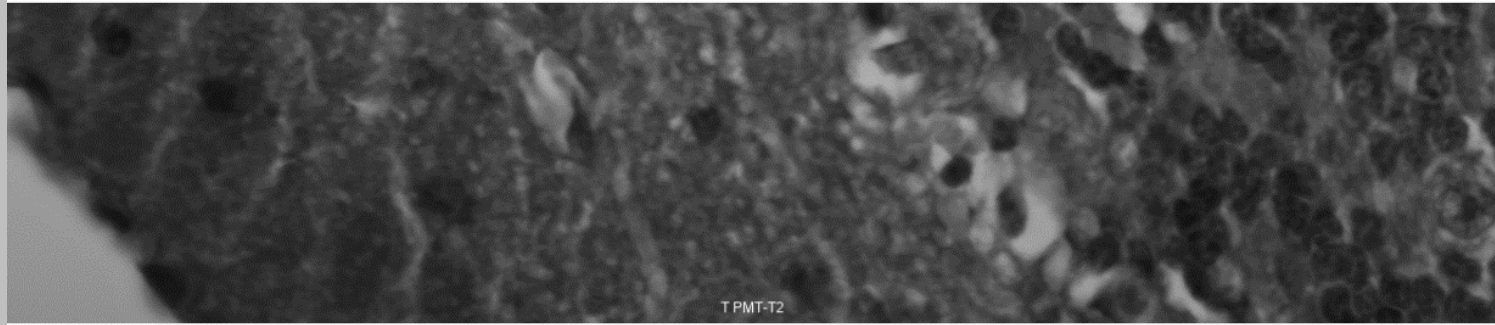
Transmission (555nm)

Transmitted light: 4 laser lines (H & E staining)

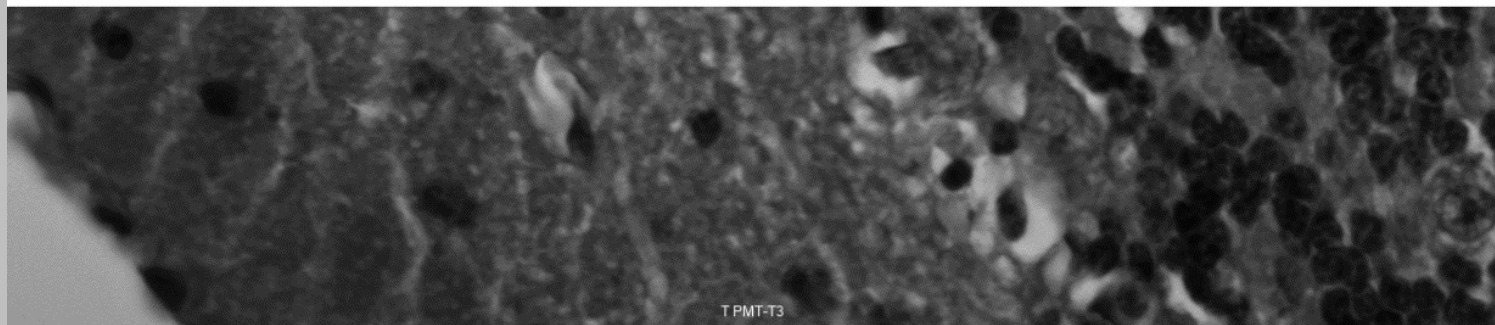
405nm



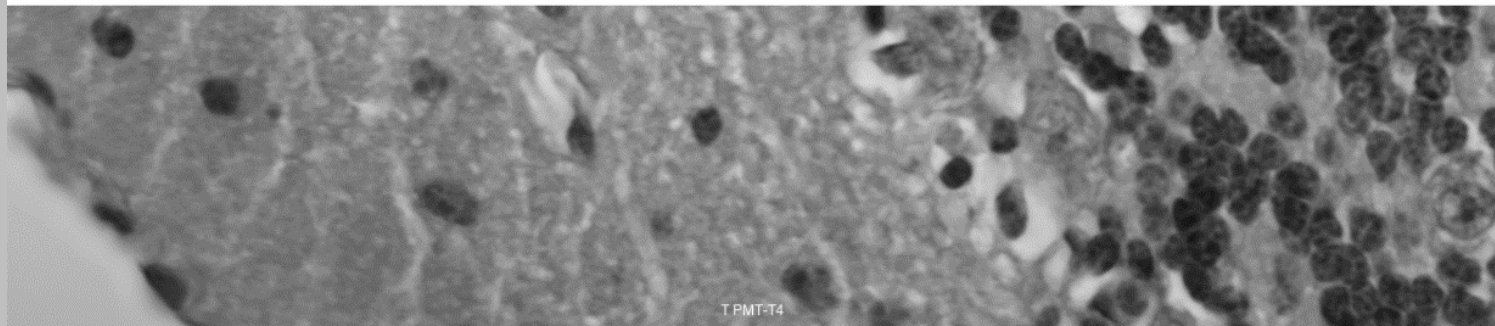
488nm



555nm



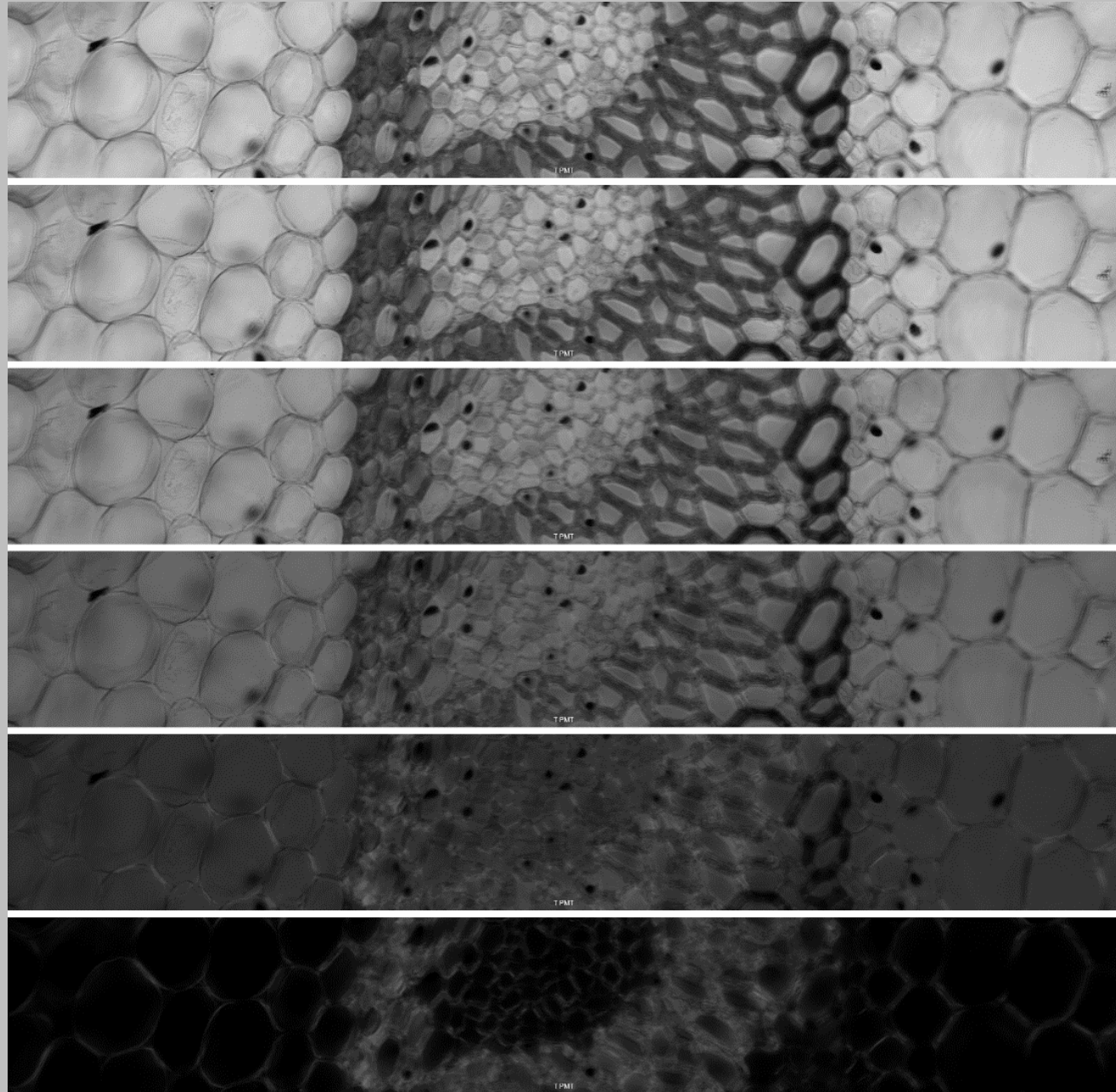
639nm



Laser light is polarized

Transmitted: specimen can change polarization

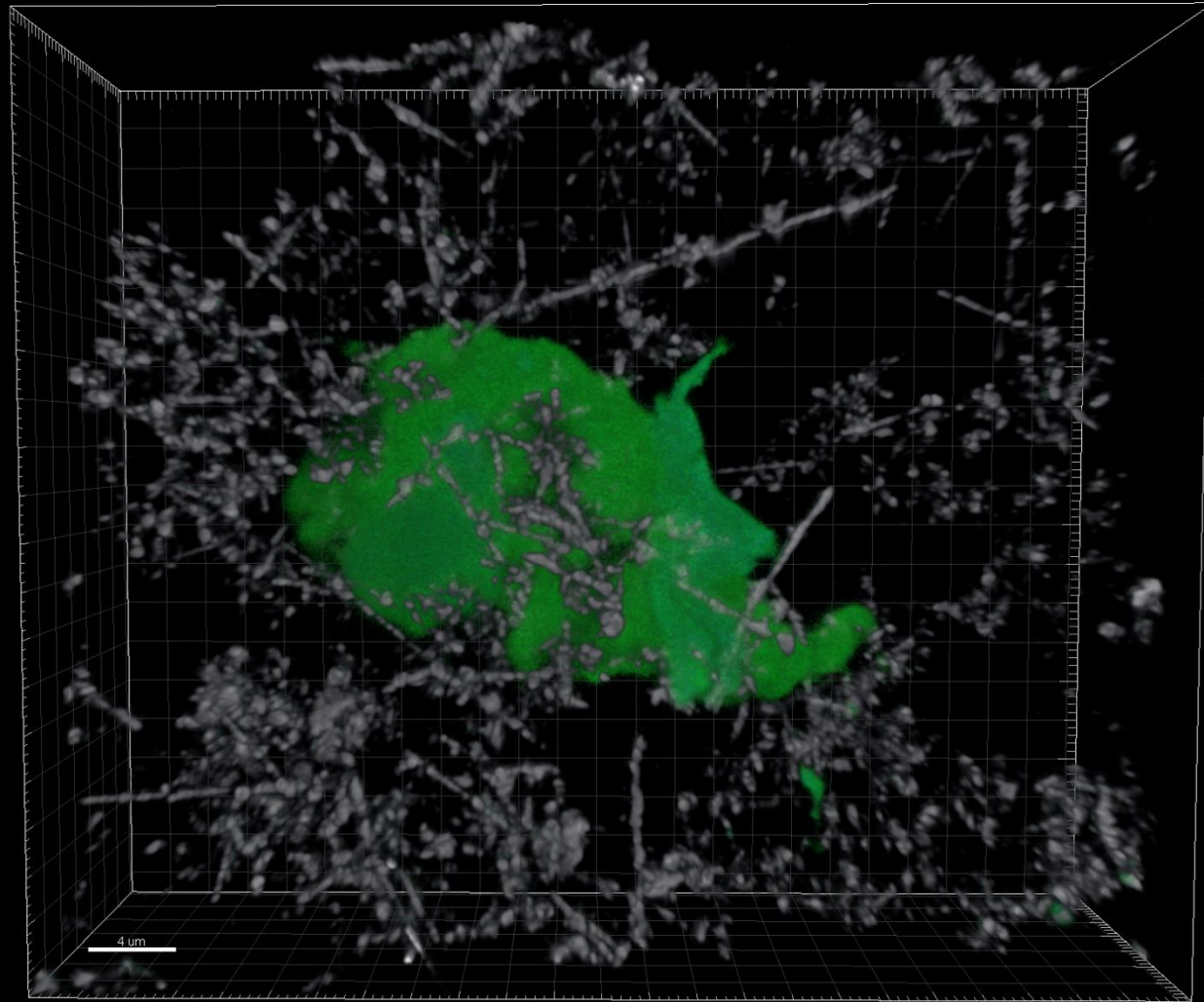
Aligned



Adjustable
Polarizing
filter in the
Transmission
Light path

Misaligned
(crossed)

Fluorescence (488nm) & Reflection (405nm)

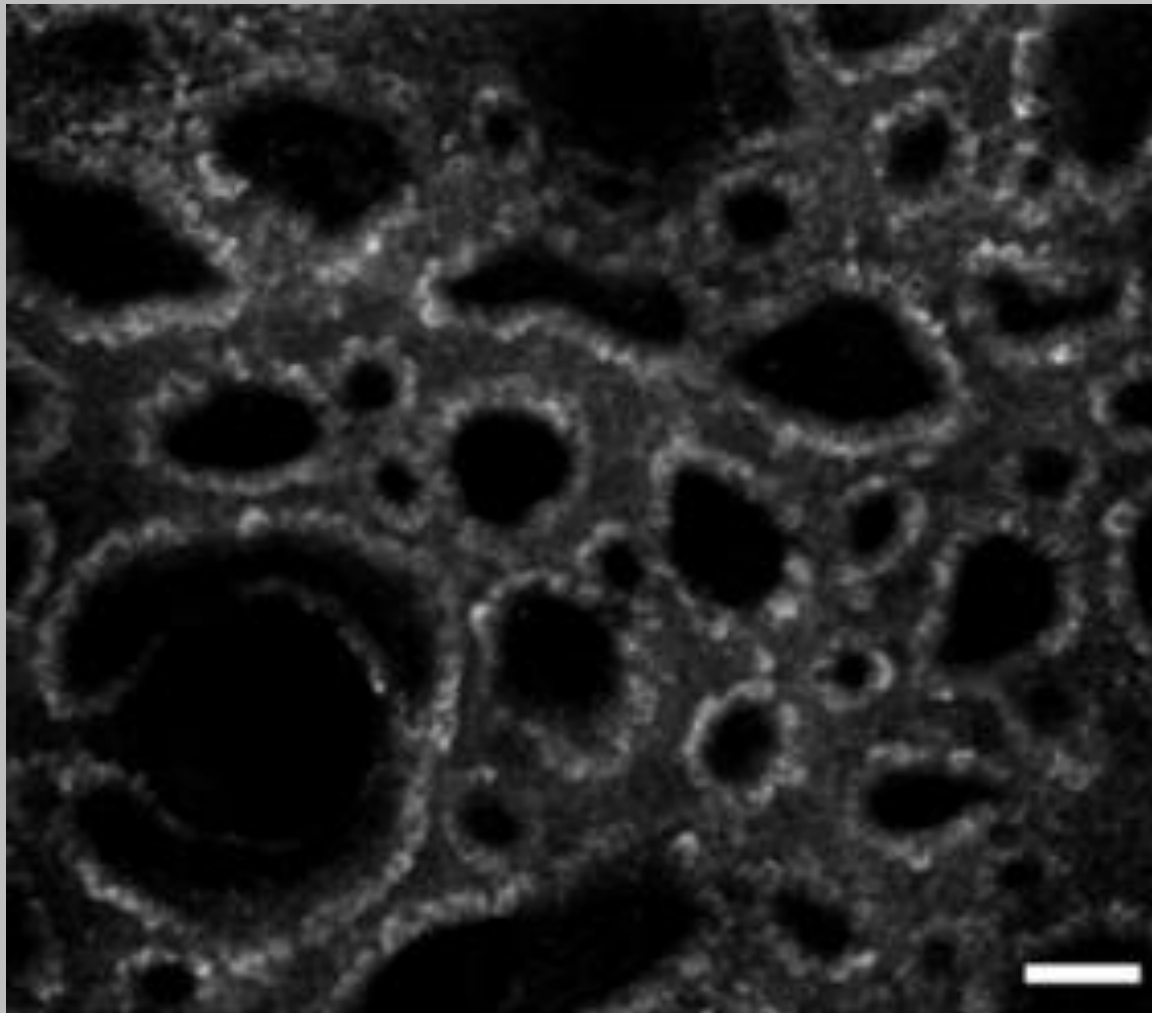


Single cell –GFP(green) in a nanowire matrix



Skin

Reflection confocal microscopy; 830nm laser



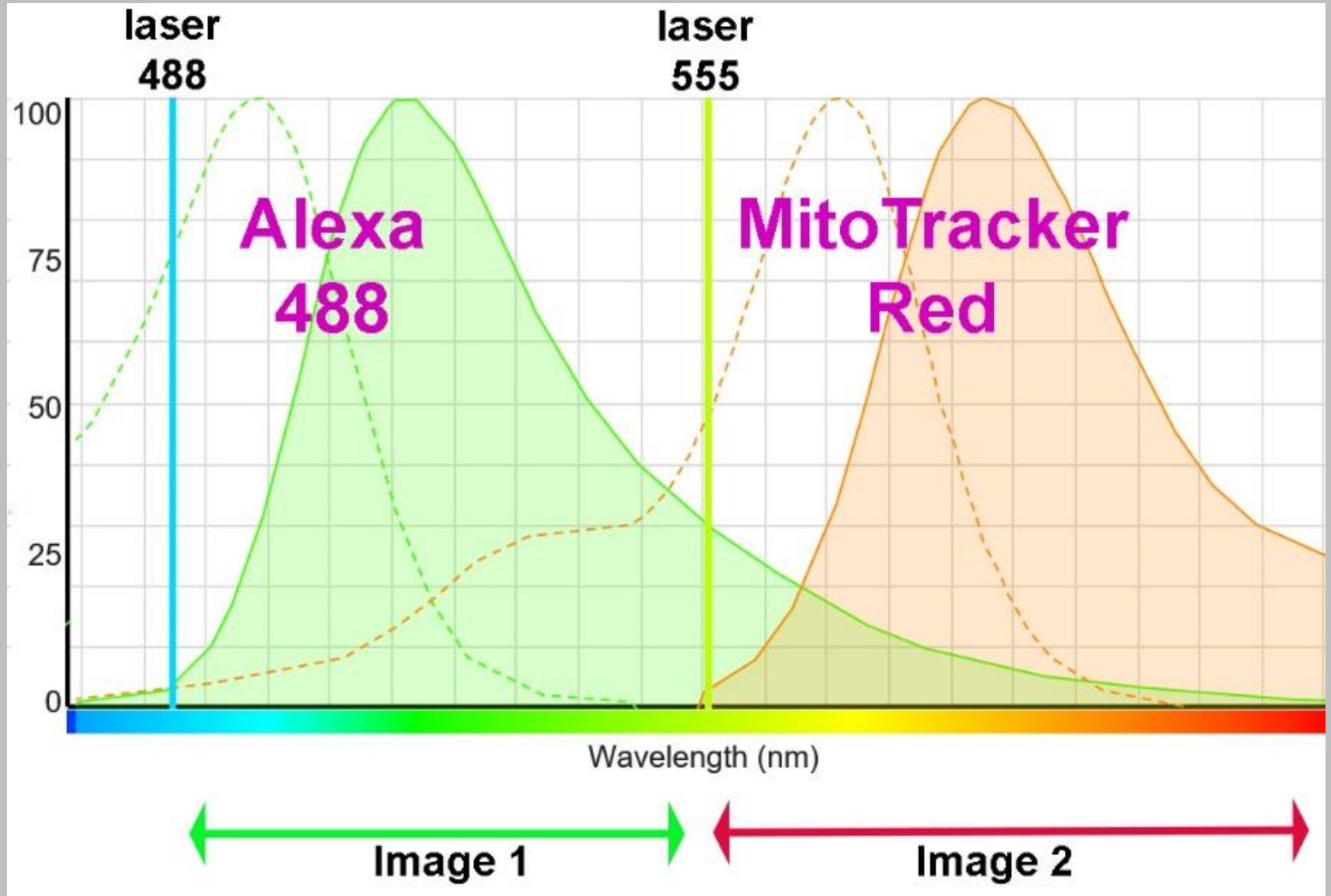
50um

Acquisition: Simultaneously or Sequentially

2 or more PMTs

can acquire 2 fluorescence images simultaneously

Faster



Acquisition:

Simultaneous
(both lasers)
488 & 555

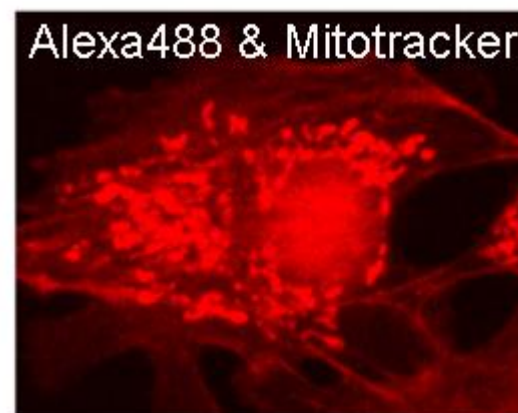
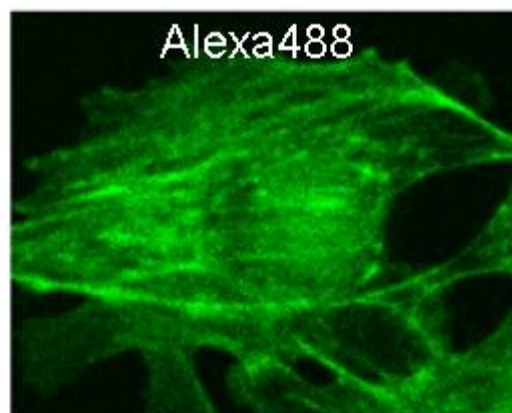
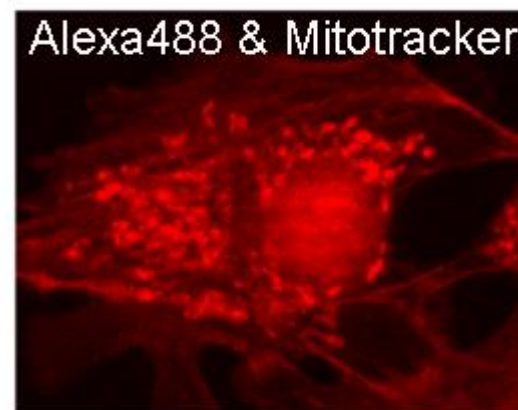
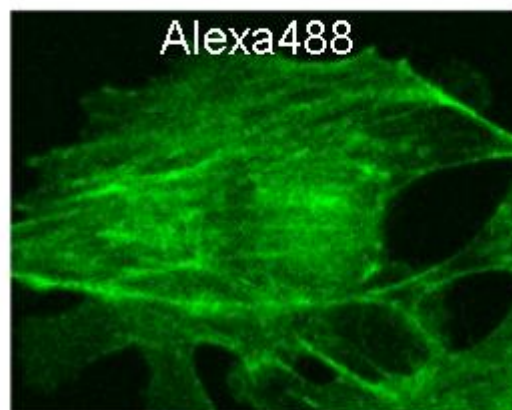


Image 1

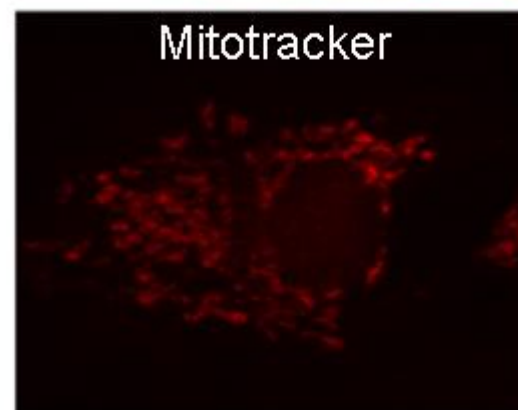
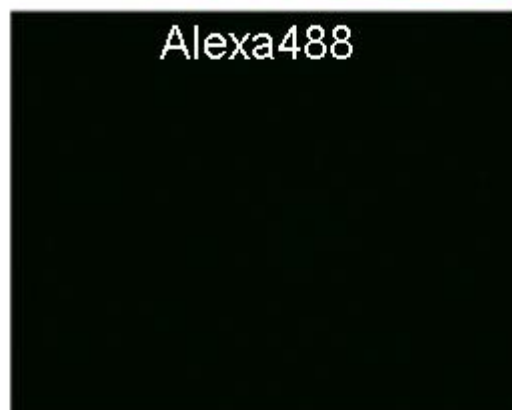
Image 2

Sequential
(single laser)

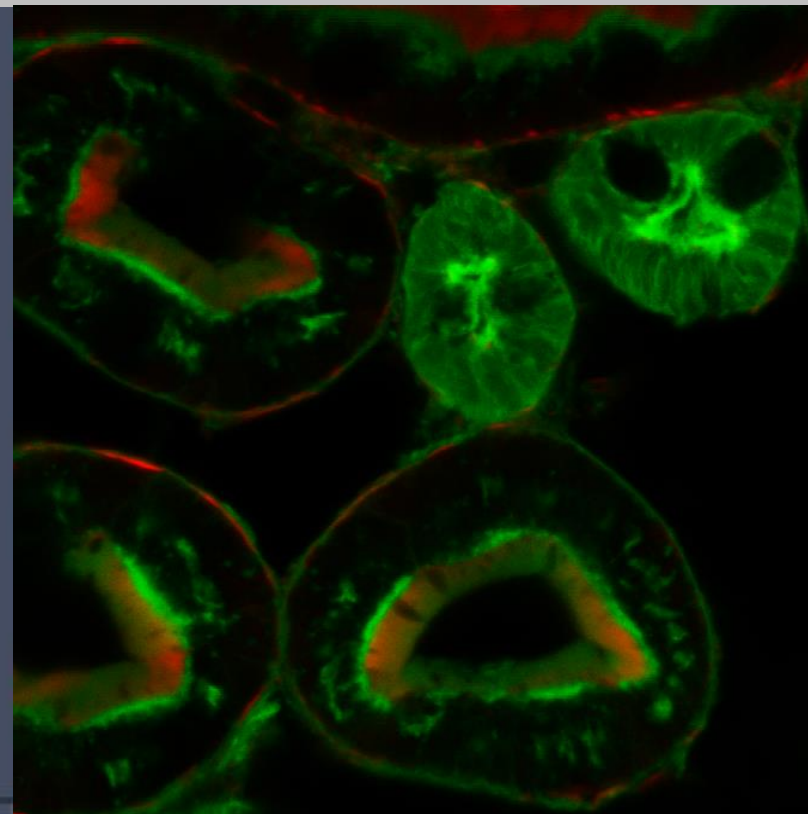
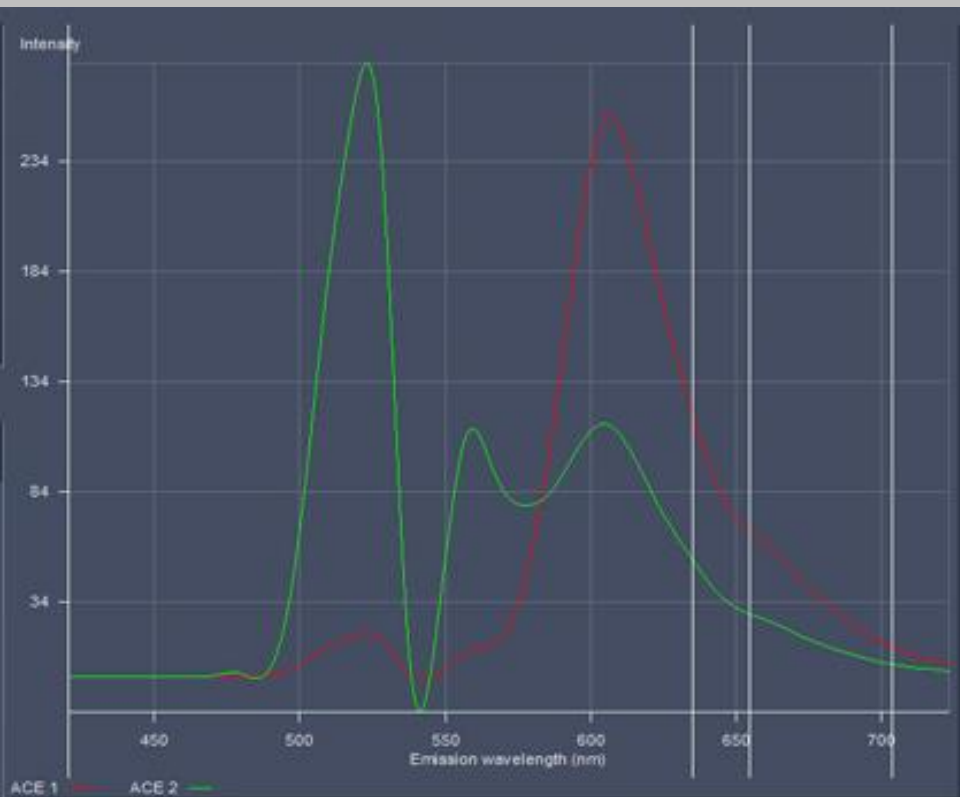
488



555



Lambda Scan– linear unmixing – separate overlapping fluorophores



Linear Unmixing determines the relative contribution from each fluorophore for every pixel of the image.

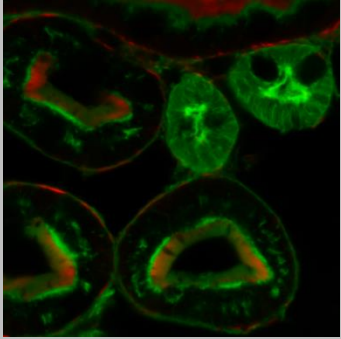
Emission wavelength
(nm)

420
430
440
450
460
469
470
480
498
500
510
528
537
547
557
567
576
586
596

ACE 1
0.0
0.0
0.0
0.0
0.0
0.0
0.0
0.0
4.2
12.7
18.6
17.1
0.8
1.5
11.0
14.8
39.0
105.1
200.1

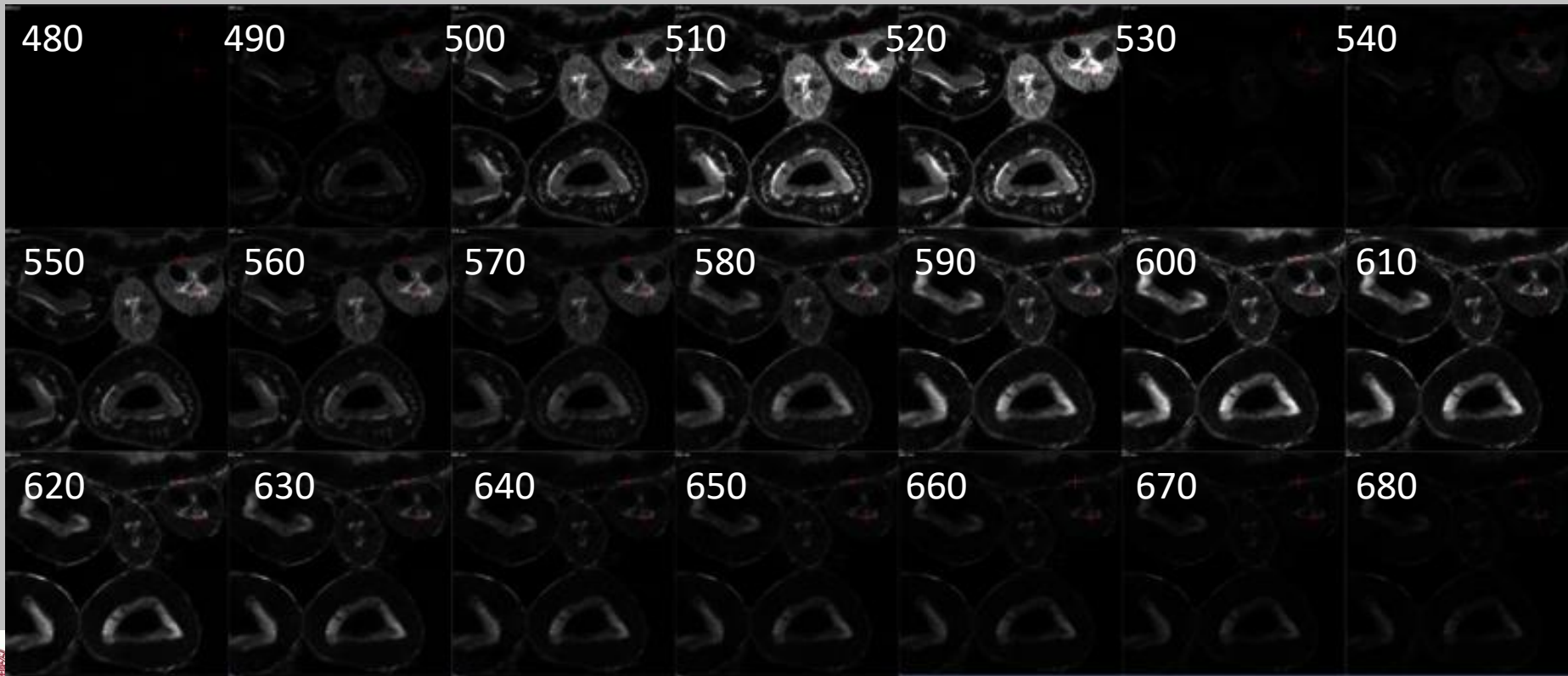
ACE 2
0.2
0.2
0.1
0.1
0.1
0.2
1.7
1.5
50.5
183.9
255.0
243.7
10.6
25.0
109.3
92.4
77.9
83.5
104.4

Spectral (λ) scan with LSM (Zeiss)

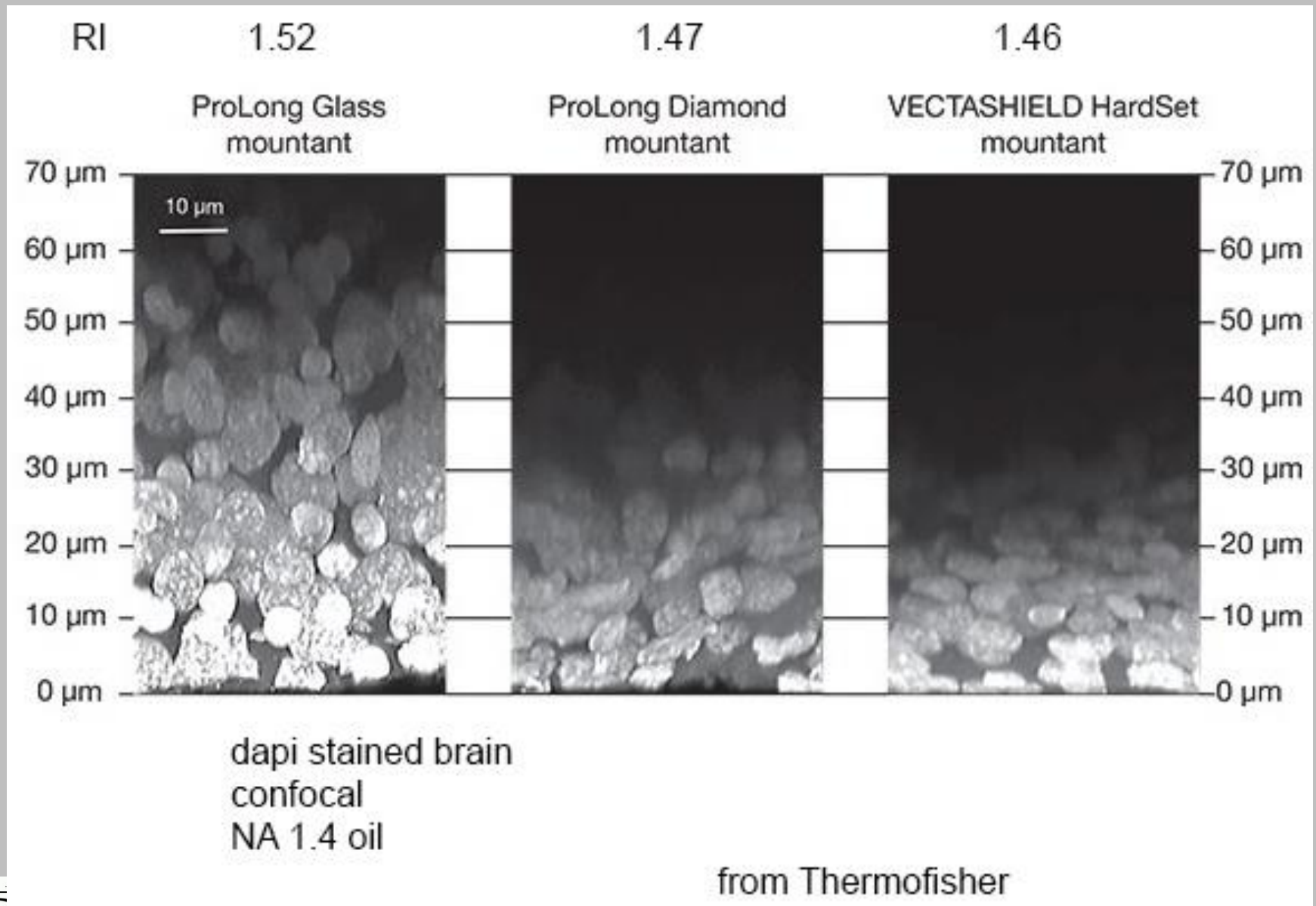


Emission spectra for fluorophore or autofluorescence

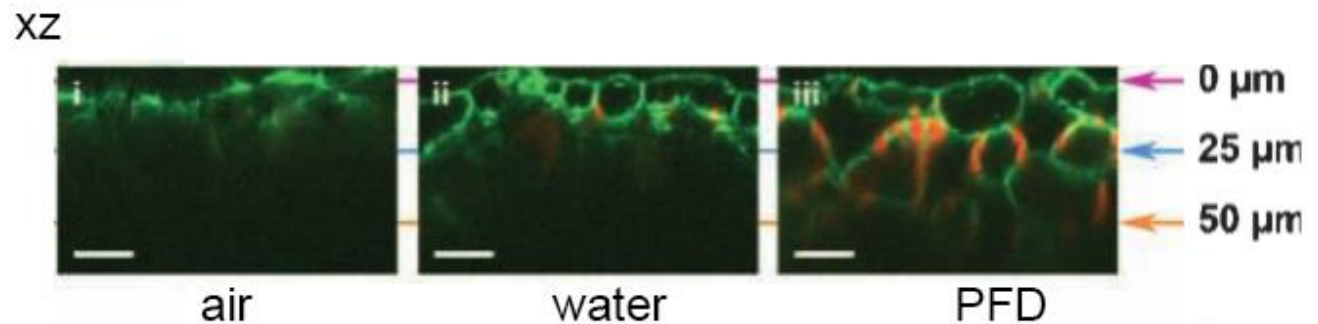
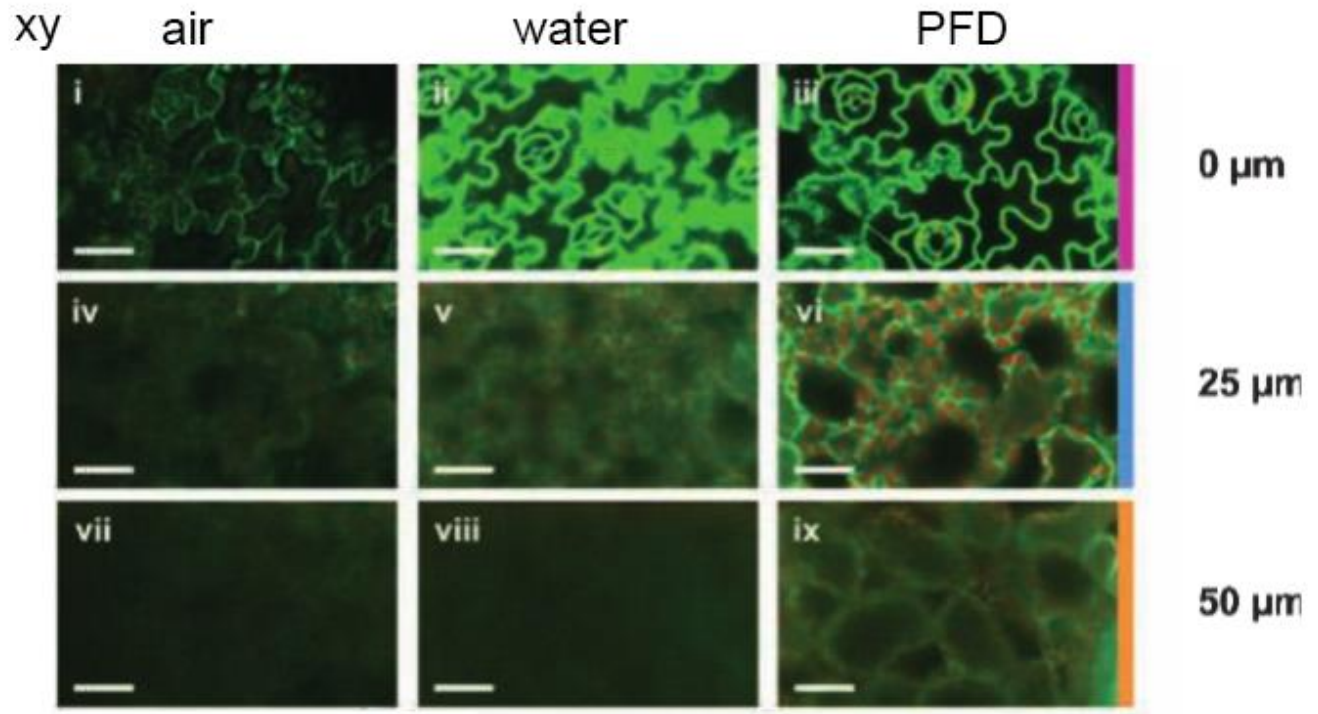
QUASAR detector of LSM710 with 32 detectors



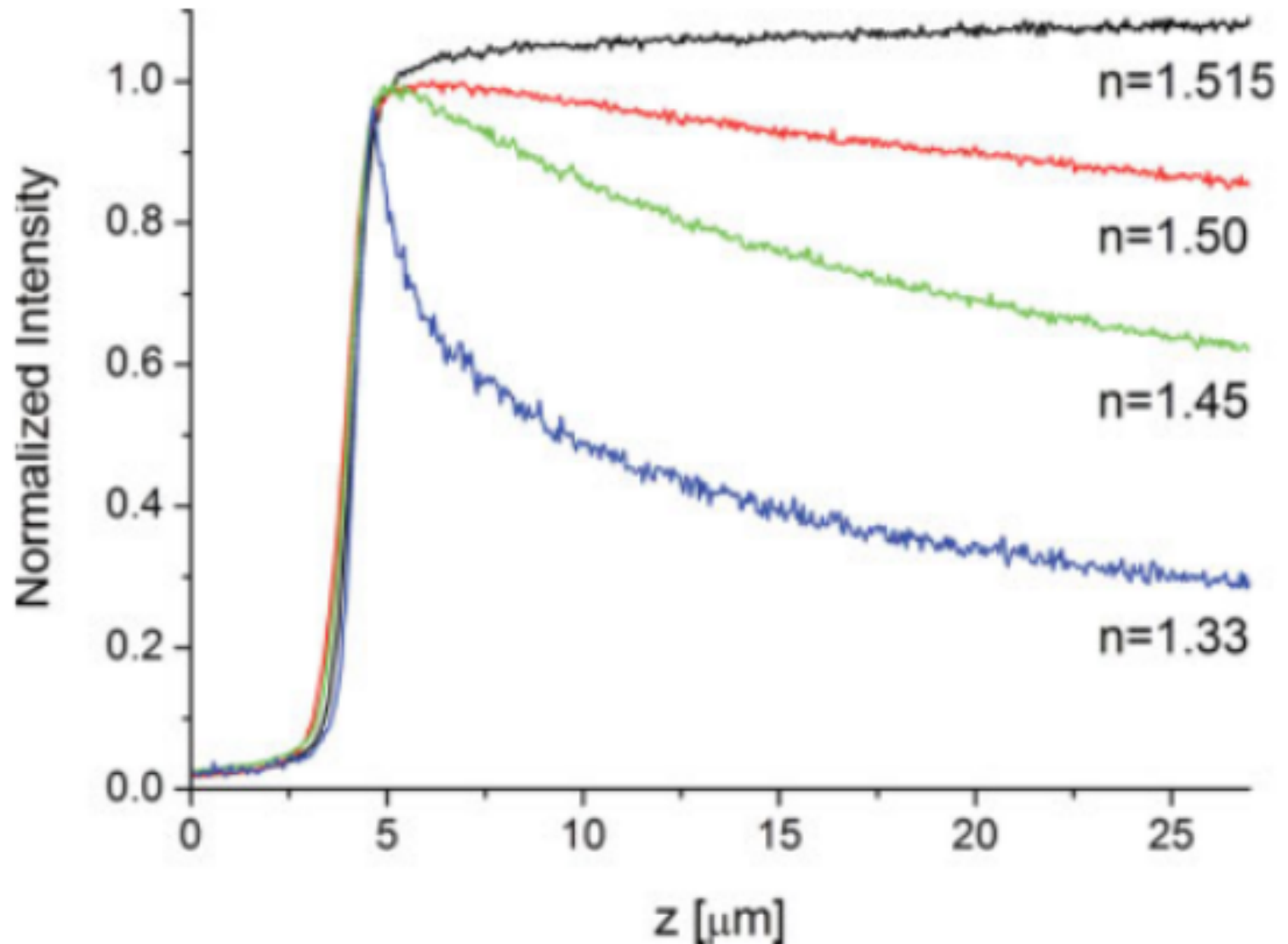
RI matching: objective-specimen



RI matching

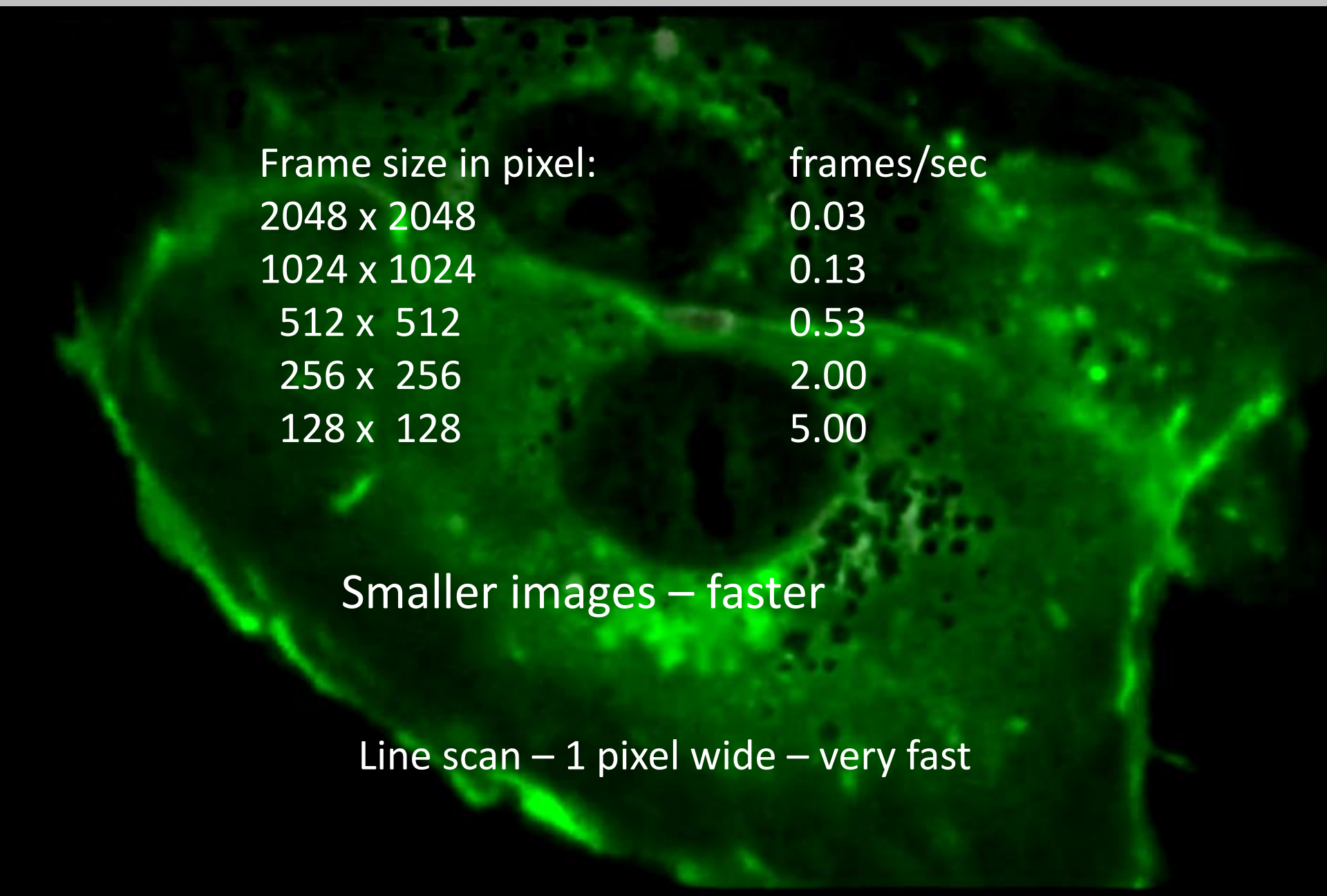


Confocal: Refractive index matching



Microsc Res Tech 2006 70(1) 1-9, Hell et al

Live imaging (time lapse)

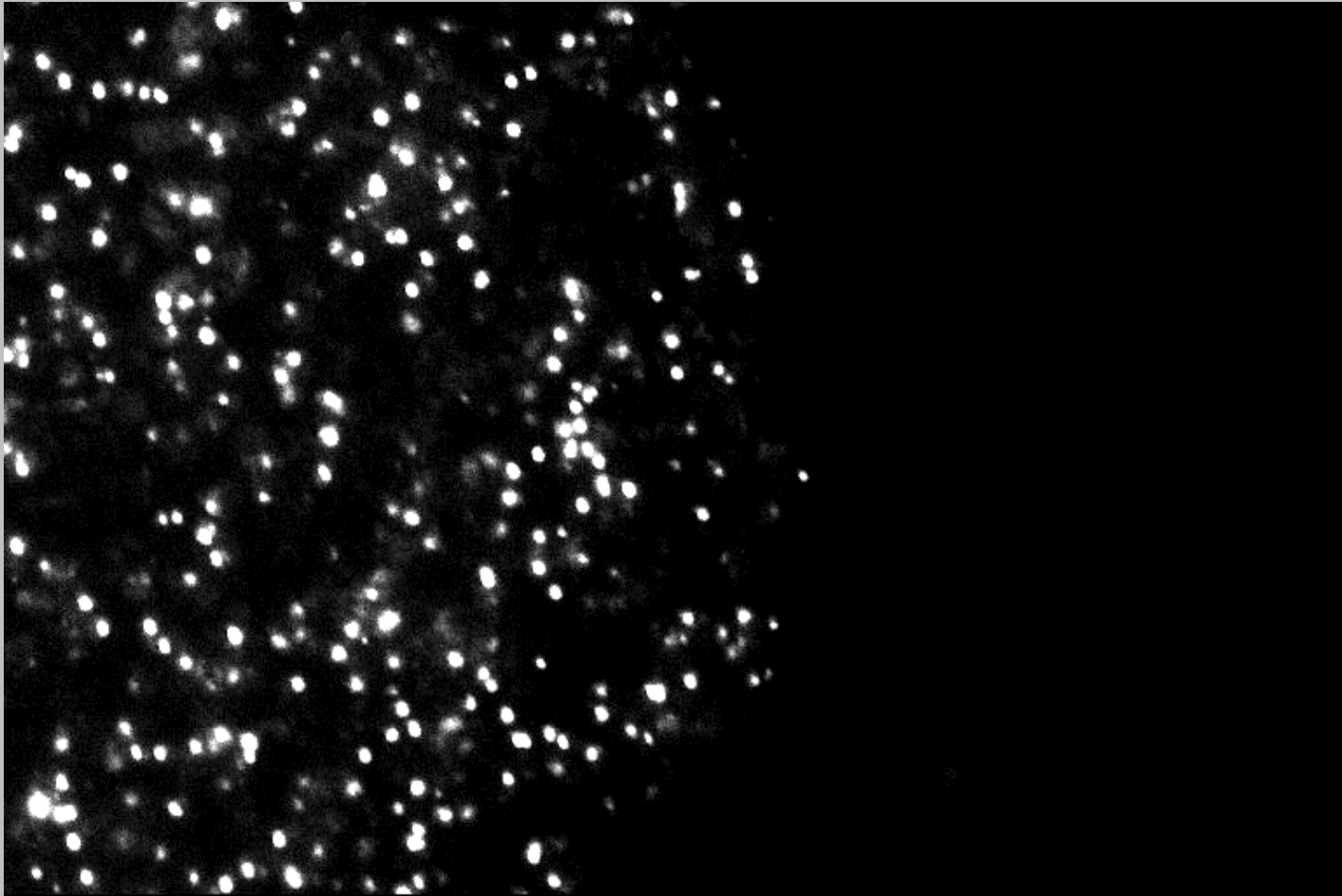


Frame size in pixel:	frames/sec
2048 x 2048	0.03
1024 x 1024	0.13
512 x 512	0.53
256 x 256	2.00
128 x 128	5.00

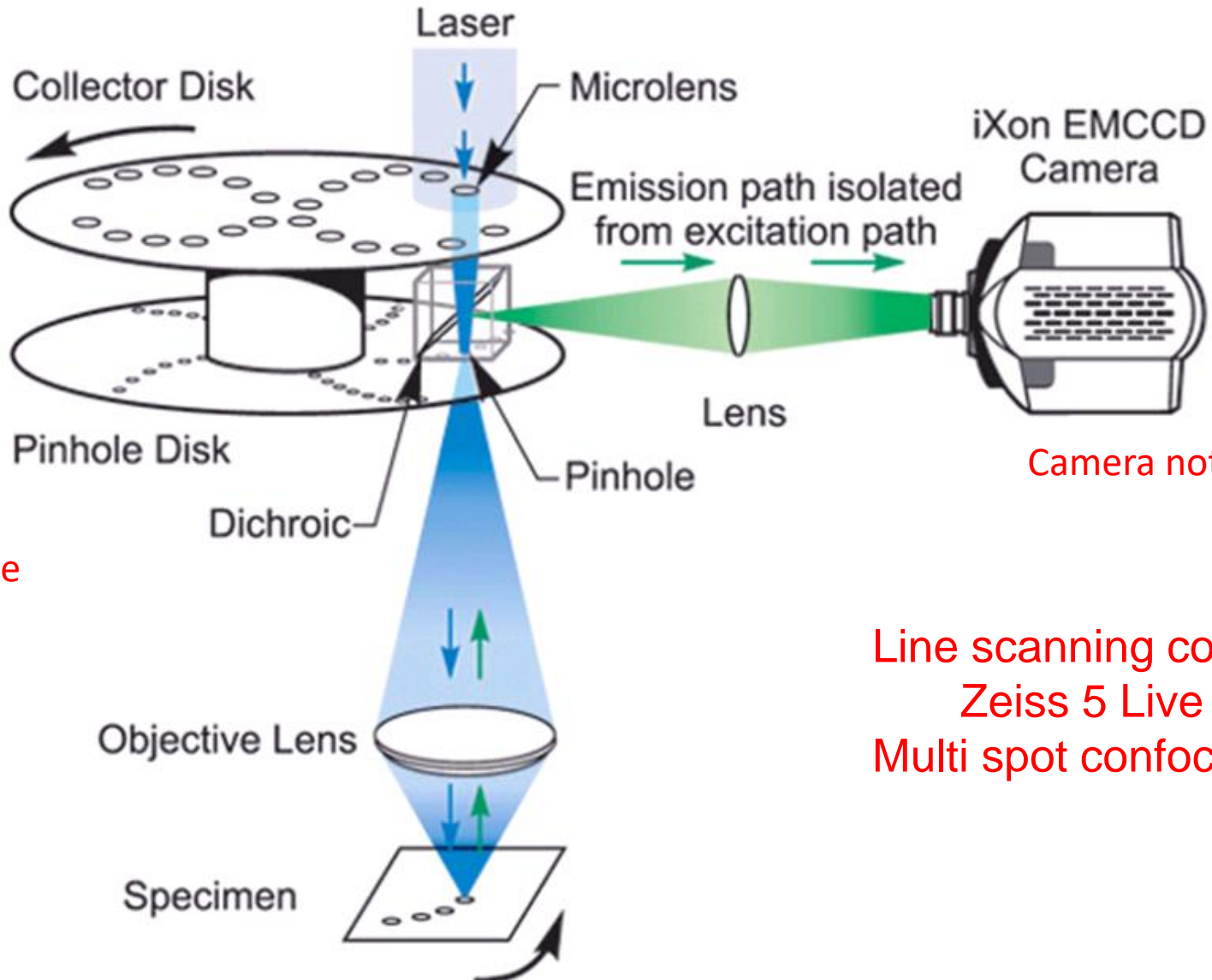
Smaller images – faster

Line scan – 1 pixel wide – very fast

Fluorescent microspheres in a matrix confocal images



Confocal Dual Spinning Disk

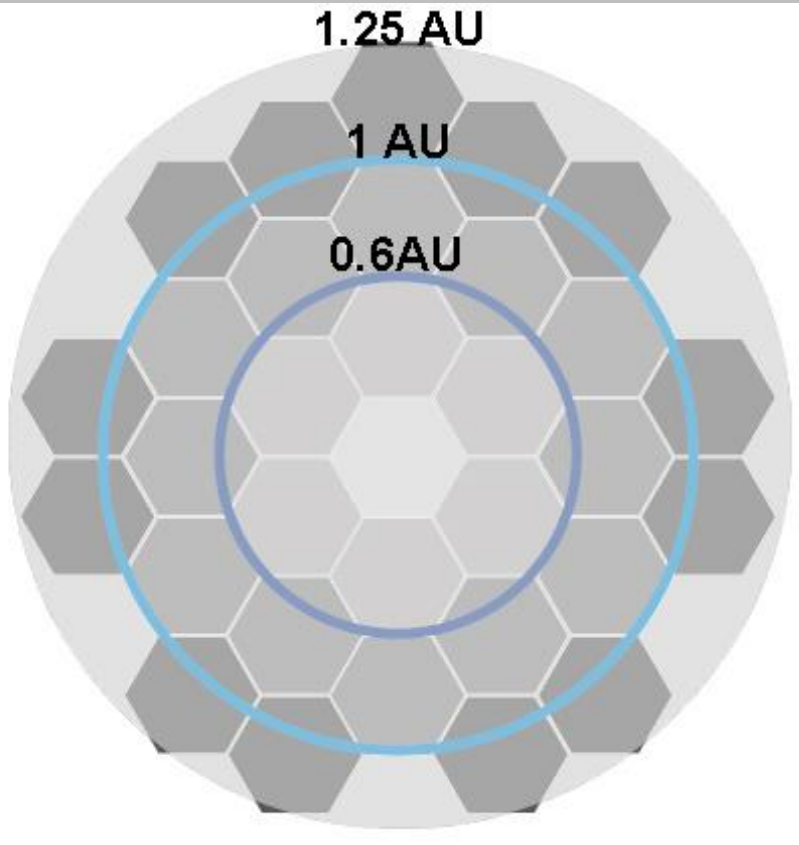


Camera not a PMT

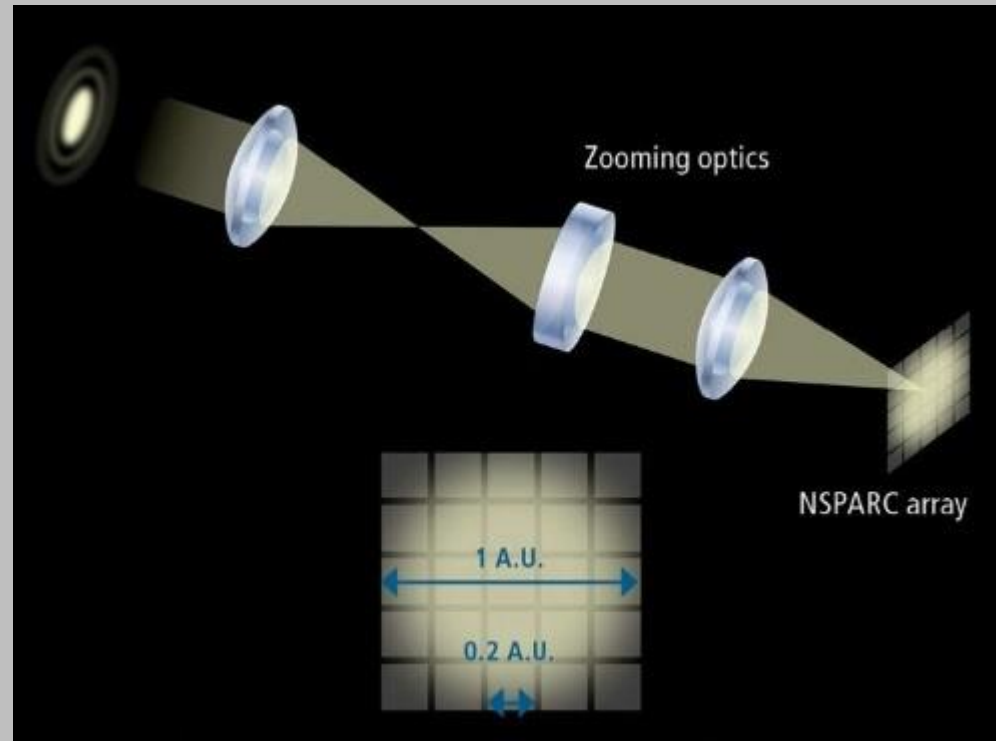
Line scanning confocals
Zeiss 5 Live
Multi spot confocals

Difficult to change pinhole

replace conventional pinhole & single detector
With an array of detectors

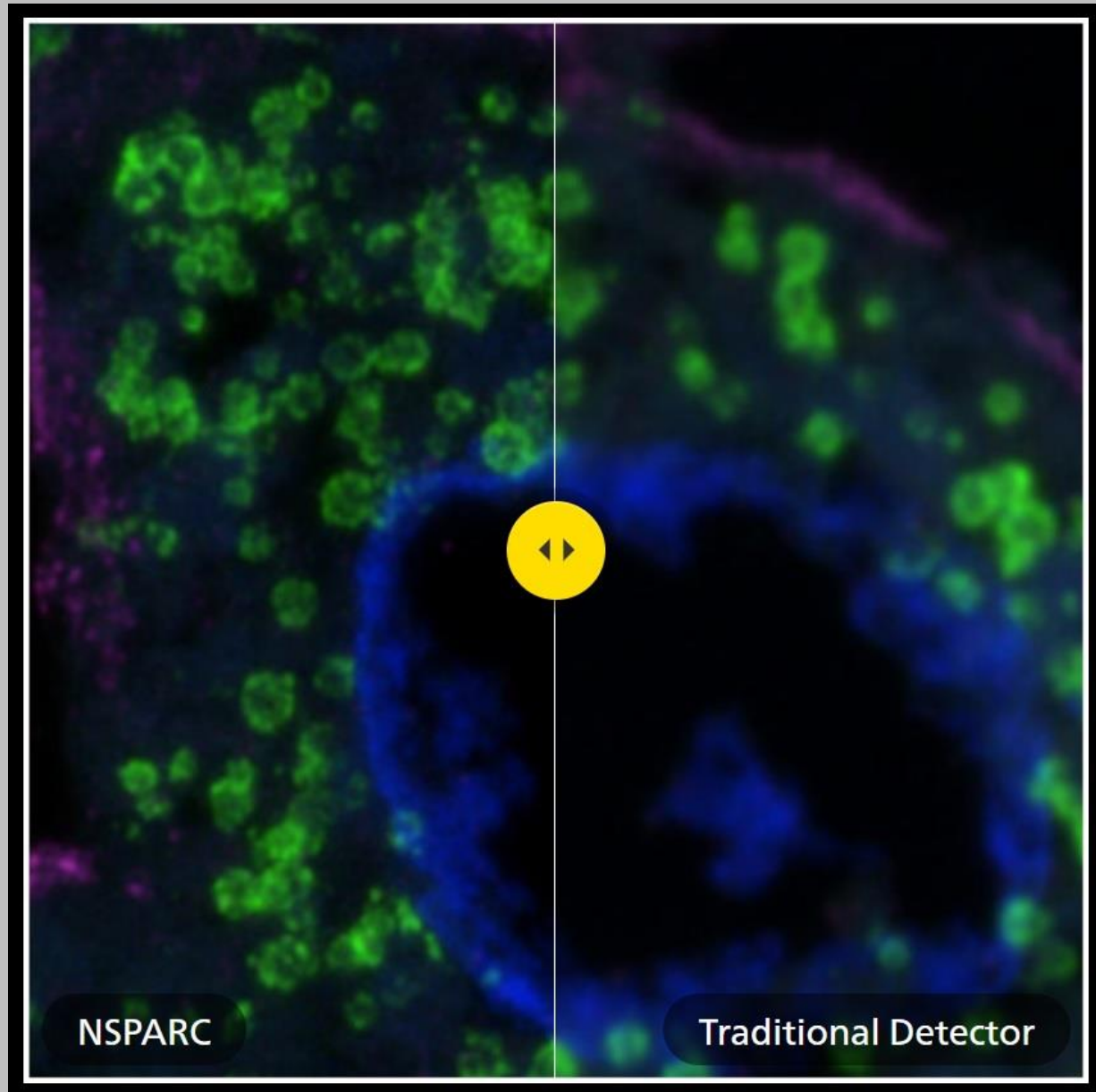


Zeiss Airyscan –array
of 32 detectors



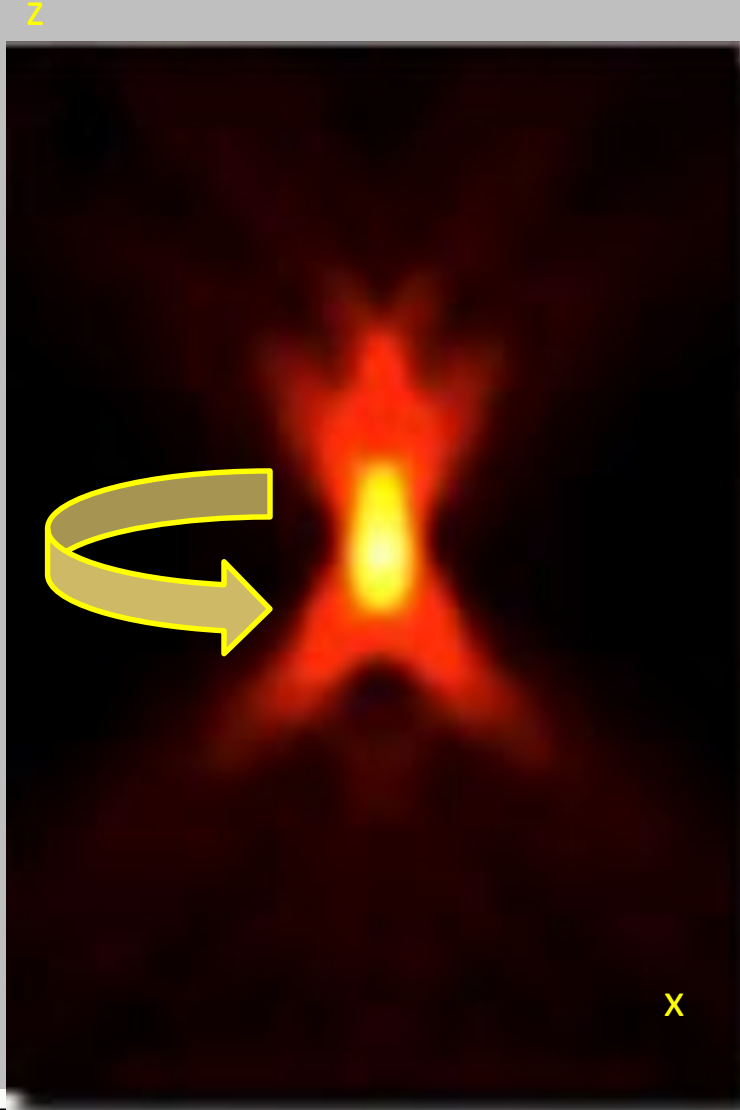
Nikon NSPARC 5x% array
Photon sensitive

Higher resolution from array of detectors



POINT SPREAD FUNCTION- resolution

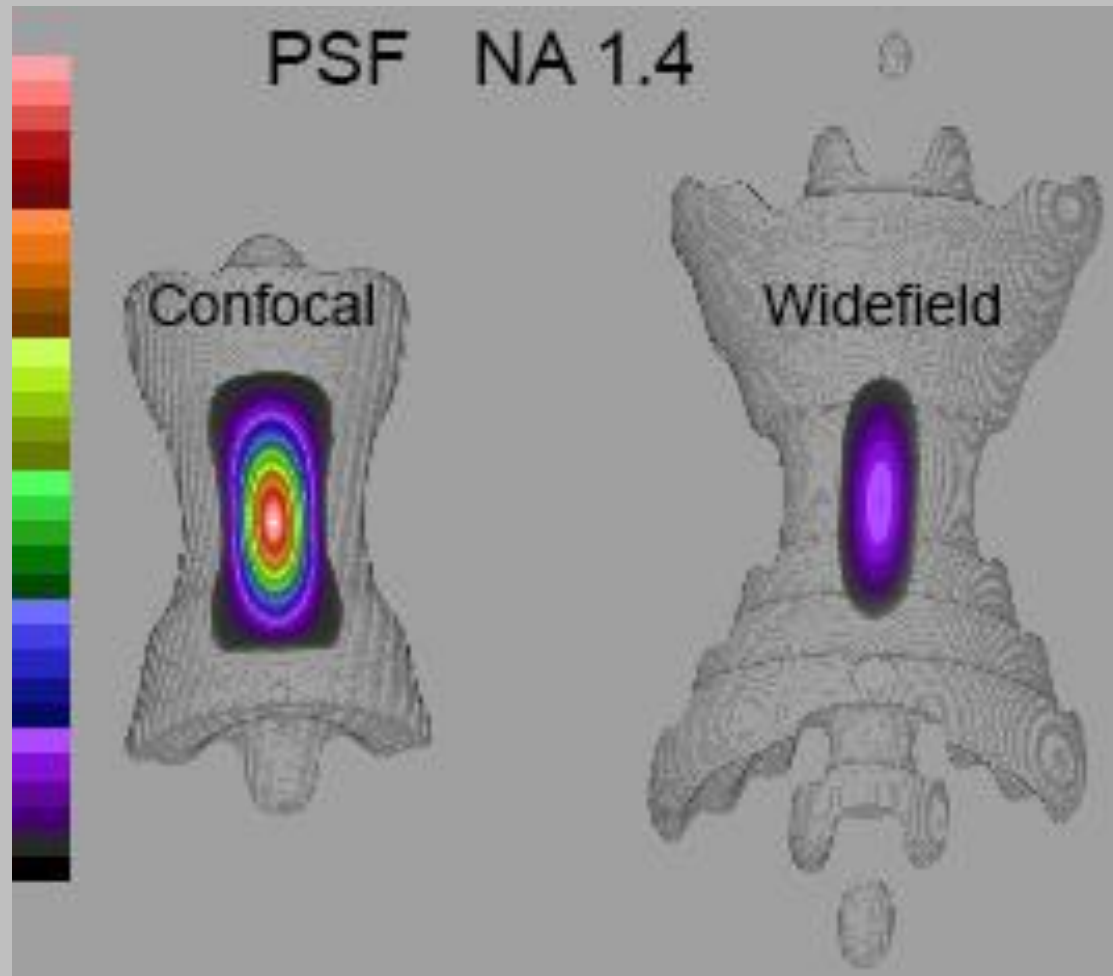
A sub resolution object becomes a blob in the image



1. NA of the objective
2. Size of confocal pinhole
3. Wavelength of emission
4. Refractive index matching

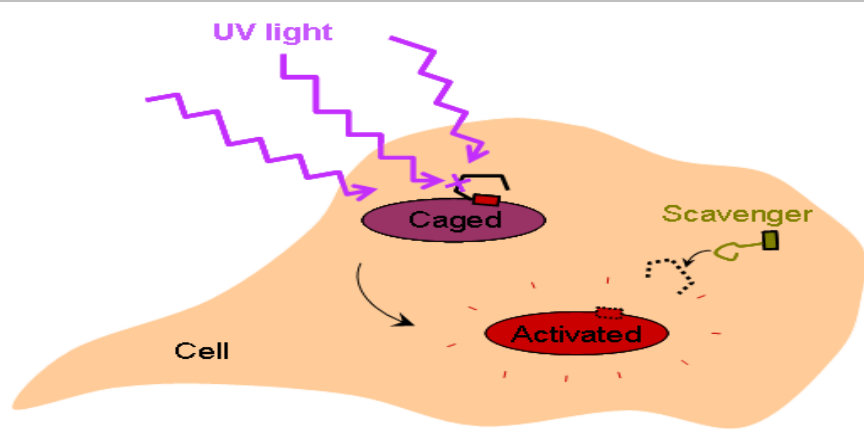


Point Spread Function (PSF) widefield and confocal

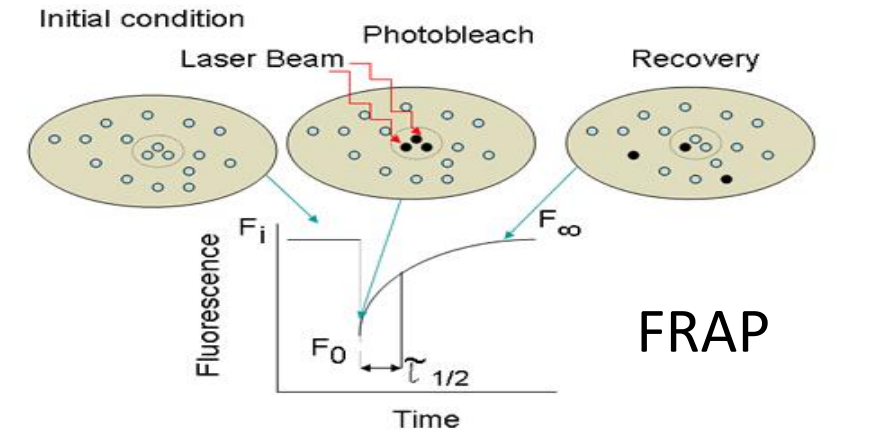


Techniques for the LSM and Live Cell Imaging

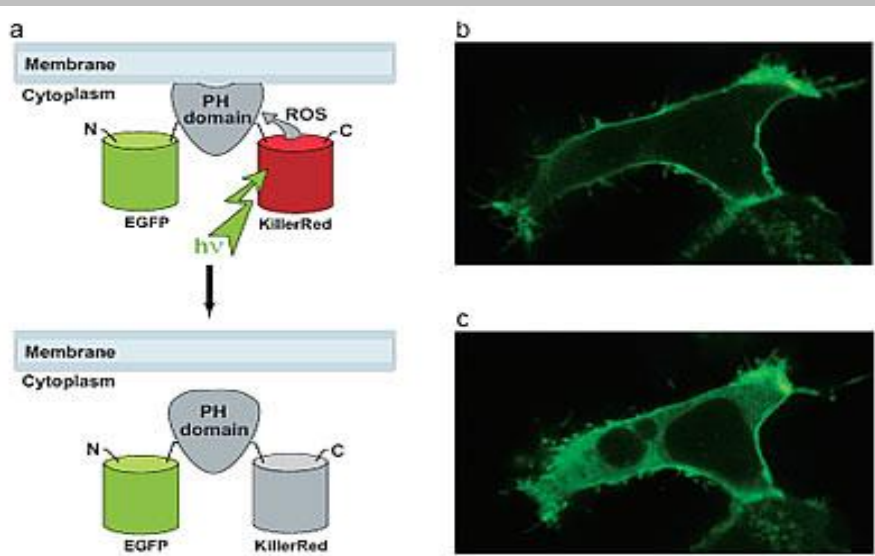
Photoactivation / uncaging



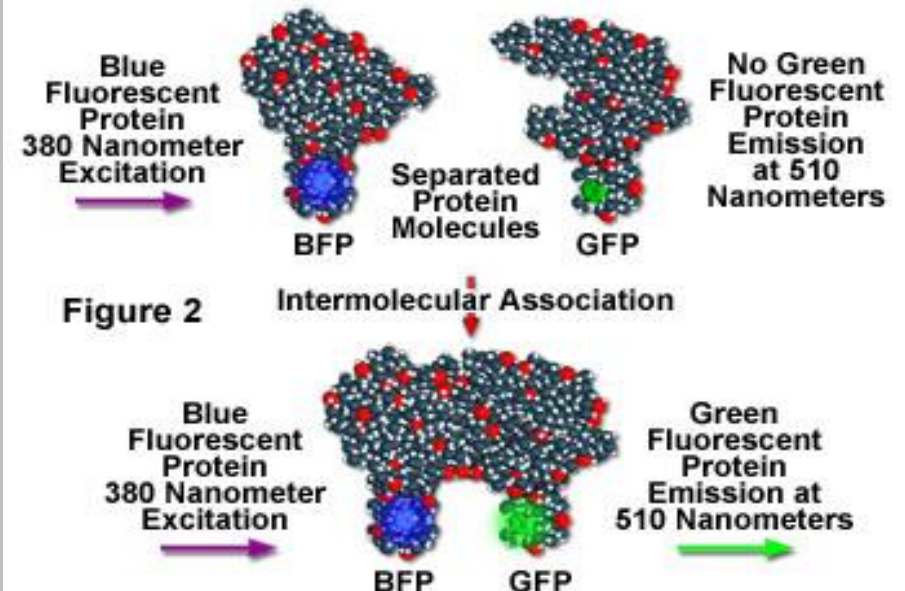
Fluorescence recovery after photobleaching (FRAP)



CALI Chromophore Assisted Light inactivation

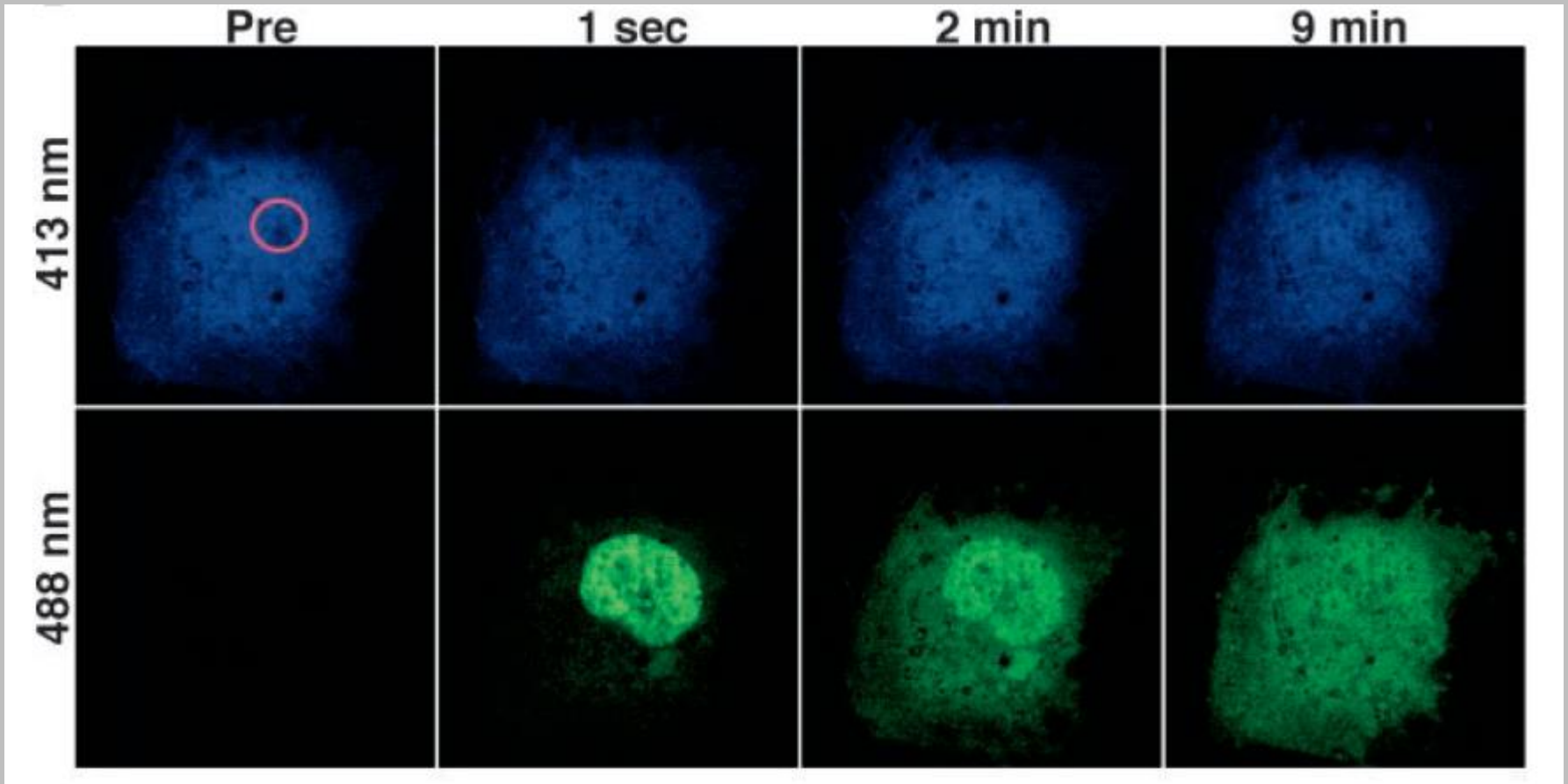


FRET Detection of *in vivo* Protein-Protein Interactions

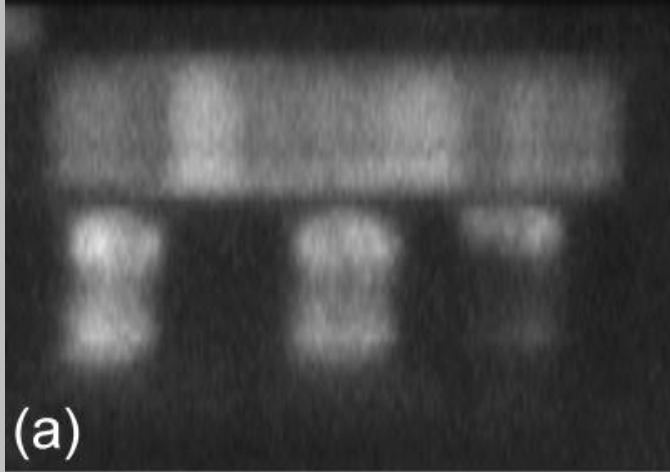


Photoactivatable Fluorophores

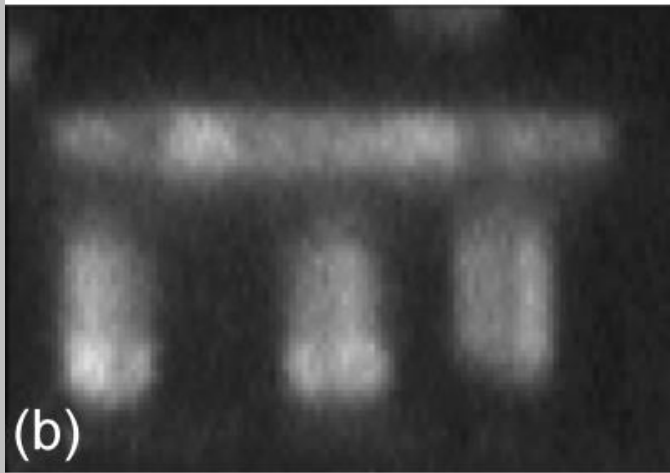
- GFP activated by 413nm – observe with 488nm excitation
- Pulse chase experiments



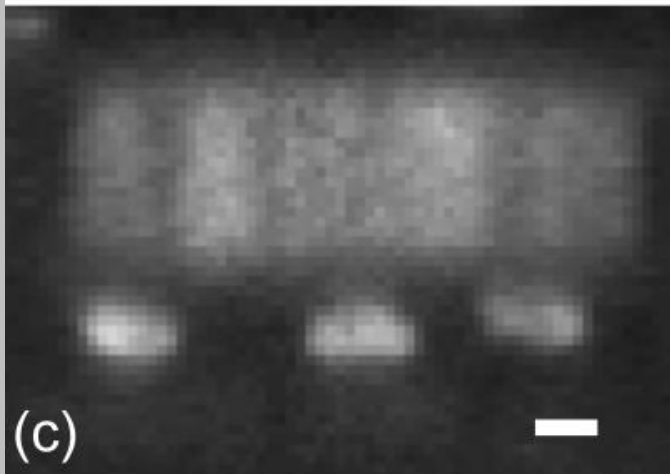
Science (2002), 297, 1873-1877



(a)



(b)



(c)

3 Replicate XZ Images

Nuclei in smooth muscle
3 round
1 elongated

XZ image made from Z
series

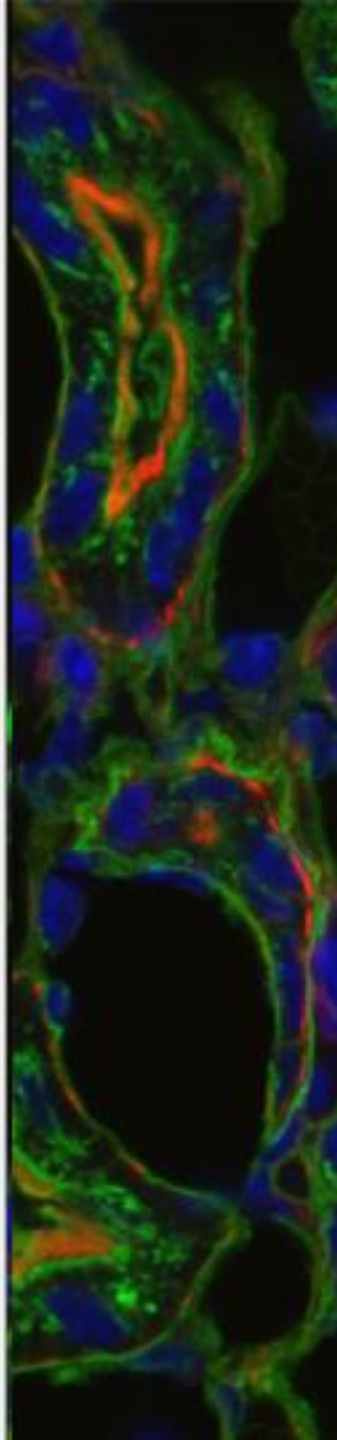
Cause ?

Solution

protect the
microscope
from temperature
changes



User : pachocore
Scan Mode : Stack
Scaling : X: 0.13 μm
Y: 0.13 μm
Z: 0.37 μm
Stack Size : X: 135.86 μm
Y: 135.86 μm
Z: 13.85 μm
Scan Zoom : 1.7
Objective : Plan-Neofluar 40x/1.3 Oil
Average : Line 2
Pinhole : Ch2-1 : 56 μm
Ch2-2 : 65 μm
Ch3-3 : 73 μm
Filters : Ch2-1 : BP 420-480
Ch2-2 : BP 505-530
Ch3-3 : LP 560
Beam Splitters : MBS-1 : HFT 405/514
DBS1-1 : Mirror
DBS2-1 : NFT 490
DBS3-1 : None
FW1-1 : None
MBS-2 : HFT 488
DBS1-2 : Mirror
DBS2-2 : NFT 545
DBS3-2 : None
FW1-2 : None
MBS-3 : HFT 488/543
DBS1-3 : Mirror
DBS2-3 : NFT 545
DBS3-3 : None
FW1-3 : None
Wavelength : 405 nm T1 30.7 %
488 nm T2 30.7 %
543 nm T3 29.7 %



Acquisition information:
metadata

recorded with the image

Reuse
same setup
measurements

Pixel size:
Objective's magnification
Area scanned – ZOOM
Number of pixels

In Practice

- 1) slide with every fluorophore - acquisition settings
- 2) slides with single fluorophores - bleed through
- 3) slide with no added fluorophores - autofluorescence

Confocal v Widefield (Deconvolution)

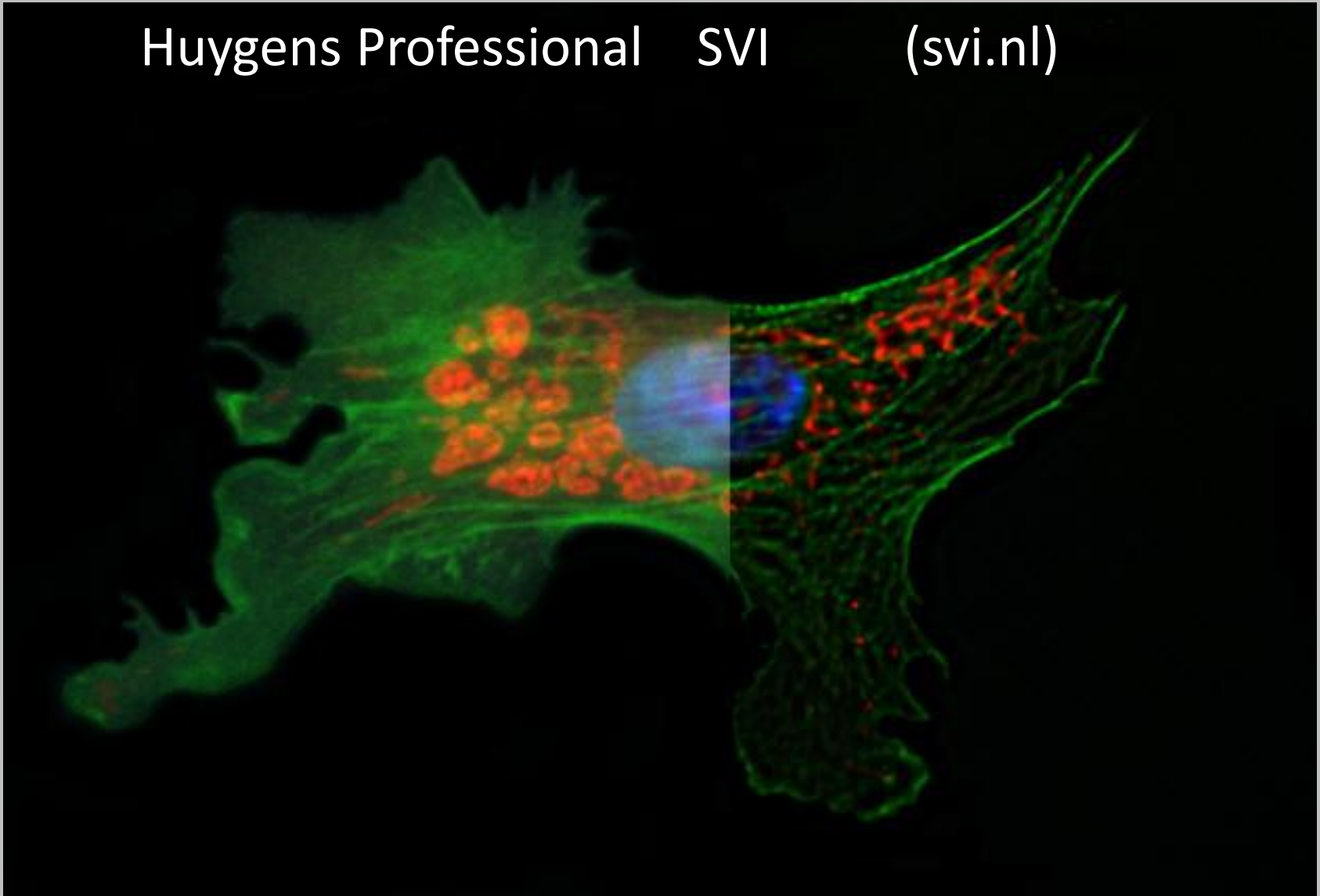
- Optical sectioning – pinhole, Z series Z series
- Variable magnification – zooming
- Timeseries – live imaging faster
- Motorized XY stage – tiling also
- Spectral scanning

Problems

- Slow faster
- Pinhole throws away photons Capture more photons
- Poor detectors Higher quantum efficiency
- Photobleaching reduced

Image Deconvolution both confocal & widefield

Huygens Professional SVI (svi.nl)



Analyse your Images

Introduction to Image Analysis (2 days) February

February 21st (Wednesday) and 23rd (Friday) 2024 8 places

9.30-4.30pm

"That which is not measurable is not science" Rutherford

Aim

Appreciate the potential of image analysis & how to use the Fiji version of ImageJ – the most widely used freeware.

To register

Send

Name, email address, PI, billing code – fee 1600sek for 2 days.

To jeremy.adler@igp.uu.se

Introduction to Image Analysis Software May 2024

IAS 5 day course - no fee, 1.5 credits

http://www2.medfarm.uu.se/utbildning/forskarniva/for_doktorander/kurslista2024.html

Methods for Cell Analysis (MCA Autumn 2024)

http://www2.medfarm.uu.se/utbildning/forskarniva/for_doktorander/kurslista2024.html

References etc

Tutorial: guidance for quantitative confocal microscopy.

Jonkman, J., Brown, C.M., Wright, G.D. *et al.*

Nat Protoc (2020 April).

<https://doi-org.ezproxy.its.uu.se/10.1038/s41596-020-0313-9>

Seeing is believing – beginners guide to practical pitfalls in image acquisition

Pawley *J Cell Biol*, 2006, 172, 9-18

How to reduce background autofluorescence and improve confocal microscopy

Ben Libberton, Leica Microsystems

[Learn how to Remove Autofluorescence from your Confocal Images | Learn & Share | Leica Microsystems \(leica-microsystems.com\)](#)

Websites

Microscopy: Zeiss, Leica, Nikon, Olympus, BioRad

Fluorophores: Thermo Fisher Scientific

Filters: Chroma, Omega, Semrock

Spectra Etc

<https://public.brain.mpg.de/shiny/apps/SpectraViewer/> additional information : <https://brain.mpg.de/326043/spectra-viewer>

<https://www.thermofisher.com/order/fluorescence-spectraviewer>

END

Confocal Components



Miniature objectives



Temperature Control

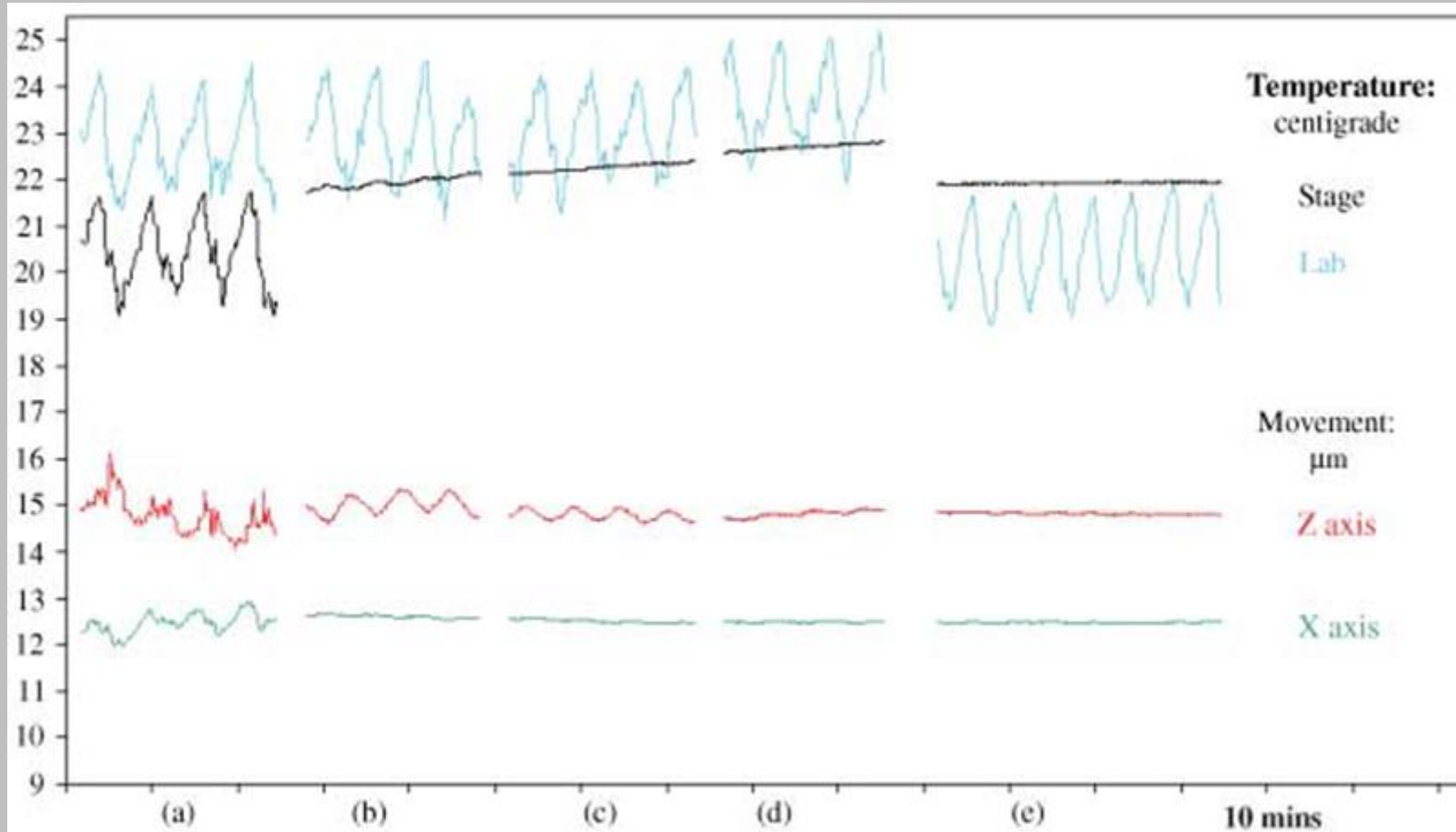
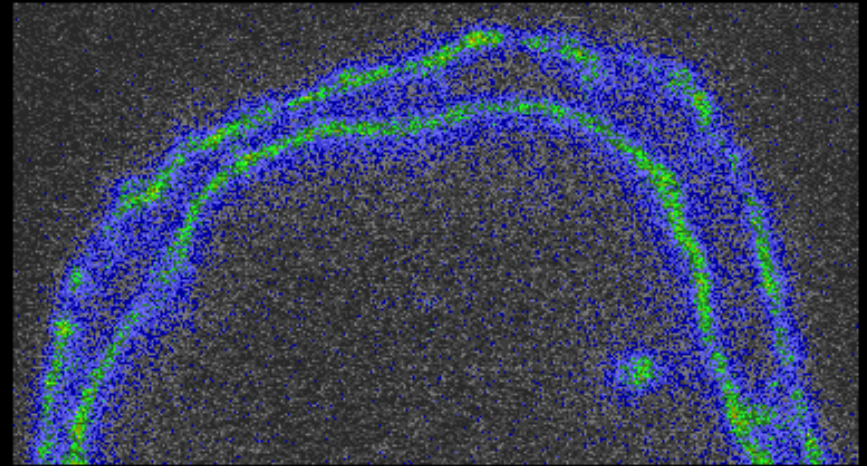
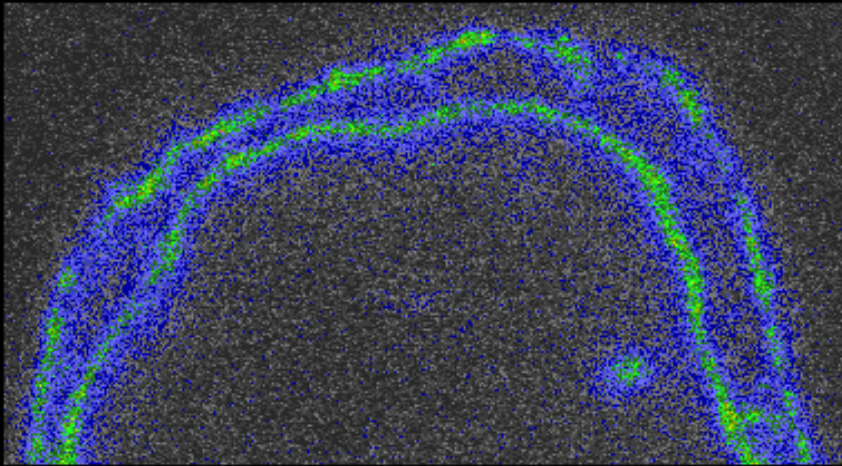


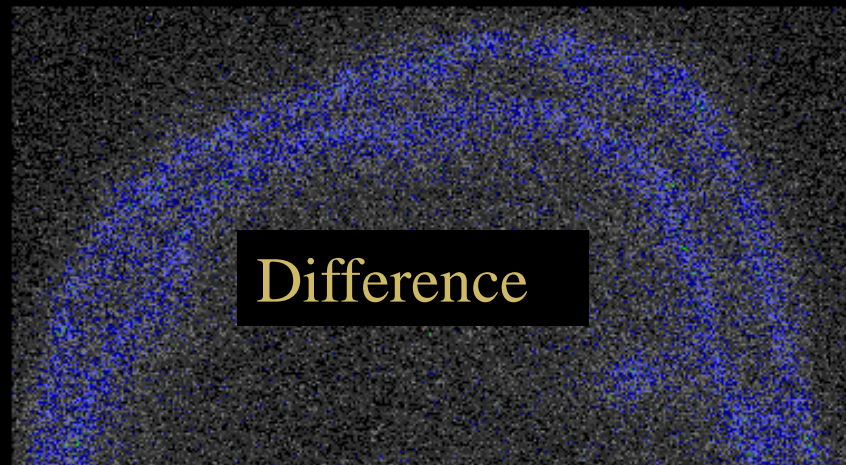
Image Quality

Photon Noise /Poisson Noise/Shot Noise

Compare 2 sequential mages



ave=4



Difference

Number of
photons
Varies

- noise