

Mentored Teaching

Aim

The assignment consists of a series of meetings: pre- and post-mentoring, as well as peer observation in class by a trained teaching mentor. The aim of the assignment is to provide an opportunity for you to analyse your teaching approach when put into practice—where the theoretical and the practical understandings intersect in an actual teaching activity of your choice. This activity can be a lecture, a laboratory exercise, group tutorial, etc. Both the pre- and post-mentoring meetings are opportunities for you to share ideas, ask questions, describe problems and reflect on possible solutions and answers with an experienced and enthusiastic peer. The mentor is *not* there to pass judgement on the quality of your teaching, but rather to act as a sounding board and provide professional support as a teaching colleague.

What to Do?

A qualified mentor *must* have completed the mentor training course and be a member of the Mentoring Network. You will find a list of qualified mentors via [Medlemmar mentorskollegiet](#)

Check the list and contact a mentor to arrange for a meeting. As this is pedagogic and not subject-specific mentoring it may prove fruitful to contact a mentor outside your own field of expertise in order to ensure that the focus of the meeting will be on the teaching/learning content. It is important to contact the mentor well in advance of your teaching activity in order to make all necessary arrangements. You can discuss possible alternative solutions with the course facilitators if you do not have any scheduled teaching activities in the foreseeable future.

The mentored teaching assignment includes the following steps:

1. You formulate a teaching proposal which the mentor receives before the actual teaching activity. You will find further instructions in the course Studium. Compiling and delivering this teaching proposal for the pre-mentoring meeting is mandatory!
2. A first meeting (pre-mentoring) with the mentor where you discuss the content of your proposal. The duration of this meeting is usually between 30 and 60 minutes.
3. Teaching activity and observation in the classroom, where the mentor is present as a silent observer.
4. Follow-up meeting (post-mentoring) with the mentor.

During the follow-up meeting you and the mentor reflect over what took place during the activity and how this compares with your plans and intentions. This provides you with an opportunity to compare theory with practice and to summarise insights and experience to carry with you in your future teaching activities.

Practical Routines Regarding Your Communication with the Mentor

- It is your responsibility to contact a mentor, and you must agree on the dates and times for the three steps in the process.
- You will find instructions regarding the formalities of the teaching proposal in the Studium file area. You will also find the form “Mentored Teaching”, which must be filled out and signed by the mentor after the follow-up meeting. Please scan copy and send it by e-mail to Eva.Lide@uadm.uu.se .
- You can complete the mentored teaching assignment during the Academic Teacher Training Course or after the last course session. The assignment must, however, be completed and the form registered by the course administrator in order for you to receive the Certificate of Completion.